

"Reading this book is like having a good friend look you square in the eye and say, 'The time to be brave is now.'"

—BRENÉ BROWN, Ph.D., LMSW,

author of the #1 New York Times bestsellers *Daring Greatly* and *Rising Strong*

*The* **7** CHOICES *to*  
IGNITE *a* RADICALLY  
INSPIRED LIFE



ON  
FIRE

JOHN O'LEARY

John O'Leary

## On Fire: The 7 Choices to Ignite a Radically Inspired Life



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In the bestselling tradition of Brene Brown's 'The Gifts of Imperfection', the insights he obtained through this encounter and the heroes who stepped into his existence to greatly help him through the trip—his Existence Without Limits comes a rousing 7-step plan for living a existence on fire, filled up with hope and possibility—from an inspirational speaker who survived a near-fatal fire at age nine and now runs a successful business inspiring people all over the world. When John O' changed his lifestyle. With burns using one hundred percent of his body, O' his family, the medical staff, and total strangers—his Daring Greatly and Nick Vujicic's Leary mustered an almost unimaginable amount of internal strength merely to survive the ordeal. Leary was 9 years old, he was almost killed in a devastating home fire. His power and incredible spirit shine through on every web page. An incredible and emotionally honest account of overcome tragedy, On Fire consists of O'Leary's reflections on getting that little boy, the life-giving options produced then, and the resulting lessons he learned. O' Empowering, inspiring, remarkably honest, and heartfelt, O's purpose. On Fire encourages us to seize the power to choose our path and transform our lives from mundane to amazing. Once we stop thinking exclusively on the big occasions inside our lives, we can commence to concentrate on those smaller possibilities that tend to move us by. These are the events—the inflection points in our lives—that can regulate how we experience life now, where we are headed later on, and how many lives we are able to impact on the way. We can't Leary Leary extremely clearly shares that minus the correct people providing the proper guidance, at the proper time, he never would have made it through those five a few months in the hospital, let alone the years that followed as he struggled to regain mobility, embrace his story, and ignite clarity of his life. It's not always choose the path we walk, but we are able to choose how exactly we walk it. Today he is committed to living lifestyle to the fullest and inspiring others to accomplish the same.



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100% Raw, Authentic, and Real 100% Raw, Authentic, and Real John's book reads just like you are sitting across a table with him, listening to him share his stories with you first hand. I'd call this publication life-changing, for sure. Instead of my mind getting overwhelmed with how unpleasant my encounter was, I've actually started thinking of who was presently there for me, who helped me, and how I can help others. I actually'm not typically an emotional person, but We teared up scanning this book. The other life choices are simple, just as an easy task to embrace and also have also impacted my life for the better. I bought it as a publication to energize me for a current project, and it energized me alright, but for life! Receiving a smile back makes for happier day time for both myself and the recipient. I shed many tears, of sadness and joy, as I read his tales. I empathized significantly with not merely John, but so lots of the various other heroes of his story. Must read. I cannot recommend this book greatly enough. It really is exactly what you will need, regardless of what you 're going through in existence. It will help to provide you with hope, to upgrade your daily life, to see factors through a new lens, and to want to do it. I am grateful that John discovered the courage to talk about his tale with me, and all of those other world. You have to grab this publication so that you can discover why. Amazing book!" or questioned your purpose. I was crying & laughing throughout the whole book, and I must say i feel inspired. The author can be an amazing success tale and the trials he offers tackled, inspire me to keep pushing forward and be a more powerful person and live a life of purpose, like, and interest. I would recommend this reserve to everyone, but specifically those that feel like they are "stuck" or have to make a confident shift within their life. Looks like a good book to read Looks like a good book to read! Since meeting you the other day at The .... Just what a great browse! Since meeting you last week at The Concentrate Marine Basis and having browse your book. I've read this book and make an effort to follow the 7 life options promoted whenever possible. Thank you so much for everything you do. Our Country could use a few more John O'Learys. I loved this book! A must read book!. I haven't said that in years. I highlighted many messages while reading the publication which I plan to revisit on rainy times. I love the message that we can in fact step outside our very own challenges and make a difference in the lives of others in often times probably the most simplest of ways. I had the nice fortune to hear John speak last year in Long Beach at a Home Treatment conference. I am very wary of motivational audio speakers, but his delivery, story and sincerity touched me. I have to admit I now look at life completely different and wake up each morning with a fresh attitude. I recommend reading both books. That is your reserve! It provides reignited my entire life. The one I love the most would be to state hello, smile, acknowledge and talk with passerby's, store assistance and folk I come across daily. Well friends, this book isn't something you wish to miss. Amazing True tale! Some would even state I am a cup full guy right now. This book continues on my list of "strongly suggested" life-changing books. Having fulfilled the person at a youth conference where he delivered a riveting speech, I've followed his work ever since. His brother, his sisters, Nurse Roy, Jack Buck, his parents, his therapists, etc. All age groups. How to pick to live. It reminds me of a book a college would require freshman to learn over the summer before the first day of class. They might then discuss the reserve during orientation. However it is appropriate for any age group. Grandparents, parents, university and high school students. With therefore many " Debbie downers" on earth it can be great to learn an uplifting "choosing to live" publication. I looked ahead to reading each chapter knowing it would have a new theme different from the prior chapter. She nearly fainted. Life Lessons Woven right into a Life Story I had the fantastic fortune to meet up John at a friend's house this past year. I finally ordered his book to read throughout a speaking trip and I came across myself enjoying every single page. It's uncommon to locate a book like that! I'm sure I'll read it once again. I especially like his lessons about dread and how exactly we can exchange them for love. This book came at a point in my existence when I needed it the probably the most. I am extremely grateful for what I've, and have returned to my glass half full personal of old. The story is usually compelling, heartwarming and an psychological roller coaster. I laughed, I was amazed, I said,

"Oh, my gosh" more than once, and I cried a good deal from joy, like, and inspiration. I will admit I also cry in movies and at Hallmark commercials. This is a book I will read again! Because of John O'Leary for by no means giving up!! Many thanks, Mr O' Leary for sharing your amazing story and for inspiring me!.. This is among those books that I understand I will read again and again, when thoughts of a previous car accident flood my mind and I'm tempted to have a pity party for myself. I was ecstatic when I noticed his story was being captured in a reserve and couldn't await it to debut. It really is too an easy task to feel victimized every day due to a traumatic past encounter, but to view it through new eye- through his eyes- gives me fresh expect tomorrow. He desires you to be relocated by these tales and he desires you to make the 7 options to radically inspire you. He speaks with total honesty, vulnerability, and authentic care for you. Inspirational and amazing story This is one of the best books I have ever read. It's problematic for me to assume someone scanning this book and NOT being inspired! I've read it twice and have bought multiple copies as presents. John weaves many lifestyle lessons into his story. It is too an easy task to feel victimized on a daily basis due to . Inspirational! John experienced so much. Therefore many great lessons to end up being learned from him and the countless people he offers encountered. Doing so has significantly improved my life. Need motivation? They're simple, obvious, but so often overlooked. John brings reality to life in his book. With transparency in his struggles, he allows visitors to learn they are not by yourself. And then he challenges them to rise above as he reminds us it's "not really about me." Get Ready to Be Moved. John, I just finished your book and gave it to my partner yesterday evening. I told my wife Jan, of 45 years that I cherished her last night. He desires this to happen to you because he really lives his words...many times. To say that John O'Leary's story is inspiring just doesn't perform it justice. After I read this publication I read Overpowering Odd that his parents wrote. A definite must examine for anyone who provides ever wondered "Why me? This book takes you on an emotional journey to wake up and live life. And lastly, this takes guts! I never write reviews but I am compelled to create one for this book. This is a quick and compelling read. If you are looking to be inspired or reminded how little actions on your own part can have huge impacts on others, go through this book. This is a tremendous book. Just what a great read! Loved this book! Incredible attitude & exceptional points on reframing & learning through adversity. I came across this book extremely inspiring! I enjoyed it ? So Inspirational!!! Also, thanks very much for your support of our Fight Veterans at the the FOCUS Marine Foundation. I really like the genuineness of what John shares! Denny Leary President Gateway Warrior Foundation This book returned me to my former positive self. I really like that our challenges may be used by God to reach out to others. I would suggest this book to anyone but specifically for those who may be feeling defeated by their issues!



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