

LET'S GET CHARGED UP!



By: Cji Carr-McManus

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Let's Get Charged Up!: Dance Fitness for Kids



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is the perfect way to encourage children to get right up, get dynamic and get going! Let's Obtain Charged Up! This book places kids through a combined mix of fun dance techniques and fitness exercises. Kids will learn breathing guidelines and also proper exercise form, in order to complete a highly effective workout.



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Its a good This book was lended to my daughter by a friend. I REALLY LIKE that it's intended for kids fitness but most of ...! We need more books like this! Five Stars The youngsters love this book! Cool inspiring easy read! Awesome work! This book is a good easy read for my 4 year old plus they are constantly asking me to read it over and over. They love it and i really like how it encourages them to .!. My kids want this read to them continuously!. I REALLY LIKE that it's intended for kids fitness but primarily I REALLY LIKE its Diversity. They love it and i love how it encourages them to get up and get active!!!!Five Stars The perfect book for early reading and inspiring activity! Its an excellent book



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