



BUSHCRAFT FIRST AID



A Field Guide to
WILDERNESS
EMERGENCY CARE



— DAVE CANTERBURY —

New York Times Bestselling Author of *Bushcraft 101*

& JASON A. HUNT, PhD

Dave Canterbury

Bushcraft First Aid: A Field Guide to Wilderness Emergency Care



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The authors' Away in the woods or on top of a mountain, right now there's a go-to first aid resource for anybody headed into the woods. years of encounter and training can help hikers and backpackers deal with a number of emergency circumstances, from cuts and burns to damaged bones and head accidents. Bushcraft MEDICAL teaches you how exactly to be your very own first responder. From wilderness expert Dave Canterbury and outdoor survival instructor Jason Hunt comes another installment in the brand new York Times bestselling Bushcraft series—s no calling 9-1-1. You'll also learn what things to pack and how to make bandages, dressings, and slings at a minute's notice. As bushcraft experts, Canterbury and Hunt clarify how to use plants as medicine to take care of various conditions. Bushcraft MEDICAL provides the lifesaving information you need to keep yourself as well as your fellow hikers safe on the trail.



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