


LIVING AN ARMED LIFE

A photograph of a woman sitting in the driver's seat of a car. She is wearing a dark jacket and blue jeans. Her right hand is holding a silver handgun, and her left hand is resting on the center console. The car's interior, including the door panel and seat, is visible in the background.

**A WOMAN'S
GUIDE TO
ADAPTING HER
CARRY TO HER
CHANGING LIFE**

LYNNE FINCH

Lynne Finch

**Living an Armed Life: A Woman's Guide to Adapting Her
Carry to Her Changing Life**



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Statistics from the US Department of Justice regularly statement that over fifty percent of most of violent criminal offense is perpetrated against unarmed ladies. Choosing when and where you can carry• While not every title we publish becomes a New York Instances bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers also to authors whose work might not otherwise look for a home. In Living an Armed Lifestyle, NRA instructor and author Lynne Finch lists and explains expert tactics to help prepare women to protect themselves throughout their lives. Finch deftly covers dozens of topics pertaining to defending yourself as a female, with chapters on:• Whether you are section of this demographic or you possess someone you care about who is, have you got an idea for when risk strikes? How to carry (both on and off the body)• Discerning when so when not to shoot• Arming yourself as you age• The effects of fear and adrenaline on your mental stateFinch' We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing capturing, hunting dogs, and even more.ll prepare yourself when it does.who's looking to understand how best to defend herself. Unfortunately, you won't ever know when danger is about to hit, but after reading Living an Armed Existence, at least you'from the young college student to older people grandmother— Skyhorse Publishing is proud to publish a broad selection of books for hunters and firearms lovers. We publish books about shotguns, rifles, handguns, focus on shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival.s text can be an essential read for each woman— Are you aware how exactly to defend yourself against strike or assault?



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Practical Protection For Today's Times Because the daughter of a military officer and Deputy Sheriff, I was raised with firearms and the fantastic feeling of responsibility that comes with their safe and sound and intended use. Actually having quite a few years knowledge (like my parents I adopted into a law enforcement degree field) I found this book contained a wealth of good info. Some people would just as soon close the blinds and pretend the chance does not exist. Nevertheless, you simply look at a few law enforcement blotters and missing person's reports to truly get you thinking about the dangers that women carry with them, the hazards that men bear simply by strolling on a predator's turf. Surviving in a big city I came across the section on traveling with a defensive mindset invaluable and am recommending that all the young ladies in my family read that. The very thought of physical threats is by no means a nice one. It is so much more than a "deal with a firearm securely" or "firearms for newbies" as there are dozens of books out there like this. Living an armed existence is about how not really to be considered a victim - be it at a mall, in your vehicle, in your home, skills that are not limited to women, but to anyone. With careful description and photographic demonstration the author, a highly experienced firearms and self-defense instructor, will show you into a mindset that's not paranoid or aggressive, simply defensive, skills we all need in today's world, whether we carry a firearm or not.



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