



# Multiple Sclerosis and (lots of) Vitamin D

Ana Claudia Domene

*My Eight-Year Treatment with  
The Coimbra Protocol for Autoimmune Diseases*

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## **Multiple Sclerosis and (lots of) Vitamin D: My Eight-Year Treatment with The Coimbra Protocol for Autoimmune Diseases**



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Produced by Dr." Mounting scientific evidence clearly shows that vitamin D includes a powerful effect on autoimmune diseases, however most doctors continue to prescribe only 1,000 IU or 2,000 IU a day to individuals that have problems with such circumstances. Cicero Galli Coimbra, a neurologist practicing in São Paulo, Brazil, the Coimbra Process is a therapeutic approach that relies on high doses of vitamin D to halt the misguided episodes of the disease fighting capability, and it has enabled thousands of patients around the world to keep their autoimmune illnesses in long lasting remission."The Coimbra Process relies on dosages of vitamin D that range from 40,000 IU to 200,000 IU per day. In this publication, Ana Claudia Domene describes her experience with multiple sclerosis and the procedure which has radically eased her symptoms, allowed her to discontinue all regular medications, and restored her wellness.



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ESSENTIAL Read for MS Patients! As a supplement D and health advocate, I ordered a duplicate of "Multiple Sclerosis and (lots of) Vitamin D" and devoured it upon delivery today. Author Ana Claudia Domene walks the reader through her trip with multiple sclerosis like the diagnosis, typical treatment, and her achievement taking large doses (believe 60,000 iu a day) of supplement D as part of the Coimbra Protocol. But it! Domene thoroughly explains the world-renown treatment plan by Brazilian neurologist Cicero Galli Coimbra, MD, PhD that includes daily supplement D doses as high as 200,000 iu! It's certainly opened my eyes. MS is virtually cured with with Plenty of vitamin D Excellent book by a patient. It functions! Dr. Coimbra gives 40,000 to 200,000 daily to Treat MS (actually remove all symptoms, but must continue taking vitamin D forever) He has claimed that the very high dose Vitamin D should use most/all auto-immune diseases. I've wondered, for 4+ years now, if very high dose Vitamin D will also work for many other diseases. The diet is usually difficult because you can't eat any source of calcium (milk, dairy, ice-cream, cheese, enriched calcium processed foods).! Extremely interesting about the Coimbra Protocol High Dosage Supplement D is amazing! We wonder just how much his success rate (80%?) will be improved if he had been to include Omega-3 and Magnesium to his protocol The book we need. The book I needed. Includes well described connection with dr Coimbra patients suffering from autoimmune diseases (mainly MS) with high doses Supplement D treatment. The publication includes recent information regarding the organizations (including webpage addresses) leading this sort of therapy, about internet discussion boards of sufferers. Fascinating to read and is helping my MS patient along with my self and family members to remain healthier. This publication performs such a service to those who are searching for up to date scientific information in an understandable form. Good information This author does an excellent job relating her experiences, as well as the scientific research, which explains the physiological processes of the immune system. She lists many references, as well as several personal stories of fellow sufferers. Realistic, but giving plenty of hope. Better than DMDs I cannot stress this plenty of: It's a groundbreaking and almost miraculous treatment. Here's another viewpoint about finding a treat for MS. Both clinically and in the MRIs. Better than DMDs. It's simple. No collateral effects other than having to monitor the calcium levels and adhering to a low calcium diet. I personally know dozens of patient that not only stopped MS progression, but actually got better from previous lesions. No reason to not give it a go. It's safe. It functions. There are even support Facebook organizations (search for Coimbra Protocol) where one can interact with other patients and share the outcomes and progresses. Yes, it's amazing. Great book, seriously considering buying a couple of . I believe it's interesting that American doctors appear to be helpless in finding an end to the disease, but doctors abroad (Brazil, in cases like this) have already been using

various treatments successfully for years.. Great book, seriously thinking about buying a couple of copies and putting them in the lobbies of neurologist's offices, to get those folks some actual help Vitamin D Cure!! I have wondered how many folks who are in a position to achieve 40-60 nanograms of supplement D in their bloodstream are still unable to get a good level within their cells due to gene problems. I actually am delighted to have found this treatment. This book has given me even more wish in the vitamin D treatment. COIMBRA has given us back again our lives! Dr. It's true that a lot of situations it takes a few people to make a transformation in the world for the better of several. There are over 200 articles in MS and Vitamin D at VitaminDWikiMy comments upon this excellent protocolSome doctors just prescribe 2,000 IU of vitamin D to lessen MS symptoms. My sister has MS and the procedure with Vitamin D works. She doesn't make use of interferon any more and after 24 months without any flare from the condition. Not just work, but perhaps fully treat if the condition has not really progressed too far. Five Stars Great introduction to Dr Coimbra and his protocol. Every MS individual should read Excellent book. That's, their vitamin D levels test as being great, but their cells are not getting the benefit. Eye opening expose of the Coimbra Protocol for Auto Immune disorders. High Dosage Vitamin D is usually something I started in perfect health, and I feel even better because of it. An inspiring tale. Hope and future !!!!! Excellent book; This could be a lifestyle saver. It's a publication that brings hope and an improved future for all people afflicted with autoimmune diseases. Thank you very much Is There an end to MS? Based on a large number of scientific articles.. Ms. explains the bases of treatment with high dosages of supplement D3, from the point of view of an individual. In short, her words of success and knowledge serve as an inspiration for anyone who is touched by the potentially ravaging autoimmune disease called multiple sclerosis. I came across it useful in the process of decisionmaking relating to to commence the treatment. Very informative I now have renewed expect symptom control and the chance to getting off Plaquenil and Methotrexate. I am thrilled. But I believe that worth it.



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