

Wilderness First Aid



**The Ultimate Beginner's Guide
On How To Treat Injuries,
Cure Infections, and Save Lives
In A Life Or Death Survival Situation**

BARTHOLOMEW ROMMEL

Bartholomew Rommel

Wilderness First Aid: The Ultimate Beginner's Guide on How to Treat Injuries, Cure Infections, and Save Lives in a Life or Death Survival Situation



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The information that you will learn here is going to be some of the most important info that you ever find out in your life because it can save your valuable lifestyle or that of someone else, including someone who you look after deeply. Even though medical is generally not designed to be the end solution to healing a person, it can save their life and ensure a faster recovery. The various first aid topics that we will cover in this book include: • The Basics of MEDICAL • Performing CPR • Personal Hygiene • Holding a Wounded Person • Treating Sunstroke, Hypothermia, and Dehydration • Treating an Open up Wound • Treating Scrapes for Infections • Splinting a Damaged Limb • Dealing with a Leg Fracture • Recognizing and Using Wild Medicinal Plants • Dealing with a Bullet Wound • Dealing with a Knife Wound • Treating a Bite • Disease Control Download this publication and begin reading right now to begin with learning!First aid may be the rapid treatment of someone who is among the most victim of either an injury or a sickness, as a short-term solution until appropriate medical aid arrives. In this book, we will cover many different first aid topics in detail with an focus on ways to complete the medical in a survival situation with limited or organic resources.



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I especially enjoyed the chapter on Medicinal Natural herbs, flowers and plants. Glad I read. Five Stars Handy Five Stars Very helpful! I'd think that illustrations or photo's of every plant will be helpful. Good book Very thorough summary of first aid applications in a survival situation. Five Stars great Basic MEDICAL Information Good information to assist you and your party survive in the outside or in everyday activity, This book gives the basics you need to know to treat injuries in the trail or on the road.



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