

**"ESSENTIAL READING."**

—David Nash, author of *52 Prepper Projects*

# BE A HERO

**THE ESSENTIAL SURVIVAL GUIDE  
TO ACTIVE-SHOOTER EVENTS**

Former SAS  
Warfare Officer

**JOHN GEDDES and ALUN REES**

Foreword by **DON MANN**

John Geddes and

## Be a Hero: The Essential Survival Guide to Active-Shooter Events



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Dealing with the unthinkable It' It can help them find the hero inside&#151; Be a Hero is the essential guide to terrorist attacks that may help you survive. He demonstrates how to create clear decisions and beat the odds by: Coping with fear through basic and effective techniques to bring the chemical substance urges generated by terror at least partially under control Escaping and evading when possible, using everyday objects and landmarks for safety Fighting back if needed, with solutions to disarm a dynamic shooter and to use items at hand as weapons Using a weapon in case you are licensed to transport, shooting to destroy without collateral damage or being recognised incorrectly as a perpetrator Providing medical attention to cope with traumatic battlefield injury and save lives This is not a book primarily for survivalists and &#145; What do you do? Who do you convert to? Then one time you hear the clatter of automatic fire at the mall. Former Special Air Support terror professional John Geddes will clarify how to cope with a life-threatening event. You have already been drawn into the chaos and terror of a dynamic shooter event.preppers.' Be a Hero is a reserve for ordinary men and women who could find themselves in the center of an extraordinary moment.s never likely to be you.and live to tell the tale.



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Authors Geddes and Rees offer a very interesting tutorial on the actions you can take to save your daily life and perhaps the lives of others in the event of an active shooter situation, bombing or various other terrorist attack. Excellent evaluation and answers to various energetic shooter/bomber scenarios. Written by somebody who knows what they're talking about. Without some training, you're basically a sitting duck. This book minces no phrases and provides easy to understand strategies that offer some expect survival. These are also being delivered as Christmas presents. Basic shooting emergency advice Advises how to proceed in an emergency shooting situation. This book is crucial for all those carrying a concealed firearm. It breaks it down and can be packed with good information... Even so, it's time to face specifics and realize that the likelihood of encountering a mass capturing event is something most of us need to consider. Not some theoretical security college teacher. This is actually the kind of reserve that you would like to read. It is a great product to hands .. If this sounds wildly inappropriate, think about milling around a crowded mall -- would your kids know what to accomplish if gunfire erupted? Five Stars Book and service were great! Seems great but I'm not sure I have the nerve. We'll find! Great Job! It breaks it straight down and is loaded with good information... Things to do and not to do in an Active Shooting event. Specifically interesting are reviews of major terrorist attacks in the last few years and lessons to be learned from them. It is an excellent supplement to practical training.. The title says it all.. Be a Hero and buy this book. Readable in a few hours with highlights by the end of each chapter. To the idea in extremely understandable layman terms. Downloading and reading this book is nobody's notion of a fun evening at home. I recommend this book to all interested in surviving an active shooter incident. Advises that you attack. HOW EXACTLY TO Escape The "PC Passivity Pardigm" Outstanding! Folks have been "trained" for a long time to become passive "victims": this text can help change all that. Straight Talk About Surviving Terrorism Life in the 21st century happens to be a time and energy to expect the unexpected. Timely Advice, OUGHT TO BE Amazon's #1 Most-Gifted Item! The authors don't mince words and phrases but tell it exactly like it is, offering recommendations from military training on how best to avoid the role of victim and refuse to be a sheep resulted in slaughter.. Be A Hero can be must-reading no matter where you live on earth.



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