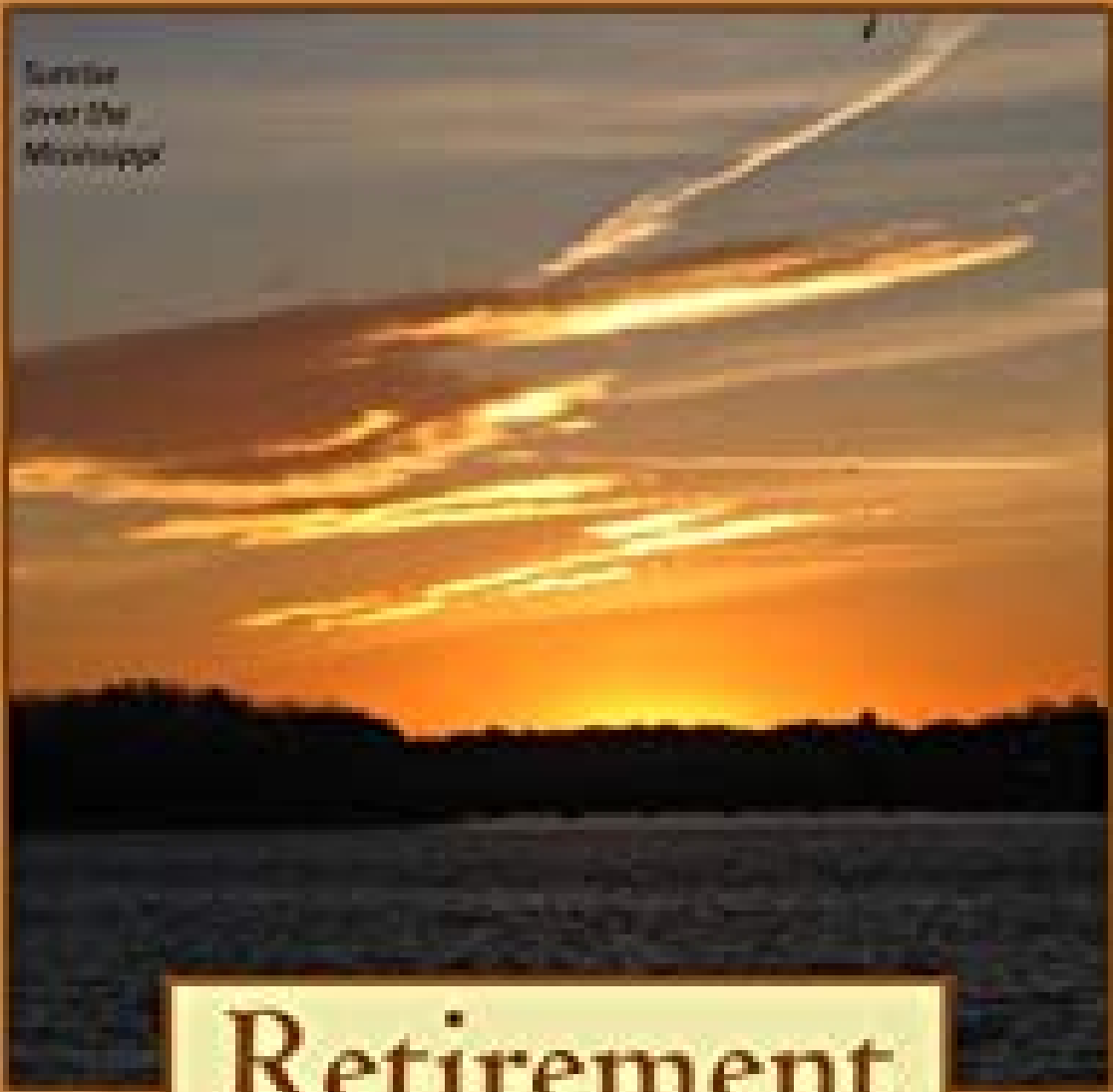


Sunrise  
over the  
Mississippi



# Retirement Sucks

A GUIDE  
FOR MEN

by FRITZ FUHS

Fritz Fuhs

## Retirement Sucks: A Guide for Men



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Retirement is the culmination of the American Dream. It is a highly anticipated time in life and many people spend much of their working years planning and preparing financially because of this next phase. It can help them enjoy their journey and cope with societal pressures, anticipations, loneliness and other feelings that can accompany this extremely anticipated amount of time in their existence. And for many, especially men who rooted their identity in their work, retirement can be a lonely, irritating time. Fritz Fuhs retired at age group 62 and wrote this book over an interval of 20 years to help others who could be having problems adjusting to pension and a new lifestyle. That is a reserve that guys at any stage of their pension or planning can relate with and find out from. So that it was only natural that when he retired he wanted to continue steadily to help others by posting his own encounters. As a counselor, father and spouse, Fritz spent much of his life helping those around him deal with day to day challenges and major lifestyle adjustments. But very few end up ready emotionally or actually when the big day comes.



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, Grand parenting, but so far as the name, sorry, nothing "sucky" concerning this book This guide is very personal and readable..e. This guide is quite personal and readable. I believed there would be a ton of negatives for the author. He did an excellent job and touched on some delicate problems, i..He did an excellent job and touched on some sensitive issues I felt the publication was informative and interesting. Excellent guide. I've read many retirement books.however, "retirement sucks" is misleading . Five Stars Superb advice for a bored, retired man.



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