



FIFTY-FIVE, UNEMPLOYED, AND FAKING NORMAL

YOUR GUIDE TO A BETTER ~~RETIREMENT~~ LIFE

BY ELIZABETH WHITE

Elizabeth White

Fifty-Five Unemployed and Faking Normal



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stand around” You don’t want to be in your fifties and sixties and have saved nothing or not nearly enough to retire. Too late for that. You don’t wish to be blamed or shamed about any of it. It is where you turn when you want to know what actions you can take to steady yourself enough to go another round. Whatever you can do at this point to intercept the precarious financial path you’re on. Is there anything you can take (or not really take) to have a shot at a decent retirement? Fifty-five, Unemployed, and Faking Normal culls wisdom from boomers navigating the road ahead. It invites you to become listed on with others to look beyond your immediate surroundings and circumstances to what is feasible in the new normal of economic insecurity. It is the book to read before you embark on one of those weekend pre-pension planning workshops or register online for a “ networking event that leaves you feeling worse about your situation not really better. webinar that only reminds you what lengths behind you are. And consider you start with this publication before you attend yet another “You get back on track”

Containing over 100 online language resources, Fifty-five, Unemployed, and Faking Normal is the resource to read to assist you navigate the psychological areas of where you’ve landed. What you want to know is whether there’s



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It was good for my mind and soul. It speaks if you ask me. Get the reserve, read it, do something! I felt like a loser. I'm glad I bought this publication. As a boomer near retirement the stories and resources found in Fifty-Five Unemployed and Faking Normal are guideposts and guard rails for considering existence post-career/job. I think the idea of a Resilience Circle for peer to peer support can be the perfect idea. Thank you Elizabeth White! For all those in this position, the author suggests some methods to cope, including developing an inner support circle to assist you through the tough patches. Liz and I cannot be the only African Us citizens in this situation, but even after reading all of the other reviews of her book, I did so not see any other self-identifiers. The truth that she was brave more than enough to convey her truth as an African American female is the primary reason her message resonates with me. Until seeing the PBS interview of Liz, calmly unapologetically explaining what on earth happened to us I felt a personal shame in not escaping the isms. I successfully navigated the waters of corporate America and academia, but somehow did not escape the web which caught a number of us in 2009 2009 as we turned into our 60s. Intuitively, I had started to reinvent myself in a new field before I saw the PBS interview but "seeing me" through Liz mandated I buy the book even before watching Part 2 of the interview. I had no endurance for the next day Prime delivery. I purchased the Kindle and examine it cover to cover. The book is a quick, easy, reassuring read. It offers keen insights, great questions and helpful assets and solutions for each of us to ponder once we trip through our lives. When the author imparts her opinion, she claims it therefore, and the reader can consider that details combined with the other resources such as great snippets of others in this situation. It is the most helpful, encouraging self-help publication that I have read in YEARS. Many thanks, Elizabeth White. We are not alone I devoured this publication within two hours. I am in my own 30s but broke and sick and tired of having to hide due to my precarious financial situation so I sensed a sense of kinship with her. Brutally Honest & Hope, resilience, and a sense of taking back control of our battered lives. Great resources to program your retirement about a budget. Rather than shaming, blaming, platitudes, and pie in the sky unrealistic (for most) "life reinventions", the author lays out the truth of what many of us possess been living and also useful tips for brainstorming our collective way out of the mire. Reassuring! Excellent Guide to Designing YOUR DAILY LIFE! It's informative and very eye-awakening to me as a senior or people who lost careers. She provides references when stating information and reporting on study findings For those of us grounded in research that's reassuring and appreciated. Great to know you are not alone in occasions of despair and panic! Instead of living in denial, easier to end up being proactive and connect to others you can consult with honestly. This book and author helps you to do therefore. It is advisable to also appearance at her TED Chat and YouTube movies to obtain further reassurance you are not alone. That is a must browse for just about any one who got it all together, however the bottom dropped (or is going to drop) and opps today your over 50. This book also makes an excellent reference information as you deal with various life issues and challenges. Most importantly, this book taps into your self talk, whether unfavorable or positive, and prompts you to think and ponder what you would like your life to appear to be and what the next moves can be. Really enjoyed it and sharing it with everyone I know regardless of their perceived net worth and network! Most of us can do thorough honest self analysis simply by using this publication as a guide. I know so many older ladies who have lost their husbands through divorce or loss of life, or ones who've never married. Her openness and bravery in discussing two of the touchiest topics -- aging and one's economic condition -- are really remarkable.. The resources are invaluable This book addresses the reality for so many of my peers and

friends living in america, particularly those people who are black women. I'm utilizing the book as a boomer survivor information for ageing. What she says about the mental assault, opinions, coping with your feelings and self-esteem is indeed accurate. GET THE BOOK, Browse IT, TAKE ACTION! Her PBS youtube video simply appeared as a suggestion out of the blue. I viewed it in awe at our situational sameness. I got the book and read it. We thoroughly enjoyed the countless resources and valuable reference links. A big assist in a period of need. Your day I received this book in the mail I devoured it. I'm only partway through the reserve but desire everyone I know to buy it. White's amazing TED chat. One layoff or "incorrect" move can leave you in such a precarious position. There is a section on Magical Convinced that deals with the balance between optimism and delusion. I could relate in a real method the trauma of several bad years with little if any support, ashamed and scared. I'm considering various choices for such as for example multiple income streams, "smalling up," and shared living plans. The canarie in the tunnel. I love her solutions to the traditional 9-5 work and appearance at online e-commerce the posting lifestyle which will lead to a more fulfilling life. She's plenty of online language resources to assist you with housing, healthcare and legal resources. Those women need not fake normal, because no one cares enough about them to notice if they're normal or not. Not 55 and Unemployed? Go through this book anyway. You don't have to be 55 (plus) and unemployed to appreciate what this books gives. It is filled with stories, encouragement, and really helpful resources. However the writer doesn't show fear, she shows resolve and a calm approach. You may be pleased you did! GenX and millennials could take note of the new regular because of their parents and preparing for their retirement futures. Stay healthy and employable. Reading Elizabeth's book resonated with my situation and those an incredible number of us who are looking to work into their 70s and 80s with because Elizabeth discusses in her publication skeleton retirement plans and extremely expensive healthcare will push us as she suggests to "small" our lives discard the dust gathering items live a minor lifestyle concentrate on a happy life. Elizabeth White did a masterful job telling a complex and devastating story of just how many America lives are having right into a premature "retirement. (There are prompts for group discussions included. Regardless of the marked improvements in the economic picture in the last year . 5, the problem still exists. Many are hiding in basic sight, faking regular ? until they can't any longer, leading to raising bankruptcies and foreclosures as the boomers transfer to retirement. Thanks to Elizabeth White for bringing focus on an overlooked concern. Once highly effective contributors to their households and community, those caught in the wake of the great recession may never fully recover financially. Ms. Light offers concrete suggestions such as for example smalling-up, stitching together various income resources, resilience circles, to greatly help navigate the current reality that many end up in. Two enthusiastic thumbs up- MUST READ! Even though this publication was useful in areas, I have no idea why there is this assumption that ladies over 55 have a massive group of friends from which they can form a Resilience Circle. I'm a positive, optimistic thinking person and was not sure if this might shift me to a low place. A must read for everybody over 50, particularly ladies. What I love most about this book are the numerous testimonies from boomers navigating their final years on a little budget. One of my favorite stories was about Ms. White's friendship with Elijah, a closing minimalist who appeared homeless but ended up becoming part of her support network. housing, food, workout).g. The reserve also has numerous online resources to help us "smalling up" in the different aspects of our monetary lives (e. Why "Fake Regular" When No One Cares? I thought this reserve really targets a distinct segment that gets ignored--the solitary female more than 55. I want there have been more books and assets on this topic.

Actually the AARP ignores this demographic. I purchased this reserve after watching Ms. there but for fortune go we I saw the author about the PBS NewsHour and immediately bought this publication. Their careers took them far from their own families, or (in the case of many) their own families grew away from them. Have your investments, stay out of debts, live beneath your means the sage guidance by Elizabeth White. Simply wish the book had touched on this more. Resourceful The topic is very current! You don't need to be a baby boomer to read this book. over 55 --unemployed? This is a must read! For those of us who are over 55 and looking for work, this is the best way to know we are not alone in fact it is not our fault! Loved this. Without self-pity, she shares how she ended up in terrible financial form despite being wise, accomplished, and extremely educated.. Great book! That could happen to somebody with a Harvard MBA is actually terrifying. It didn't. She actually is me, and I am her!" The gig economy comes with an upside for many, though for others it hasn't lead to developing a sustainable income for those approaching retirement.) Most effective are the assets included for old adults, including choices for housing and employment. That is a book for today's times. Wow! I must say i have appreciated reading every page of the book. If your Net Worth is under \$2M, you need to read this book irrespective of your age! It offers me details on where to go for help for different complications. I want I had experienced this available to me at that time.



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