

RECREATE YOUR LIFE!

CHERYL SWAYNE.

Cheryl Swayne

FunAfter50



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Then get up, get out, stay active and healthy after 50. Consider the quiz to understand your recreation design. Recreate your daily life through recreation and leisure abilities. We also mixed the publication and the workbook jointly for a lower price. This is actually the brand new second version of FunAfter50, with new chapters, new info, and color pictures.



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