



ピュアな肌

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PURE SKIN

DISCOVER THE JAPANESE
RITUAL OF GLOWING

VICTORIA TSAI

Victoria Tsai

Pure Skin: Discover the Japanese Ritual of Glowing



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Skincare is self-care. Vicky Tsai, founder of Tatcha Skin Care, is sharing generations-old, time-examined Japanese skincare traditions with you. West: Learn why spot treatment and quick fixes by no means make lasting changes ·Sheet Masks Demystified: Indulge in this scientifically-proven beauty craze once weekly ·t just about simple skincare, it's also about a life style; it begins with the method that you eat and also the method that you sleep. You'The Japanese Diet for Clear Epidermis: Feed your skin with the trinity of Japanese superfoodsEast vs. Regardless of the way you customize it, all you need is two minutes and four methods: Purify, Polish, Prep, and Nourish. A Silken Path to Softer Epidermis: Pamper yourself with silk in five various ways · What's Your Skincare Psyche?: Discover your skincare character and what treatment is wonderful for you · This guide book helps you get to know and improve your skin layer health with useful guidelines and tips for using everyday elements and skin items in a brilliant simple, unique-to-you ritual. But Pure Skin isn' Ingredients to trust In: Utilize the six traditional elements within Japanese skincare · Il also find out about: ·



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Enjoyed reading. Nourish Great little book If you value Tatcha products, simply want to learn more about skincare and self care this is a great little read.it is possible to hear Vicki's voice in each section! Every web page was a treasure trove filled up with cultural history, geisha's beauty secrets, and excellent health and skin care advice. I am a devoted fan, and I hope to experience more of Victoria's wisdom, both actually and in her skincare research and items. Her writing is easy, to the point, and kind. This is a definite read; ?Such a lovely way to learn generations-old ESSENTIAL READ! Victoria has a warmth of soul and heart that comes out atlanta divorce attorneys word she writes. Wonderful Book As with everything Victoria Tsai touches, beauty emanates! A gem of a book brimming with advice and beautiful illustrations! Not quite enough A brief, quick read. Many thanks beautiful Victoria! Loving Tatcha! Very informative!Probably Not Worth It Brilliant marketing tool, but, ultimately, only a love letter to the Tatcha line.... Truthfully, I use Tatcha, but I understand that these ingredients and very similar products could be sourced for a lot less - you're spending money on the aspirational quality, the product packaging and the story-telling (hence, the book) Beauty at its Simplest and Finest Victoria's reserve was a delightful read! If you are looking for insight into an asian beauty routine, this covers pretty simple stuff and sticks to the Tatcha ingredient list. As a lot of a journey to some other land as it is certainly a roadmap to great skin, this reserve delights! I paid \$11.99 for it and go through it in about 30 minutes. Didn't have enough information in it to make it worthwhile. especially for those of us who love her skincare series, Tatsha. ?Such a lovely way to understand generations-old, time-examined Japanese traditions to obtain to know your skin layer. I LOVED learning how simple ingredients we consume are used in amazing skin care. After reading this Awesome reserve, I now execute a beautiful simple ritual of Purify, Polish, Plump, & If you want Tatcha and utilize it, you'll find nothing in this reserve beyond reinforcement of what the brand believes about its elements and philosophy.



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