



# TOP curly girl METHOD RECIPES

STEP BY STEP RECIPES FOR ALL HAIR TYPES

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Top Curly Girl Method Recipes: Step by step recipes for all curl types



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This is a very valuable handbook , an absolute must have for every curly female across all ethnicities! Why be a product junkie when you're able to use the most renowned 100 % natural ingredients to have your curls pop! What I recommend is that you select your desired recipe for each of the 5 phases and use these regularly for 6 weeks and present us feedback on what your curls have been changed. These are proven, proven to have worked with all curl types from 3c-bigger curls, to 4c-smaller sized coils/ kinky hair. This time period is long plenty of to build wetness in your locks to its maximum hydration and achieve its best curl factor. Feel free to come back again to this site and comment on your results. Our unique book picks on the top dishes and covers all the key stages to attain the most pronounced and luscious curls no matter curl type, causing this to be reserve for ALL curlies! The recipe chapters comprise: Step 1 1: Clarify Step two 2: Condition Step 3 3: Style Step 4 4: Spritz Step 5: Detangle Essential oil Mixes Enjoy all of the tried and tested recipes, and pick the ones that greatest suit your locks.This book is for whatever you curlies who have had trouble choosing the best recipes and ingredients to attain your perfect curl.



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Only if you don't mind putting meals in your hair By quality recipes I was expecting ingredients like veggie glycerin (like the sort of stuff in the Deva Curls line), not honey and banana etc. Misleading and Disappointing This book is fifteen pages long and that includes the back and front cover pages. Some also involve bought conditioner as an ingredient. I thought this was area of the "Curly Woman" type of books.. This is a great book with some easy tricks to find the most . The recipes are inconvenient (most not stuff you can make in progress and keep in a bottle) and likely to attract bugs into your bedroom and bathroom when you sleep. Learn from my experience I didn't check and I was afterwards told that it was not included in the explanation. to use for particular hair types. I anticipated this book was going to give me more information concerning what shampoos, conditioners, etc.00. It really is only homemade dishes to use for curly hair using vegetables and fruit. Not happy with it at all! It is possible to read the whole part of about 10 minutes and I'm sorry to say none of the dishes seemed appealing. It really is nothing like those.. I have always worn my locks straight and decided to let my hair do what it wanted (well with some help). That is a great publication with some easy tricks to have the most from your own curls. Love this book Guidebook to a curly young ladies life Love these recipes! I Love every recipe plus they almost all have easy instructions. That is a perfect book for learning And for girls learning. If searching for DIY dishes for curly hair this would be a good reserve. we save ? when we make our own products.! If looking for DIY dishes for frizzy hair this would be considered a good book. Five Stars Chock full of various hints for curly young ladies! This is a great place to start for curly girls This is an excellent place to start for curly girls. This book gives you lots of options some great recipes plus some general instructions for getting started of looking after curly hair. Can't wait around to try! If you ordered This Reserve used make sure to confirm that the CD that comes with the book is included. Not worth it for over \$10. Curly hair techniques Great ways to moisturize and cleanse and define your curls. Certainly would recommend this reserve! Inexpensive, easy recipes I will definitely be trying a number of these recipes to save lots of on my curly young lady hair items. A definite will need to have. Great info Lots of info Great CG style quality recipes! I found the book quite informative and also have definitely bookmark places for me to return and revisit. All homemade in your kitchen and all natural ingredients and essential oils. Curlygirls will love it & It was not what i expected.! Wrong item! Did use one of the homemade recipes. I purchased this for my 11 year old daughter but instead she received a book of poems contact "Uprising" approximately sex!! SO much fun! Unacceptable!



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