

JOGGIN' YOUR NOGGIN

WITH MEMORABLE EVENTS
1920-1970



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Joggin' Your Noggin: With Memorable Events 1920-1970



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A reserve that highlights significant world events over fifty years, this "Joggin' Your Noggin" aims to bring entertainment and mental stimulation to readers. Seniors could also enjoy large-group discussions of traditional milestones and posting fond memories. Connecting an event to a unforgettable personal experience may evoke positive emotions. Since each description ends with a blank, the reader is provided a chance to "jog" their "noggin" and identify the missing term. Occasionally, seniors will read the book individually. Straightforward answers are conveniently provided on the invert of each page. But the more important benefit is simply to think back again and arouse "warm and fuzzy" feelings." Milestones include historical, technological, scientific and cultural happenings linked to inventions, politics, tunes, famous musicians, TV/movie stars, food, fashion and more. The publication offers countless possibilities to reflect, reminisce, and hopefully recreate moments of pleasure. Reflecting on the past can be a source of joy, not just for those with dementia, but for many others, especially as they approach their "golden years. Activities Directors in senior centers, assisted living services or nursing homes may find "Joggin" a good resource when creating entertaining games.



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