

"New-mama magic. . . . If you're a new mom or mom-to-be,
you need this book!"

—DANA B. MYERS, AUTHOR OF *THE MOMMY MOOD MAKEOVER*

FINDING THE MAGIC IN MOMMYHOOD

HOW TO CREATE THE ILLUSION
OF SANITY AMID RAGING HORMONES,
SLEEP DEPRIVATION, AND DIAPER RASH

SARA SADIK

Sara Sadik

**Finding the Magic in Mommyhood: How to Create the
Illusion of Sanity amid Raging Hormones, Sleep
Deprivation, and Diaper Rash**



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In the gaping cracks between our mommyhood targets and the messy reality, magic shines through. Therefore much legend, tradition, and everyday talk makes pregnancy out to be a magical experience. Locating the Magic in Mommyhood tackles unpredicted and also uncomfortable topics easily and humor to greatly help fellow moms dig extra deep to get strength, let alone magic in the moments when you resent this baby you're supposed to love, loathe your hubby, or shed yourself and want exclusively to find a glimpse of sanity . Regardless if baby's first solid food is usually pureed pear or . Sara knows, all over the globe, a mom is a mom is a mom. Locating the Magic in Mommyhood punctures those myths that learning to be a mom is all radiance and bliss and balances the hopes and dreams of each new mother and mom-to-be by delivering a roller-coaster of emotion and honesty to recast every breakdown as a breakthrough. . . and you also once again. She shares her tale of living in Dubai with NYC practices, a London-Lebanese mindset, and Palestinian perseverance to empower mothers everywhere to get the good amid the hard, discouraging, or overwhelming. Topics include the pre-preggo phase, pregnancy, and the first season of mommyhood, including how Sara modified when an X-ray uncovered her baby had hip dysplasia? a congenital misalignment requiring her to wear a brace. But there's no sparkle, no glitter and glamour when you need to pee 3,302 times per night time or are struggling to comprehend what each baby wail means. . . hummus.



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the only way through it! Loved the inclusive vibe, and the way the writer captures the concerns and self-judgment of the moments. I LOled my way through in two sittings! Hello new mum! Could not stop laughing essential read! There were many belly laughs, but also endearing moments where I got all the feels for the mom life.! For mothers or moms-to-be this is a must read. It's hilariously honest and really enables you to appreciate the ups and the not talked about downs. An excellent read! I can't wait for a sequel, pls. Finally a publication on motherhood that's relatable. Locating the Magic in Mommyhood feels as though a long heartfelt however hilarious gathering of your very best girlfriends. Necessary read! Readers will discover so many incredible ways Sara displays us how exactly to laugh at ourselves...Funny relatable real Such a fun read for most mummies! We often experience unfit or doubtful of our capabilities to do the most crucial job on the planet, but she reminds us of how no matter what kind of mom we have been, ultimately our instincts will prevail and our children will eventually grow up and be our favorite humans on earth. A refreshment to my mama-soul. Put your kids to bed, pour a glass of wines, and cuddle through to your favorite chair. Locating the Magic in Mommyhood is not to be missed. Genuine stories dripping with laughter, drawing us into the rawness of the huge job of motherhood we've been called upon. Locating the Magic in Mommyhood by author Sara Sadik is a good book for all moms to read. Regardless of first child or not really, it's fitting for all! Being a mom may be the hardest job on earth and it was refreshing to learn a publication that speaks the reality, but also reminds you to get joy in the trip of motherhood! Many thanks Netgalley and the publisher designed for a copy of Finding the Magic of Mommyhood in exchange for a genuine review. The effect is a one-of-a-kind wealthy tapestry of hilarity blended with the undoubted attempting times of motherhood. I laughed, I cried, We loved! The humor is indeed witty therefore true.! I would absolutely recommend this reserve! Well done! Loved the book!! The reserve deftly weaves the trials and tribulations to be a mum, a existence in Dubai, a Palestinian heritage and a Western upbringing. Great read for each and every mom! As a new mum, at times I felt alone in every the crazy feelings and experiences but reading the reserve produced me realise I'm not alone!! Locating the Magic in Mommyhood, is certainly a funny, interesting-and real-account motherhood! Grab it and make a new best friend! You are not alone! Such a funny, easy to read and heartwarming memoir of 1 mom's extremely relatable journey in motherhood. I loved it! An excellent book to read while breastfeeding or while your baby is definitely on his playmat.!! Awesome and honest Finally a mommy book to read in the center of the night time when u havent slept in 917 hours it doesn't make you feel as if you you have to start motherhood around! No judgy, hilarious and honest accounts of being an awesome mom regardless of what comes across your path.



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