

rainbow bellies



A Story to Help Children Cope with Food
Sensitivities and Intolerances

Written and Illustrated by
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Mrs Nadine Thomson

Rainbow Bellies: A Story to Help Children Cope with Food Sensitivities and Intolerances



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Children will be drawn into the world of creativity through the beautiful photos of Kaia Rose, a Waldorf Motivated Doll, and various other handmade items. She's to find, with just a little help from NATURE, what her rainbow foods are to greatly help her belly, and herself, be happy again. The primary character Kaia Rose has a sad stomach. Rainbow Bellies is a healing story for children dealing with meals sensitivities and intolerances. The publication encourages children to find their very own rainbow foods to help them shine, such as a rainbow.



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wonderful! Helped my daughter to feel that she had not been alone on her journey with food allergy symptoms. Every child (and adult) should examine in my opinion. Considering my rainbow belly! After scanning this children's book I began to question what food is most beneficial for my belly! The reserve explores the quest for individually suitable meals explained in simple descriptive techniques children can understand. Well done! I highly recommend this book. This book is an extremely sweet and short book that my baby can relate .. Great motivation for both children and adults towards a healthier life. This book is a very sweet and short book that my baby can relate to due to her many food allergies. It's difficult to find stories concerning this topic directed to children and the photos are wonderful. A creative story with beautiful pictures: the magic of nature comes helping our little ones making use of their tummy troubles. As my cld ages it's getting harder and harder to discover her need to avoid so many foods at group occasions. I'm so pleased to have found this book so she has something to relate with.. A creative story with beautiful pictures: the magic of nature comes assisting our .. My child includes a similar doll so she really likes them.. The dolls and accessories made from wool are beautiful props in the reserve. Great resource Great resource for just about any parent who has to face these challenges - highly recommended!



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