

WHY IS SHIRLEY UNUSUAL?

A STORY TOLD BY A NUTRITIONIST AND HER SON



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Why Is Shirley Unusual?: A Story Told by a Nutritionist and Her Son



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Children's nutrition story teaching kids about gardening and nutrition through the eye of a child passionate about feeding on colorful vegetables and fruit. She invites them ALL to plant seeds and begin gardening.) Our vision is to sponsor school gardens watching kids thrive eating fresh fruits and vegetables. (Proceeds will benefit gardens for children.



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Great message! Kids don't know it and adults don't desire to admit it, but, mom's are the most influential leaders of our lives.!" young to their children and practice what they go through. Not merely does this book encourage good eating habits, it is also a good directive for anti-bullying. Kids have enough bad influence, try concentrating on the positives. Nice way to teach healthy diet plan! This book is an extension of Patti and her talents. We have since planted a variety of seeds in the backyard-the tomatoes we have been growing are her favorite.!" My 3 youthful nephews love this publication, as they help their parents with composting, planting seeds and savoring priceless family together. Put a rainbow in your lunch I've known the author for over 30 years. Although I'm a bit biased, I can tell you that no-one is more educated and passionate about nourishment, especially in our youth, than Patti. This book will show you and your kids why it's so important to fill their lunchboxes with "rainbows.. I would recommend parents read "Why is Shirley Unusual?" and ways to do that in your own little backyard. The publication is well-illustrated and written in a lively and light style. It's an excellent motivator. I would highly recommend it to educators and non-profits as an launch to any garden task.Dave An unusually palatable children' reserve on healthy eating! Great message to encourage children to consume healthy I love the way that Patti and her child introduce children to gardening and encourage healthy eating in a fun and positive way. Basic language, questions and exercises that kids can relate to, created as a storybook that adults can share with children as parents, teachers, after-school caregivers, family and friends. Anyone thinking about helping children appreciate great meals and where it comes from should get a copy of Shirley Uncommon and follow its assistance. Take up a garden (also in a pot) and give kids beautiful vibrant foods to love. Love this book and the story behind it. Five Stars PATTI MILLIGAN IS FANTASTIC NOT ONLY Seeing that A PERSON BUT WANTING KIDS TO GROW THERE OWN FOOD Who doesn't like Shirley? Shirley is amazing because she has compassion for others and compassion for feeding on healthy! It's not that hard, which book helps it be easier. It really is so important for children to build up healthy eating habits while they're young and this publication allows them to participate the process of selecting what they eat. What a fantastic reserve to introduce young kids to the enjoyable and rewarding globe of gardening and growing their own vegetables! Can't wait around to have my teenager read this publication. I'm uncertain who loved this publication more I'm uncertain who loved this book more, my 2 children or me?? This amazing story is so important to our children on so many levels. Patti is definitely a genius story teller with her clear to see and important concept of eating healthful and living healthful. The message about getting kind to your classmates can be wonderful.!" Great publication to encourage kids to be more colourful in their diet plan. This publication will inspire all visitors to want to eat "rainbow" colored foods. That is an excellent book for children that encourages them to consume healthy. This book is so cute! I really like how Shirley is indeed excited about feeding on her rainbow and gets other kids excited too!! I would recommend it to educators and non-profits as an launch to . I bought this publication for my 5 season old girl, and we read the book jointly and she couldn't wait to start out growing her own backyard! I certainly recommend this reserve for every classroom and every home! Must have! You and your kids will like it just as much as I did. Super fun for all!! Great Book for Children! I love Shirley Unusual! Eat your rainbows! It teaches them that eating healthy can be fun too.. Food always taste better when it's created by their own hands and literally getting to eat the fruits of their labor!! Fun read with a significant message I've seen Patti doing his thing and she is a dynamo in assisting people learn to gasoline their bodies through better options. This book is a great resource for kids and families to check out. It's fun, relevant and shareable! An engaging reserve for our elementary and early middle school Service-Learning program. I gave her this reserve for Xmas and she asks me to read it to her on a regular basis :) Such a great gift with a great message. Our

college LOVES Shirley! This is a adorable and fun method of teaching kids about nourishment and the advantages of developing a garden and at exactly the same time sending a great message about healthful eating.! Going right through this publication has helped our learners connect to planting, eating healthy and becoming proud to keep the environment clean! There are SO many opportunities to create lessons and deep discussions out of this book!. We need more books like this! We need to improve the health of this country and it starts with the kids. Many thanks Patti and Reilly for employment well done! An unusually palatable children' publication on healthy eating! I have also had the chance to hear the writer speak, and she is incredibly knowledgeable, passionate, and includes a method of breaking nutrition into easy doable methods. I want all elementary college libraries carried this wonderful book!



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