



Journals For All

Diabetic Glucose Log: Portable 6in x 9in Diabetes, Blood Sugar Log. Daily Readings
For 53 weeks. Before & After for Breakfast, Lunch , Dinner, Snacks. Bedtime.
With Daily Notes (Fitness)



[continue reading](#)

Record Daily Mon To Sunday BLOOD SUGAR LEVELS Readings For 53 Weeks Portable Size-6inches By 9inches 108 Pages Includes Before And After Blood Sugar Readings Sections For Breakfast Lunch Dinner Snacks Bedtime Plus Extra Blank series entry for more Readings Includes Section for recording Daily Notes Get Your Copy Today! Beautifully Designed Blood Sugar Monitoring Log Get Your Duplicate Today!



[continue reading](#)

We was extremely disapointed in this book. Getting type 1 diabetic for nearly 10 years, these things matter! Extremely well-made, pretty cover, I really like it. Very cheap.Happy! The pages are slim and a similar material to a coloring book, like a thin brownish material. The reserve doesn't lay flat, and it is almost difficult to use the columns close to the spine because the binding is indeed tight. I am deploying it but just as my only designed log.I finished up taking it to Goodwill, and made my own using an workplace plan and tables, took it to the print store and printed out about 4 years worth, and had it professionally spiral bound, all for less that \$10. It appears that the book is designed for diabetics that take blood glucose readings often a day. Good but too simple. Needs more detail. I only want there were more slots to write more details. Such as the period, carbs eaten and insulin used. In the attached pic you can view it only gives area to write what the blood sugar is and certain days and room for notes. Ill simply deal with writing in my own extra columns. This is much easier to handle and lots A room to write all I have to write including prayer request! Disappointed This log book didn't work out well for me. I'd not suggest the product to anyone. A book like this should lay somewhat smooth, especially when you have to compose close the the guts. I was disappointed with this purchase. Nice journey with space for pre and post prandial values and notes concerning food, etc. Log books matches my needs It used to be that I got free diabetic log books from the meter producers. One Star Poor Just what I needed I really like how the book is established, possible for notes, dates, space to write all essentials. I'm glad I found this log books as it has plenty of room and I can also record blood pressure, heartrate, temerature adn weight. I'll get yourself a different color for next year. Small enough All the details needed is in this log. slim more than enough for purse, not weighty and I like the 'dragon scale' pattern on the cover. Five Stars This will work very well for my needs. I've found it very useful. No more. Nice journal for monitoring blood glucose values.



[continue reading](#)

download Diabetic Glucose Log: Portable 6in x 9in Diabetes, Blood Sugar Log. Daily Readings For 53 weeks. Before & After for Breakfast, Lunch , Dinner, Snacks. Bedtime. With Daily Notes (Fitness) e-book

download free Diabetic Glucose Log: Portable 6in x 9in Diabetes, Blood Sugar Log. Daily Readings For 53 weeks. Before & After for Breakfast, Lunch , Dinner, Snacks. Bedtime. With Daily Notes (Fitness) pdf

[download Li Qingyun: Longevity Methods of a 250-Year-Old Taoist Immortal txt](#)

[download Heal Your Body, Cure Your Mind: Leaky Gut, Adrenal Fatigue, Liver Detox, Mental Health, Anxiety, Depression, Disease & Trauma. Mindfulness, Holistic Therapies, Nutrition & Food ebook](#)

[download 5 ESSENTIAL DIMENSIONS: How to balance your life for health, success and content ebook](#)