

# SIMPLY CLEAN

*The PROVEN METHOD for*  
KEEPING YOUR HOME ORGANIZED,  
CLEAN, *and* BEAUTIFUL  
IN JUST 10 MINUTES A DAY

BECKY RAPINCHUK  
*Founder of* CLEAN MAMA



Becky Rapinchuk

# Simply Clean: The Proven Method for Keeping Your Home Organized, Clean, and Beautiful in Just 10 Minutes a Day



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From the cleaning and homekeeping professional and creator of the wildly popular Clean Mama blog comes a straightforward and accessible cleaning guide with a successful step-by-step schedule for tidying a home in just ten minutes a day. It does not have to worry or stress when lifestyle gets in the way of cleaning - Step-by-step tutorials for speed washing hard-to-clean spaces - Dozens of recipes for organic, environmentally conscious cleaning supplies - Many of Becky's no matter how messy you might naturally be! It has enough time, organizational abilities, or homemaking practices to maintain a constantly clean and decluttered liveable space. realizes that many people don't In Merely Clean, Becky will help you effortlessly keep a tidy home and build practices to become neat person Clean Mama," Just Clean features: - A 7-Day Basically Clean Kick Start and the 28-Day Just Clean Challenge, to turn cleaning from a chore into an effortless habit - A designated catch-up time, so you can Becky Rapinchuk, the "s famous checklists, schedules, and habit trackers Regardless of how big your home or busy your timetable, the Simply Clean technique can be customized to suit your life. It really is possible in just ten minutes a day, you can create a cleaner, happier home.



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Great Baby Shower Gift I've recently purchased many books to greatly help me manage my chaotic life. The writer acknowledges this at several points, saying things such as "If you can't finish in 10 minutes, simply set the timer again and do another ten minutes. I contacted the writer and asked if there is access to a digital file of the checklists, I was presented with a very short reply that there have been no digital files designed for copyright protection reasons. (It has been heading on for years btw.! This book really helps address the washing issue I have. Side note - Buy this publication for your new mom friends, thus they don't end up like me because we specifically remember sitting down in my clean living space with fresh vacuum marks when I was pregnant with my first. EASILY had known then what I know now I believe I'd still have them. This book has helped me connect some cleaning concepts that I lacked understanding. I love the scheduled washing idea, therefore I am not really busying myself performing something I understand I'll do on Tuesday etc. I don't need a "proven-method" to separate different cleaning duties into different days. So when my doorbell rang last week I could let someone in. I am one of those who enjoy washing because I like the feeling of a "job well done" and also put plenty of value into performance. I have bought and examined many books on firm clutter, and the mess but I simply could never get ahead. I really like that everything is on hand now and I can carry it from room to room very easily. I also made room under my bathroom sink therefore I can get to it quickly, without shifting anything or cramming it in, lol. We'd friends over two nights ago and it had been the very first time in a while that people did not need to lift a finger to completely clean for their arrival. Get some!) I am for the reason that trenches time of year as an operating mother with small toddlers, so my home by no means \*seems\* clean because there are aaaaayss toys, clutter, and "actions" piles around. After a recent move that allowed me to declutter, I was motivated to get my home and my life in order - both with regards to how tidy it had been and how clean it was. I got several colors for different surfaces. The number one tip though may be the clutter. The mess. She usually starts with mess removal because - it's hard to clean with clutter around. Clutter removal takes a lot of time (for me anyway) and fully getting it out of the house to donate may take several days. Yes it does have some things I've read in additional books but it has made it so clear if you ask me I never want to go back to a messy home once again. The "big idea" of the book is to get your house to a clean point, then use the schedule to keep it like that. All the stars! But I believe once I get it there, I can keep it with her suggestions and schedule. but found that there was no good way to copy and printing her lists-necessary to complete ... Buy the book version! No more scrambling to completely clean when someone is coming over, no more cleaning for hours at the same time. Now about the book itself: a lot of people have been providing the author grief because the information isn't "fresh" or "groundbreaking. Recommend this book and this method. I've followed clunky systems of index cards and large notebooks that only enhance the mess and overwhelm me. I've read other washing books by authors who claim they aren't naturally neat freaks. We were holding necessary to help me feel better about myself, however they weren't great at assisting me actually get clean. And the purpose of this book would be to teach! This system is easy, and makes so much sense. Wonderful, witty, practical, and very doable. One important note: this book is about CLEANING not ORGANIZING. You can find just a couple cursory paragraphs specialized in decluttering. In case you are beginning out with a whole lot of clutter, you may try FlyLady or Maria Kondo initial. Love it! It has transformed my entire life since reading it. Vacuuming only would take more than 10 mins. Depending on your relationship with someone I think this publication would make a great gift to someone who is definitely buying their first home or moving out on their own for the first time. I first bought it in Kindle form, but found that generally there was no great way to copy and print her lists-necessary to full her program. When there is one cleaning reserve to possess - it is That one! We are currently DINKS - which means "double income, zero kids". You'll think minus the busyness that kids bring to your daily life, we would have plenty of time to keep the house clean. I recommend it to all or any of my friends. positive method of cleaning is excellent! The

laundry in the basket for the weekend. The mopping for later. The vacuuming for never. You get the picture. We became specialists at the 30 min quick clean before friends and family would come over! I discovered the Clean Mama website and suddenly felt a small amount of inspiration. The most severe that may happen, is you right now own a clean looking publication for you to keep in your messy house! Let me tell you, this thing WORKS! My wife and I have been following this cleaning routine for approximately 2 weeks now. Among the best things I learned from her was the magic of microfiber cloths. It was a great feeling. Becky do a very important thing here in fact it is safe to state that we are becoming fans of our day to day and weekly cleaning tasks. In case you have any doubt that you could keep your house clean, buy this publication and give it a go. I experienced that if we basically give this Just Clean routine a go, we just might have the ability to keep the house clean. I also like this it provides cleaning charts also to do lists. I was so depressed with my home I possibly could hardly function. We made a pretty cleaning caddy in my own favorite colours as she suggested. Her simple, positive method of cleaning is brilliant! This book was just what I needed. Like everything Clean Mama puts out. I took baby guidelines and today my house is needs to get together and I am staying on top. I wanted to have copies of the checklists to create around a few of the rooms in my house when I was getting started so that I could just look at the checklist and not have to carry the reserve around with me from room to room and mentally check off items I completed. I found her internet site and bought the publication in error I thought I was going to just get a sample. It's great to start on a Fri with the mess removal. I also like that she explains the most efficient way of cleaning factors - like mirrors. We would leave the laundry in the sink for "tomorrow". I'm beginning my 7 day start right away .. Then I went back through and reread while placing the practices in to place . I am a enthusiast of the Clean Mama blog and anxiously awaited this publication, that i pre-ordered. My kids had been grown but I still couldn't get on top of the mess." Actually I could sit down and write out how to do that. Good concepts, but book will not facilitate application I liked the ideas of the book, but BIG Caution if you are a hands-on person who likes actual checklists (and, you know, likes to Utilize them instead of just appearance at them or consider them)...this book contains some awesome checklists but they are NOT AVAILABLE TO USE!! My husband has noticed a big difference and is currently doing better at managing a few of his stuff. So why is my home never clean? Practical and realistic Life changing book! Today, on her blog, the writer has several checklists open to use, but not ones that match the types in the book, which appears like a major insufficient continuity or maybe she needs a fresh edition for the publication or something. What I like most about it is definitely that it's useful and doesn't overwhelm you with daily chores. It's got a very relaxed way of helping it's reader create a detailed however easy cleaning routine. Fantastic I found out concerning this book totally by accident. Another plus is definitely that it doesn't make one feel like you need to go purchase a bunch of corporation and cleaning materials at the container shop or target to perfect your home firm and cleaning routine but instead provides you tips on how to use what a lot of people already have in the home. Excellent! Great book Excellent book that has helped me tremendously I am a mom of three children, and like most busy moms, I struggle with keeping the home clean. I have a tendency to clean in spurts, and while we have times where the house looks awesome, quite often, the home is in a little bit of chaos, and I regularly am extremely behind on either laundry, or some major cleaning job like bathrooms or dusting. Life changing. This book is ideal for people like me, who would like to keep a more tidy and clean home, but can't really appear to get on top of it with how busy life is. I will warn everyone that this cannot really be done in 10 minutes a day because the cover/title suggests, especially if you have very young kids who are producing messes quickly, and you are not able to help clean up. But also for me, the methods she describes can easily be done within an additional 20-30 minutes, "additional" meaning in addition from what I was carrying out to regularly maintain my home before scanning this book. Got It! Several charts (2 or 3 3 pages only) and you're good to go." However the hallmark of a great teacher is to discover a way to explain something in a way that

make sense, not to invent new info. I got the digital copy to transport with me. I am still looking to get it cleaned! I love this publication! I purchased this publication by the end of 2017 so I would have it ready to go for 2018. I acquired a 1 1/2 year aged and a baby due in April and required a better cleaning routine compared to the one I currently had ( cleaning one room a day ). My home never felt enjoy it was all clean at the same time . When I received the reserve I took my period and browse the whole factor and produced some notes .. This book is fantastic at getting your house back again to ground zero so that you can start clean . I've been able to keep the cleaning routine in place for the last 10 weeks with a toddler and an infant . Every quarter I really do a quick home refresh with the book and that has also helped. Her routine provides helped me keep a clean home consistently. But for some cause, we couldn't. This will definitely take more than ten minutes a day My biggest grievance has been the title, which seems to be almost deliberately deceptive This program will definitely take more than 10 minutes of your time each day. For example, you're likely to do daily habits such as decluttering and the laundry, and perform daily task such as vacuum all of the carpets inside your home every day. this book is an excellent way to get started with her methods if you are overwhelmed by how exactly to get/keep your home clean. I don't get back and take a seat on the sofa and do nothing at all, I am continuously picking things up, cleaning, cooking, etc." The 28-day challenge was also pretty pointless. The one-sentence overview is, "Break down all the tasks involved with deep-cleaning your house, then spread those tasks over 28 days. I'm starting my 7 day start immediately and even just flipping through the publication in the morning the past few days I am feeling invigorated about my cleaning routine and ready to implement a better system. "Let it go" mentality. Moreover, the task sometimes targets some quite trivial cleaning tasks, such as washing the breadcrumbs out of your toaster and vacuuming base-boards. If I'm reading a cleaning-reserve that advertises itself as a "10-minute a day" publication, do you consider I have time to be worried about such little washing duties?



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