



**AN OFFICIAL BOOK OF THE  
BOY SCOUTS OF AMERICA**

# **THE SCOUTING GUIDE TO**



# **FIRST + AID**

**100**  
**ESSENTIAL**  
**SKILLS FOR**

**EMERGENCY**  
**MEDICAL**  
**ASSISTANCE**

**BE PREPARED.  
FOR LIFE.**



America The Boy Scouts of

# The Scouting Guide to First Aid: An Official Boy Scouts of America Handbook: Essential Skills for Emergency Medical Assistance



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s Guide to MEDICAL, current Scouts, Scout alumni, and readers thinking about the outdoors are provided with time-tested advice on how to safely identify, harvest, and use edible wild plant life. In Scouting' Since 1910, the Boy Scouts of America has helped build the future leaders of this country by combining educational activities and lifelong ideals with fun. Some practical tips include: How to triage, assess, and identify medical emergencies What things to include in an initial aid kit for your house When to get help for wellness emergencies How to securely move a sick or harmed person How exactly to perform CPR and make use of an automatic exterior defibrillator What the proper procedures are for broken bones, hypothermia, burns, and sprains Therefore a lot more! The BSA is certainly committed to training youth in responsible citizenship, character development, and self-reliance through participation in a wide range of outdoor activities.



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