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First-Year **Baby Care**

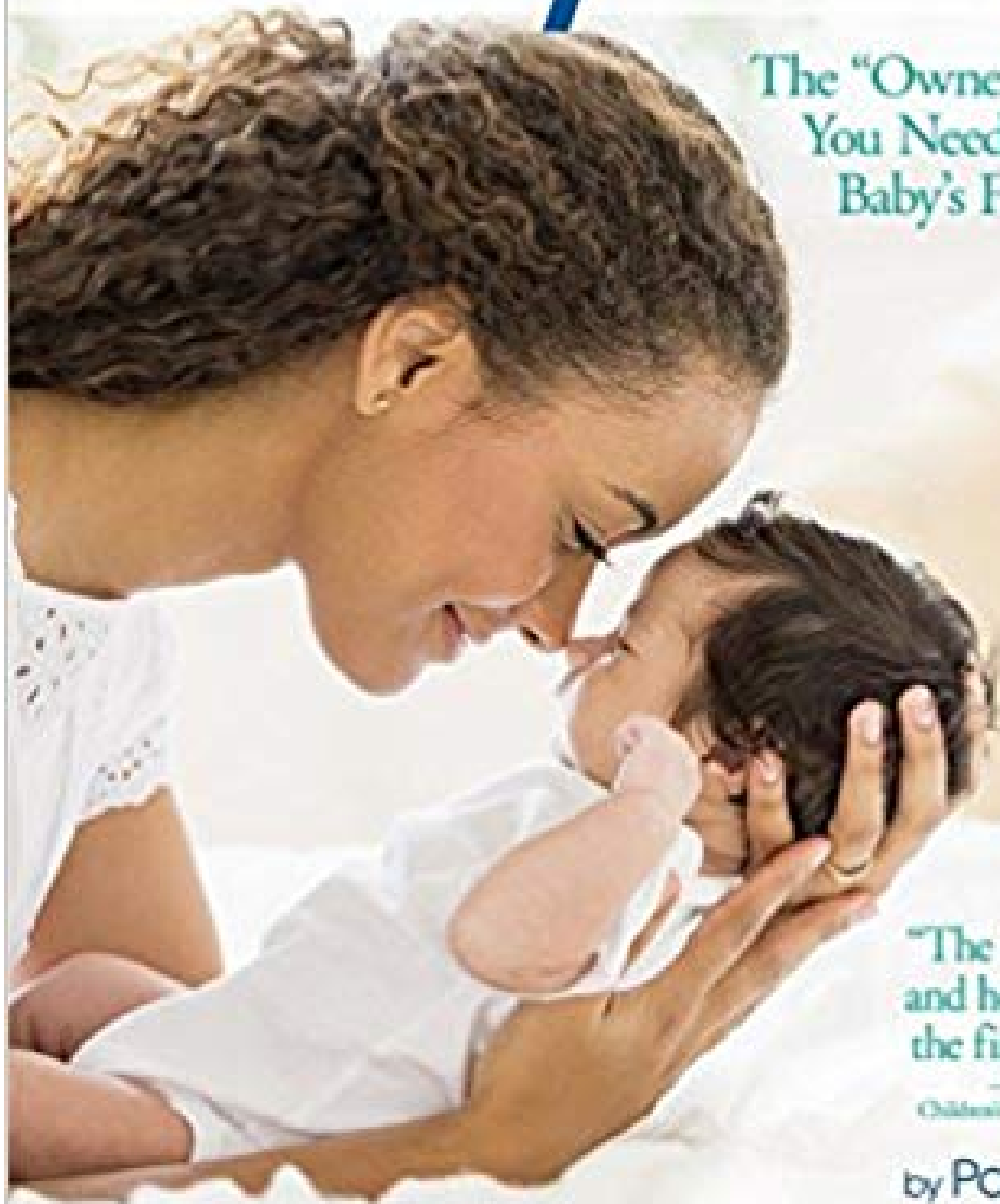
Revised Edition

The "Owner's Manual"
You Need for Your
Baby's First Year

"The most accessible
and helpful guide for
the first 12 months"

—Mick Ensig MD
Children's Health Care of Minnesota

by Paula Kelly MD



Paula Kelly

First Year Baby Care (2016): The "Owner's Manual" You Need for Your Baby's First Year



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t Come with Instructions...Infants Didn't Until Now! Keep this easy-to-use reserve handy, to get the most recent medical advice whenever you need help's first season. It offers up-to-date medical information to help you through your baby's first season. A few of the topics protected are: Colic Gastroesophageal reflux Head trauma Infant and child CPR Influenza Seizures Thrush Whooping cough You'll find complete info on the daily fundamentals of baby treatment. For example: bathing, diapering, and breast- or formula-feeding your baby, and baby exercises. Plus, the latest information on these essential problems: Breastfeeding for working moms Car seat and crib protection Childproofing your house Circumcision Day care options Diaper choices Environmental hazards Producing homemade baby food Monthly developmental milestones Prebiotics, probiotics, and essential fatty acids Traveling together with your baby The expanded medical care section covers 40 different emergencies and illnesses. Each subject includes what you need to know, items you will need, typical symptoms, what to check, information on when to get specialized help, and step-by-step instruction on how to treat at home. It includes the most recent details on newborn screening, well-baby checkups, vaccination schedules, and expanded info on nutrition, including how to prevent food allergies and childhood obesity.



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Interesting! Some good stuff This chapter has some really good stuff, but it's certainly not revolutionary (& I bought it wishing that it could have info on milestones and ways to help our babies reach those milestones, but was very disappointed when I read through it and noticed that it had been not only filled with outdated information, giving advice that doctors right now advise against, but the remaining book was filled with "fluff", unimportant good sense info. I Def don't recommend this for anybody unless you've never been around a kid and literally have no good sense what's so ever. Good read! Good ideas! Not impressed Honestly I'm glad this was free, easily had paid money I would have already been very disappointed. Waste materials of money What a waste of money. Well I actually learned some new stuff I wasn't alert to and I also got some great ideas for child care. I am ALL for breasts feeding guidance and encouragement. And I would also recommend this book to moms which are having another kid and need to refresh their memory space. Helpful for Babysitters In addition to parents-to-be, this reserve would be helpful for babysitters. It explains how to pick up and carry a baby, which might seem simple, but is something some new babysitters don't know. Four Stars reserve was very entertaining. spell check needed The moment I started reading this book I noticed several errors in the spelling, this automatically turned me away and I instantly deleted it. I'm happy it was free because usually I would've been quite upset. This publication is full of common sense and misinformation. One Star Not bad Five Stars Excellent publication We had taken classes before scanning this so very much of the knowledge was repeat, but I still found fresh information (specifically regarding bathing). I'm definitely glad they provide this chapter for free and I would suggest getting it! Not forgetting this chapter/publication didn't seem kindle edition friendly because there was a lot of times it would say for more information on a particular topic in the passage and then that was it, no hyperlink or reference as to where you could actually get the more info it was referring to. There are good ideas in here. Some seem obvious when you read them but are so obvious that you may forget them on your own! I also like that you can find book recommendations in here to help with the various development areas. Information like what is contained in this book only serves to confuse and stigmatize the way we feed babies a lot more. Not only was it an easy read nonetheless it was truly insightful! As a new mom this book gave me personally all the information I had a need to guide me through the first weeks with my baby and let me know what to expect when he arrived to the world. The writer is definitely blatantly biased against formula-feeding. She lists out pro after pro after pro of breast feeding, but only one for formula feeding. Her downsides for breast feeding are accompanied by helpful encouragement on how to deal with those ideas. But cons for method though are simply stated as fact, despite the fact that they're incredibly misleading and/or inaccurate. And you can find no useful, encouraging caveats anywhere to be found for a woman who chooses or must use formula. A woman reading this book would definitely finish with the impression that breasts feeding = good and formula feeding = poor, when what we have to be doing is normally encouraging women to feed their babies in ways that's both actually, mentally, and emotionally healthy for BOTH of them. Baby care Great product extremely informative We certainly love and appreciate the fine detail that this book offers. Overall, I would suggest this book to first-time mothers that want to learn things but don't need to get overwhelmed correct from the beginning. Women who choose breasts feeding will need help and encouragement. Five Stars It has been very helpful to me. The info within Personally i think was very plain and honestly a lot of it was good sense stuff, even being truly a first time mother I still knew a lot of what I was reading. Irritatingly anti-formula I won't talk about the

remaining book, as the chapter on feeding your baby is infuriatingly inaccurate and so whole of formula-shaming it creates the rest of the publication worthless. didn't entice me to learn more).



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