



Chance to Change

A Midlife Resurrection

AMY THORNTON

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Chance to Change: A Midlife Resurrection



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Acclaimed artist Amy Thornton weaves collectively memories from her Baby Boomer childhood with current-time discoveries to reveal a groundbreaking yet remarkably simple method of reinvention and renovation from the within out." This publication is a wonderful fusion of basic wisdom, imaginative insights and creative consolation around the trip into the second half of existence, Chance to Change sheds a welcoming bright light on the chance of getting into middle age group. May her creative words and tales inspire others to check out their soul's song and live a lifestyle of loving kindness – towards themselves and others. Wayne Dyer (Dad of Inspiration) writes for Chance to Change: "I'm happy to be included as you of Amy Thornton's mentors.Dr.



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Instead of wallow in self-pity, Thornton provides her abilities as wordsmith, artist, and graphic designer to talk about her inner--and outer--resurrection. Amy does this effective work of weaving her encounters into insights and spiritual lessons for all those. She opens the personal publication of her life experiences to show how she transforms setbacks and self-doubt into joyful insights and divine celebrations. Her story makes me look within my own lifestyle in a different aspect. turning items around through the Opposites Game; and the IS Questions checklist toward the finish of the reserve. I'm envisioning positive ripples emanating (Aynating) out from the energy of this book and into the lives of so numerous others! The Art, the Book and also the author!. Highly recommended." I am surprised how Amy Thornton simply pulls us in and opens . The initial chapter simply grabbed a hold of my curiosity, and I could not really put this book down. Amy has created an excellent road map simply because she calls for us through a journey of conscious midlife living. Amy's message of creative inspiration comes to us in a beautifully provided package filled up with rich phrase crafting and visual influence, greatest embraced one chapter at a time, one insight at the same time... Personally i think like I am considering a family history on a patch quilt organized before me. With rich insights and colorful tales, Amy Thornton brings an infectious enthusiasm and encouragement to the rich potential found in reinvention. I especially linked to the idea of honoring not only our spiritual selves, however the energy of our ancestors that is always surrounding us; Her innovative mind amazes me. Amy brings us in on her journey through lifestyle and makes the reader a part of it. Amy shows us right now is the greatest time for your very best Chance to Modification. A genuine artist expanding her vision from paint to phrases, keep writing Amy, I can't await the sequel! Filled with creative and encouraging insights, CHANCE TO IMPROVE is a must-read for anyone facing any type of existence crossroads. Amy Thornton can be an extremely talented artist whose existence story will resonate with many.. Sue Allen, Director of Allen & Highly recommended. "Amy Thornton has beautifully applied her gifted artistic background and crafted a most . Definitely Stunning command of words! Patrick Soran, Editor, Creative Thought Magazine Powerful, Shifting, and an Entertaining Read Tonight We had the pleasure to meet first-time author, Amy Thornton. "Amy Thornton offers beautifully applied her gifted artistic background and crafted a most exclusive and thought-provoking book, Possibility to improve: A Midlife Resurrection. I am amazed how Amy Thornton just pulls us in and opens her existence up through the soul and eye of a genuine artist. The V-inspired photography at the close of each chapter celebrates the deeper layers of awareness available to us through Amy's creative journey."— Carl Studna , Visionary Photographer and Award-winning Author of Click! Choosing Appreciate, One Frame at the same time "Chance to improve: A Midlife Resurrection" Will Change Your Life "Chance to Change: A Midlife Resurrection" is a book with so many fresh and creative ways to expand consciousness that it has its own glossary. Author Amy Thornton recreates vocabulary and uses it to recreate her extremely self. Amy Thornton has taken a center-of-life crisis and spun gold from it. Playful, insightful and candid story of transformation! A fast-paced exploration in to the brain of an extraordinarily creative person, "Chance to improve: A Midlife Resurrection" takes us on a journey of self-recreation loaded with brilliant art and much more brilliant phrase play. Dr.. She sparkled with excitement once we listened to her read excerpts from her publication and describe her thought process while she wrote this amazing function. I laughed inside as she explained a degree in "Stuff Management". Don't most of us deserve among those?. She has distributed to honesty and integrity her very own development and helps her visitors find their route through her writing. That is a fantastic read and a beautiful book. Thank you Amy for employment very well done. "Chance to Change presents many keys to opening the doors . I examine a preview copy of CHANCE TO CHANGE months ago but still vividly recall the tales it relates from Amy's childhood, and also the telling scenes from her adult journey to a more complete degree of self-understanding. Amy Thornton writes in a method that is truly original. "Chance to Change gives many keys to opening the doors of transformation. To seriously reap its rich benefits, this book ought to be

savored and study period with space to reflect and integrate its seemingly simple wisdom. Amy Thornton shares a powerful tale of reclaiming personal power that can result in a rich and aligning sense to be.” – Carol Ratcliffe Alm, Executive and Personal Trainer, Business Strategist, and Presenter How exactly to Turn Your Crappy Days into Rich Compost and Grow Your Dreams “Amid the ‘Thorn-isms’ lie the roses. Thought blooms such as pay attention not merely to WHAT you think but The method that you think, or remember to define what having This means for you, and the fabulous idea of Revirement. Amy Thornton digs deep into her inner garden and wants you, her reader, to reap the harvest ... weeds and all.” – Karyn Ruth White, Motivational Speaker, Comedian and Author of Dream Droppings: How exactly to Turn Your Crappy Days into Rich Compost and Grow Your Dreams. Beautiful! A great read!. I love this book! Really causes a desire to accomplish some deep reflection, and provides a few guideposts to help the journey. Amy Thornton writes in a method that's truly original ... Her creative term play, honest self-reflections, and cameo storytelling combine with the luscious illustrations to sweep you with her on her behalf personal trip. The decluttering chapter made me laugh hard; other parts moved me; the complete work is normally a quirky narrative spiced with wisdom and clean insights. The book can be a tsunami of tips all aimed at assisting us navigate the waters of life. The chapter on streamlining one's life from what truly matters can be a treasure trove of inspiration alone. Associates



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