

"I literally could not put this book down."

—WENDY BOSS, MD, Autism Society
of America Person of the Year

AUTISM *in* Heels

THE UNTOLD STORY OF
A FEMALE LIFE ON
THE SPECTRUM

Foreword by **NAVAH PASKOWITZ-ASNER**

JENNIFER COOK O'TOOLE

BESTSELLING AUTHOR OF THE ASPERKID'S SERIES

Jennifer Cook O'Toole

**Autism in Heels: The Untold Story of a Female Life on
the Spectrum**



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Autism in Heels, an intimate memoir, reveals the woman inside among autism's most prominent statistics, Jennifer O'Toole. And more often than we realize, that face is wearing lipstick. The facial skin of autism is changing. At the age of thirty-five, Jennifer was identified as having Asperger's syndrome, and for the first time in her life, issues made sense. Jennifer has been there, too. Her journey is among reverse-self-discovery not merely as an Aspie but more importantly as a thoroughly modern woman. It's a discussion starter. Beyond being truly a memoir, Autism in Heels is a like letter to all women. A casino game changer. From her own struggles and self-discovery, she has built an empire of empowerment, inspiring women around the world to realize they aren't mistakes. Whether it's bad perms or body image, sexuality or self-esteem, Jennifer's is really as much a human being journey as one on the spectrum. Because autism "looks a bit different in pink," most girls and women who fit the profile aren't identified, facing years of avoidable stress, eating disorders, volatile romantic relationships, self-harm, and stunted independence. Right now, Jennifer exposes the constant struggle between cautiously crafted persona and genuine presence, editing the autism script with wit, candor, interest, and power. Autism in Heels takes that message to the mainstream. And a firsthand accounts of what it is to walk in Jennifer's shoes (especially those iconic crimson stilettos). They're misunderstood miracles.



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