

your patient safety **SURVIVAL GUIDE**

**How to Protect Yourself and
Others From Medical Errors**



Gretchen LeFever Watson

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Your Patient Safety Survival Guide: How to Protect Yourself and Others from Medical Errors



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Each year, one from every four hospital patients in the United States will be harmed by the care they receive. Leverage the power of basic protection/hygiene behaviors. Dr. Gretchen LeFever Watson's definitive information empowers patients to be patient safety advocates. It takes a village to fight preventable errors and omissions that trigger an incredible number of deaths and sickness in our nation's hospitals and care facilities. not faulty medical decisions or diagnoses— Although many of these deaths are due to human and system errors— Eliminate errors during surgery and additional invasive procedures. and also the an incredible number of additional incidents of survivable patient harm—could possibly be cut in two through consistent usage of simple and nearly cost-free safety behaviors. Visitors will learn how to: •s part in the overuse of opiate painkillers and its own related heroin epidemic. She also explains how addressing the most common safety problems will established the stage for tackling a wide range of issues, including health care' She provides essential safety habits that folks must learn to recognize to allow them to be sure hospital personnel utilize them during every individual encounter. •s call for a more sensible societal response to medical and individual mistake in hospitals promotes a timely and total disclosure of all errors—an approach that has been proven to accelerate the emotional recovery of everyone suffering from patient safety events while also reducing the financial burden about hospitals, providers, and patients. In Your Patient Basic safety Survival Instruction, Gretchen LeFever Watson provides a patient-centered blueprint on how best to change the patient-safety movement so that millions of unnecessary illnesses and deaths in hospitals, outpatient services, and nursing homes can be avoided. Change behavior to capture medical mistakes before they bring about illness or loss of life. • Avoid the spread of dangerous attacks in hospitals and other care services. Watson' Over 400,000 will die as a result. Raise recognition and inspire civic actions in their communities. this annual death toll— • Avoid medication errors and the overuse of opiates ••



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You will feel safe once you read this book! Watson is a great writer who certainly believes in assisting busy sufferers and their very busy doctors get and present careful care in situations where time is of the essence. After reading it, I knew what questions to request and how to contain the doctors' and staff's ft to the fire. The author is so i'm all over this with her observations - we as patients need to advocate for our very own safety instead of let's assume that "it will all turn out okay." For instance, I am on a medication that interacts very unfavorably with pain meds. I take it as two different meds, but combined they're a very recognizable medication.. No, not just one. Most patients enter the hospital without any notion of the dangers they face. Watson's publication and knew how to inform myself and look after myself. This is essential read for anybody who deals with the medical program at any level, become it inpatient, outpatient, doctor or staff... An Important Book!. Many thanks! A resounding accomplishment of thorough and skilled study combined with knowledge and insight filtered through the lens of the layperson's reading glasses. You never know when you might need the info. The book is well-organized and a treasure that belongs in homes, offices, and a good amount of waiting rooms! Read it now! Dr. This book was such a help to me going into surgery. She highlights how to avoid medical errors and how to acquire assertive advertising of healthy practices. Great Guide Beautiful and comprehensive provision of what could be life-saving information. So Helpful My elderly father was hospitalized for four days with multiple problems before they realized he was allergic to a medicine. The end result of the oversight was permanent lung damage. Fortunately I had go through Dr. This book is crucial read for anyone entering the hospital as well as friends and family advocating for someone you care about!. Read this book before going to a healthcare facility. Well researched, well-created, and carefully thought out. A must-read for anyone who ever has or ever will stage foot in a medical center. Be prepared. A MUST Go through! We all have been in this collectively. Let's get the work done today."Thanks Dr. Watson for offering us with the insights documented in "Your Patient Safety Survival Information". Dr. Gretchen LeFever Watson offers been ahead of the . Do you consider that The multiple physicians, nurses or anesthesiologists who saw me pre-op warned me that I needed to discontinue that combination of drugs several days before my surgery? Protect Yourself, Family and Friends Avoid harm. Dr. Gretchen LeFever Watson provides been prior to the curve for some of her professional career, so it's no real surprise that she methods the incredibly urgent subject of patient safety from the uncommon slant of individual empowerment. This is an important book for healthcare consumers and providers. Yet, with the collaborative character of healthcare, it only makes sense to increase it to the sufferers who share in the duty of their treatment and recovery. This world requirements more thinkers like Gretchen LeFever Watson! LeFever Watson is usually assisting to change

the culture of health care by helping most of us (healthcare staff and individuals alike) make the must-needed change from reactive to proactive. A really resounding accomplishment of thorough and skilled analysis combined . The discussion of patient safety often stops brief with the medical personnel. The cold hard fact is jarring but we are all it it collectively and Dr. Watson displays us we are able to do better. This publication is thoroughly and thoughtfully created. I could not place it down. In what of the National Individual Safety Foundation: "We need to mobilize. Eye opening, informative, ENGAGING, and practical go through! Dr.



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