



The Special Forces handbook of medical secrets

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While it does not substitute for skilled physician treatment, it will allow readers a knowledge of how medical decisions are created by experts and in some cases, how to offer intermediate or complicated health care when a physician is not available. The ideas are pragmatic, affordable, and ideal for anyone from medics to laypersons, but are particularly aimed at individuals who work and live in remote areas with scarce resources. The subjects cover antibiotic therapy, advanced care and attention of complex wounds, laceration closure with glue, malaria, oral rehydration therapy, fecal transplantation, and more. The material is useful to anyone who wishes to become more medically educated and self-sufficient, regardless of circumstance. The material is specifically aimed at people who work in complicated environments from centralized resources — armed service special forces, intense travelers, open water sailors, expedition people, humanitarian aid workers, and anyone who lives in the developing globe. Each chapter includes references for further reading and is created in a concise design that maximizes useful information. Going well beyond medical, this manual describes medical secrets used by a skilled African mission general practitioner and former assistant professor of emergency medicine at Harvard Medical Classes.



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Invaluable if you are ever from civilization Fantastic. Imagine a book without a copyright page, table of contents, index or even page amounts. None of this matters. The tale of a blind grandmother strolling 100 miles to get health care on her behalf grandson shows not only her love but perseverance for a better existence for him! flows smoothly! They're that good! valuable medical resource as an ER nurse I found the information right and resourceful. Among the topics – strategies for treating malaria, wounds, cuts, severe abdomen and colon issues plus much more. You will be able to use the info or others will be able to use the information! The book provides not only information but evidence that men and women can make a difference! This short book is so filled with great tips that you literally cannot place it down. A definite “must-listen” audiobook for everyone! As a former EMT-B, this book adds to the arsenal of knowledge that I could use to help others in situations of hardship. I immediately ordered the writer’s second book. What a gift! I actually appreciated this author's lucid distillation of his duration of emergency medical knowledge and learning in conditions which range from the most extreme in deprivation to probably the most advanced and privileged. Unique Forces Handbook of Medical Secrets compiled by James Li can be an amazing collection of tips in treating wounds, illnesses, and various other medical ailments. Thank you for taking the time to share it around. UB Excellent read. Many thanks! This book is a wonderful outline of extremely useful tips and tools to use during austere or challenging work environments, and also, everyday practice. I was hooked from the opening vignette about using sugar to take care of a wound. Great book Great book Amazing I learned more approximately the practical treatment of individuals in this reserve than anything else I have browse in my own 20 year career in emergency providers. I recommend this book to anyone who's in training or thinking about medicine. Well worth the time to learn! After having Dr. An engaging, useful and quick browse by a doctor with a wealth of experience and a means with words. Five Stars Amazing insights and unique treatments. easy fun read that makes sense This book is phenomenal! Many thanks for sharing! I miss your tales and working with you Dr Li! Li as a mentor, I've used a number of these techniques throughout my profession and training, especially during disaster alleviation with great success. The audiobook is done well; If you ever end up in need of medical care and none being around, you will be glad you'd read this book. Just what a gift to receive the examined nuggets of understanding gained through somebody else's lifetime of trial and labor! helps you think outside the box to use more easily available items for healing This book can help you save a life when a hospital is not available! They are not the normal “home-remedies” that many of us know or possess heard of, rather they're practical and easy to get at to anyone it doesn't matter how remotely you are located. Such a great read!The book is geared towards those that live or work in remote areas of the world where usage of medical supplies could be limited or nonexistent and the ones in real-existence emergency situations. This book is amazing not only in the information it provides but in the stories and references provided! Everyone understands salt added to water will help ease the pain of sore throats and heal sores in the mouth, but healing puss stuffed wounds with sugars or honey? I had to laugh on the fecal treatment – I am sure that's not something anyone will willingly consent to presenting ... all the same – very interesting! That is a fantastic audiobook that describes the procedure and uses of such remedies. Understand this book and his book on off grid anesthesia. This is a short audiobook but one which is filled with useful and vital information.



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