

New York Times Bestselling

Deliciously Ella

Natural Feasts

100+ Healthy, Plant-Based Recipes to
Share and Enjoy with Friends and Family



Ella Mills

Natural Feasts: 100+ Healthy, Plant-Based Recipes to Share and Enjoy with
Friends and Family (Deliciously Ella)



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Forget about wondering whether certain dishes go together or ways to provide delicious, plant-based foods that won't leave your guests craving what isn't good for them, Ella makes life simple with her menus— She'Internationally bestselling writer of Deliciously Ella, Ella Mills offers a lot more than 100 exciting, accessible recipes to show how clean, gluten-totally free, plant-based eating may be the perfect way to entertain friends and satisfy your guests.whether you are planning a laid-back again brunch, a last-minute lunch, or a fancy dinner, she has it covered with hearty dishes that celebrate her organic eating philosophy. This beautiful book also showcases more than one hundred full-color photographs, beautifully illustrating that clean eating and entertaining are a ideal match. When conventional medicine failed her, Ella overcame a uncommon, devastating illness by switching to a plant-based diet. Without formal culinary schooling, she started developing her own dishes and running a blog about her journey. She inspires people.for themselves and their family and friends.In Normal Feasts, Ella Mills makes it simple to prepare delicious food for you, your friends and relations, for any event.s approachable. She' Now Ella shares her personal concepts and recipes for every foodie occasion, from cozy nights by itself to easy kitchen suppers, flavorsome feasts, birthday celebrations, picnics, and mocktails and cocktails. Deliciously Ella with Friends is the go-to book for anyone who would like to make simpler, healthier food choices—s a self-taught cook.



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