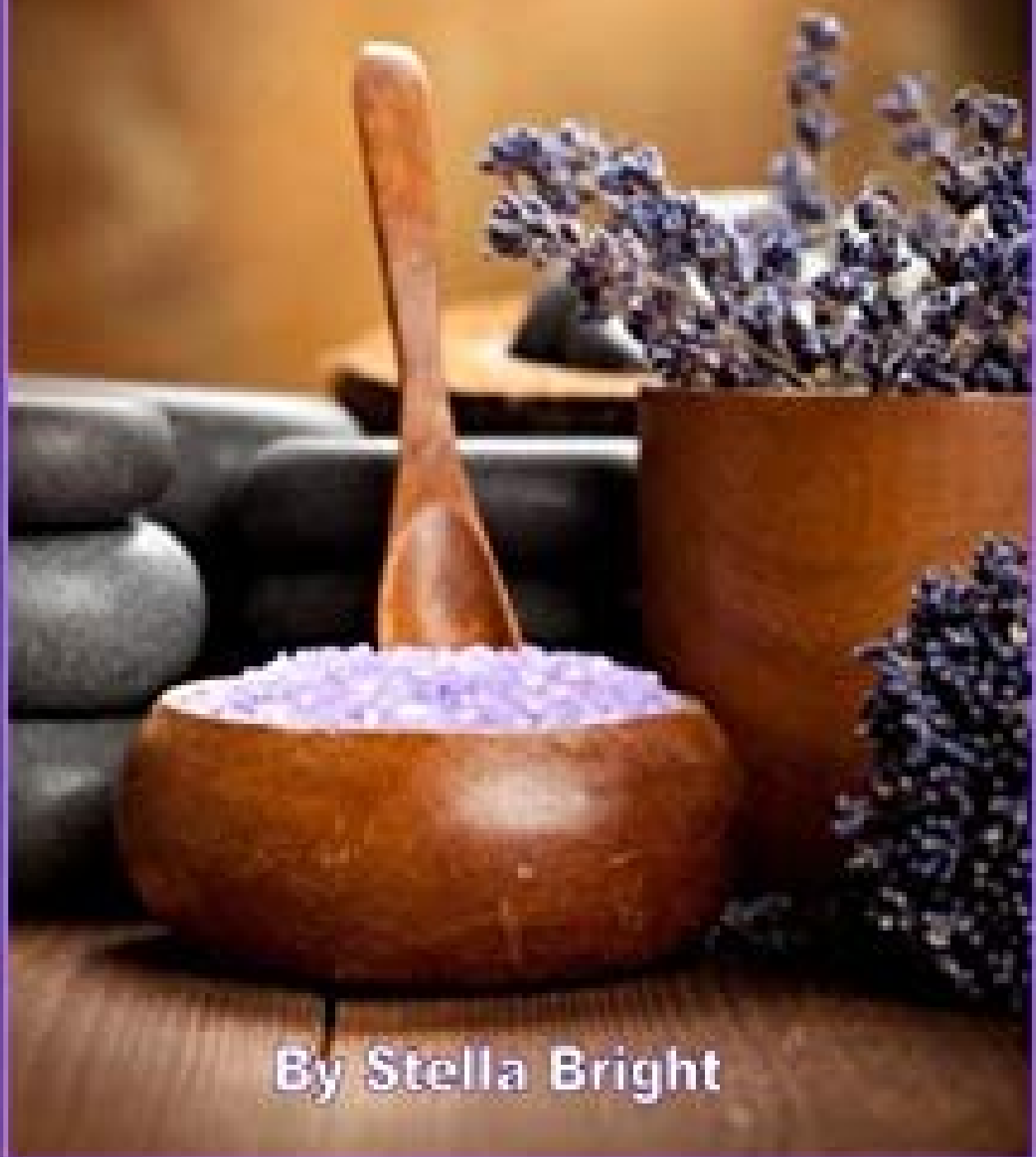


# Bath Salt Basics

Easy Guide to Homemade Bath Salts  
Including Simple Recipes



By Stella Bright

Stella Bright

## Bath Salts Basics: Easy Guide to Homemade Bath Salts Including Simple Recipes



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Close your eye and visualize you are slipping right into a tub of warm scented water enriched with important oils and bath salts to release all your stress after a hard long day! Seems deliciously decadent doesn't it? Today imagine this spa is the tub in your bathrooms, your own retreat. In today's tension filled ever connected globe, having a piece of nirvana in your home is vital. Bath Salts Basics, by Best Selling Author Stella Shiny, will:

- Provide an overview of the various salts and their benefits. Bath Salt Essentials is a simple guide to homemade bath salts.
- Educate you about the liquid natural oils that are added to soothe and hydrate the skin. Providing this deal with affordable is merely out of the world. Let me clue you into the secret substances that have already been known for years and years and found in today's beauty globe to pamper you and provide healing.
- Educate you on about the fundamental oils that not merely scent your bath but provide healing benefits to your mind, body, and soul.
- Motivate you to get creative and develop your very own recipes to keep or give to those particular people in your daily life.
- Provide simple quality recipes to get started on making your personal salts. What are you looking forward to? I invite you to order the book, get innovative and slip into your house spa and receive the benefits offered for centuries.



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Simple and Easy to Follow This is an excellent little guide for anyone new to making bath salts like me. I didn't actually know the place to start, but I wished to create some to help a pal. Just starting so useful. EASILY want more in depth, I will go elsewhere. I just want the basics and this book provides that. Five Stars Can never learn to much Excited to possess this books, but haven't examine this yet. Five Stars Love it Bath Salts Good book. Excited to possess this books, but haven't read this yet Basic Lots of guidelines for a newbie. I do wish that the recipes supplied included expiration dates or use by dates. Do you need to dry salts over night once essential natural oils are added. Many thanks. Five Stars Very useful It's very straightforward with enough information about the salts, oils and essential natural oils for me to find the right combinations, however, not a lot of detail. CR Five Stars Good basic info.



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