

Jan Cannon

Maturing with Moxie: A Woman's Guide to Life after 60



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Whether widowed, divorced, married, or single, more and more women of retirement are taking control of their lives. Drawing on her behalf extensive client case files, Cannon poses provocative questions, styles useful exercises, and will be offering clear, upbeat types of women continue with purpose. Maturing with Moxie provides women a wealth of resources for finding the answers they need. Maturing with Moxie requires a close appear at personal and professional conditions affecting women over sixty by surveying the best and latest thinking on problems from housing to healthcare, finances to family members, and combines them all in one practical, go-to volume. The veteran consultant Jan Cannon requires a comprehensive approach to a range of decisions facing ladies as they age, and offers sensible, helpful advice on everyday questions about work, Medicare, changing family members dynamics, and dating.



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Taking Charge of Your Life Jan Cannon's "Maturing With Moxie" offers you all the equipment you need to begin and develop a plan for the years ahead. From housing, health, friends, family members and finances, this publication covers them all. Each chapter can be a gem with on the web and book referrals should you seek additional info. My favorite is normally Chapter 8, "Make New Friends, but Keep carefully the Old." Having moved across country in my own late sixties to reside in a sleepy small Southern California city, and closer to my grandchildren, I left behind life-lengthy friendships and acquaintances, a very active public and cultural life in New York City. I came across myself lonely and just a little lost. "Maturing With Moxie" would have been the perfect guide when I made my momentous move. It had been also oddly comforting to this sixty-something reader..E.X.You will make reference to this book over and over as queries and situations arise. A good place to start. Not only for 60-year-olds This book is a gem. The author provides useful insight on a variety of issues linked to women's pension years including housing, finances, social life, family members, and health. She poses key questions to take into account, discusses options, presents interesting good examples from her very own and other females's choices, and provides numerous resources for further investigation. The tone is practical, upbeat and amusing. I'm finding getting into my retirement years to become a rather drawn out process (I'm in my early 70s), therefore i suspect I'll be working with the book for quite a while. And maybe persuading my husband to read it as well.why, I'm not sure. Filled with useful information I like this book a lot. Here's the "Intro" to our 60's that people all have to read! Never too early to start thinking about the many interconnected issues. A well written, easy examine with a whole lot of helpful information and some excellent "meals for thought... It would make an excellent gift for a friend, relative or co-worker. Finding new close friends after sixty isn't easy.. Jan Cannon writes clearly and articulately about the main issues we face after 60. It's already helped me clarify my thinking." It's like an "intro" to one's 60's! Cannon understands the importance of a social networking, and offers excellent recommendations at starting over, producing new friends AND, simply as importantly, acquaintances—dating, and that delicate discussion about S.but maybe it was just knowing that you are not the just one upon this journey. Purchase 2, one for you and one for a friend! Easy and enjoyable to read as well. Worth the read. A wealth of assets, delightful and useful. Great advice, and enjoyable read written with great insight and humor "Maturing with Moxie" is a very helpful, practical, and exciting read written with great insight and humor. Written by someone who knows what she's discussingl. Maintaining a wonderful sense of humor and perspective, she manuals us through decisions about changing associations, health issues, housing, finances, and more. She deftly outlines her own story in addition to illuminating others in an engaging and amusing way. I've given several copies as gifts to close friends -including some who are many years away from retirement. It has the ideal tone. Lots of useful suggestions and info that maturing women will see useful as they choose their next steps. Great author Great author-great read!



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