

**LORRAINE WHITE** 

## Lorraine White

Homemade Foot Spa: 48 All Natural Foot Scrubs, Foot Soaks, Foot Creams & Heel Balm Recipes: For Tired Feet, Dry Skin, Foot Odor & Other Foot Problems (All Natural Series)



Treat the feet to probably the most nourishing and healthful foot spa treatments right from the comfort of your home. This is just a small sample of a few of the recipes in this book: \* Foot Scrubs Soothing Tea Tree Feet Scrub Muscovado Feet Scrub Simple Strawberry Feet Scrub Choco Foot Scrub Caribbean Spa Foot Scrub \* Feet Soaks Luscious Lavender Foot Soak Rice Foot Soak Emergency Feet Reviver Calming Chamomile Feet Soak Apple Cider Uinegar Feet Soak Forget Fungus Foot Soak Aching Feet Foot Soak Dead Ocean Salts Soak Smelly Feet Foot Soak \* Heel Balms Rich Coco Back heel Balm Lavender Heel Balm Honey Orange Back heel Balm Organic Olive Oil Heel Balm Shea & Lemongrass Heel Balm Tea Tree Back heel Balm If you wish to have lovely gentle problem free ft and learn a bunch of quick and easy quality recipes, scroll up and click to get. Set up a simple foot care routine today. In this reserve I am providing you 48 of my best quality recipes for foot scrubs, feet soaks, foot creams & back heel balm recipes. They are super fast and simple to prepare and with prolonged make use of will have the feet in tip best condition very quickly at all. Tags: feet care, foot spa remedies, homemade foot scrubs, foot soaks, foot creams, heel balms, foot odor, foot problems, dry skin treatment, tired sore feet



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