



Sipping tea before bed

*A year of  
TINY  
PLEASURES*  
2019 CALENDAR

A handwritten letter

Cracking an egg without dropping any shell

The surprise making fun will bring

The first ice cream cone of summer

*A year of  
TINY  
PLEASURES*  
2019 CALENDAR

Whiling the day away in the garden

Starting a new diary

Recently picked wildflowers on the kitchen table

A friend who listens

Finding a perfect spot in the sand

BY IRENE SMIT & ASTRID VAN DER HULST

*flowr*  
CALENDAR

Workman Publishing

## A Year of Tiny Pleasures Page-A-Day Calendar 2019



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and section of the growing Flow book and calendar series that celebrates mindfulness and creativity—Adapted from the delightful Tiny Book of Tiny Pleasures— Getting a new go-to recipe. Enjoying a leisurely breakfast.s small joys. Each page rejoices in the encounters and details that may turn a time around: Sharing a comfortable silence.here’s the desk calendar that reminds us to pause, look around, and appreciate existence’ Unscrewing a jar on the initial try. Charming, lively full-color illustrations bring alive the playful captions and witty observations on every web page.



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Great idea for someone's workspace. Offers you daily reminders of the easy things we go by along with a short minute of reflection. I could see this becoming on someone's desk, where only a reminder of something out of a work day, provides one a mental break. Nice idea, but I guess I'm in a place where I don't need these prompts. Good Can't wait to utilize this next year. Precisely what it advertises, simple ideas of little things in life that are nice to think about, accompanied with lovely, simple images.



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