

Brandy Jones Arnold

Essential Oil Recipes: One Drop at a Time



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The bonding on this book is not good. This book is packed with useful recipes for anyone thinking about essential oils. It has got recipes for headaches, anxiety, etc... It's therefore detailed has offers A recipe for everything and then some. I bought this book after going to a little house party on essential oils where we made bath bombs, peppermint lotion and bath salts. The first 48 web pages are clued in to . The product in the book itself is absolutely amazing. I would definitely recommend this book. The pages in mine are falling out and I've only used it twice today. Simple Book. Apart from the horrible quality of the reserve itself it's amazing. I would have given 5 stars if the publication wasn't falling apart. I can't find one to contact about fixing it therefore i figured maybe they might discover this review and get in touch with me.. Horrible quality.it's all about the dishes for roller balls, sprays, lotions, etc. The reserve has quality recipes for make use of with diffusers, roller balls, and capsules, in addition to instructions for a variety of home cleaners and homemade beauty products....This book is a no frills book ..no pictures, zero color..... All of the recipes my friend made originated from it . I love it! Wonderful Info.. It is thoughtfully structured into categories to take care of specific ailments. If you are newbie like me, it will be particularly helpful! A Must-Have Publication for Anyone Who Uses Essential Natural oils! Great book! If you are just starting out or have already been around the block several times, this is for everybody. A great deal of recipes for from ailments, to meals & beverage, diffuser dishes, chemical free wellness & hygiene, chemical free of charge home cleaning, dishes for guy stuff and even bedroom / libido helpers, just to name a few.And, addititionally there is very useful information regarding essential oils in general, including safe use with children, in being pregnant, which oils are "hot" and much, much, more. No problem finding what you're looking for. Well organized. Thoughtfully presented. Many thanks Brandy for putting it all together! Bravo to you! The bonding upon this book isn't good. Amazing content material. I give it as a gift to new oilers because it's straight forward and explains basic info such as carrier oils, vita flex (with chart), using oils with kids, etc..Great Book! Therefore, I bought it and it is no better.. friends over the years it's crazy. And yes it has room in the back to include your own recipes as well. This is an absolute must have for anyone new to the essential oil world. Downside is there's no explanation or history on the whys. Even if you don't use Young living oils, you can make most of these recipes. Not very good at all. My favorite oil resource This book is excellent! But if you're simply into blending without require of really understanding the the different parts of the oil, this reserve is for you personally. I added tabs to the edges of the web pages to find what I need quickly. Must have!. The best part is the information on the writer on the back cover! Not a bad EO recipe book Not a awful EO recipe book. Extremely satisfied with contents Great book throughout! The print is so small You have a bad time trying to read it on your Kindle. I transform it sideways and can view it after that but it is so awkward and you don't see the whole page. I thought it had been because of being truly a sample. The 1st 48 webpages are clued in to significantly that I cannot read the drop quantity s to mix recipes I would need to pull the bonding apart in order to read them and the reserve would fall apart. Occasionally it will call for a specific YL blend. Oil Recipes I really like a few of these recipes, they helped me. I love this book! informational Good way to obtain information - 2nd opinion etc. I wish they had more quality recipes using basic oils instead of pre bought blends. Totally recommend Very good receipts, div rolls and combinations for the diffuser. As a newbie at oils that is so helpful! Simple and Easy to follow. If you're looking for good recipes for EO blends, this is a good book. All blends I attempted from this book worked up to now (stress relief, cough comfort, facial serum etc) I actually think it has the recipe for YL's Thieves. It's perfectly organized and covers an array of ailments and uses for our beloved oils! It's an excellent resource to keep all your recipes in a single place. My Favorite GAS Book This is my favorite Essential oil Book to date! It has a few quality recipes in right here for everything!. I have borrowed this book out to therefore many family members & Extremely disappointed and want Amazon to replace this book. It includes a place where you can add your personal recipes. It has suggestions in here for individuals just starting out. If you are new to oils or have been around them you will like this reserve! She did an incredible job! Gave to a pal Great



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