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A Parent's Guide to Beginning Natural Hair Styling

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Chocolate Hair Vanilla Care: A Parent's Guide to Beginning Natural Hair Styling



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If you are a transracial adoptive mother or father, a mother or father of a biracial kid, or a caregiver to a one with kinky-curly locks, this book is everything you need to start a hairstyling routine together with your kid. Chocolate Hair Vanilla Treatment: A Parent's Information to Beginning Natural HAIR-STYLING covers basic hairstyles and techniques, from understanding how to part naturally frizzy hair to styling cornrows and twists., Defining Defensive Styling, Finding your way through Styling, Tips for Practicing PART II: Hair Parting Methods Preparation for Parting, Tools & Strategies for Parting, Basic Part Lines, Creating Package Patterns Component III: Buns, Coils, Twists, & Braids Puffs & Buns, Two-Strand Twists, Three-Strand Braids or "Singles" Component IV: Flat Braids & Flat Twists Summary of Flat Braids & Flat Twists, Smooth Twists, Cornrows Component V: Hairstyling Outlining Styling Needs, GETTING THE Child Involved, Setting Realistic Expectations, Sitting for Styling Component VI: Hairstyle Maintenance How to Protect Hair styles, Playtime, Swimming, Maintaining Designs PART VII: Removing Hair styles Determining When to Restyle, Getting rid of Elastics, Removing Tiny Braids, Locking & Matting PART VIII: Troubleshooting Problems with Boxed Designs, Rolled Cornrows, Tight Rows, Loose Rows APPENDICES Appendix A: Sample Styling Routines, Appendix B: Hair Products Chocolate Hair Vanilla Care: A Parent's Guide to Beginning Natural Hair Styling PART I: A SYNOPSIS of Hairstyling Why Design Natural Hair? This comprehensive guide is organized to enable you to read sections on an as-needed basis, addressing methods and maintenance which are specific to your family's demands at any point along your child's haircare journey.



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natural hair care bible I'm So Pleased I Bought This reserve! I am a chocolate mommy with no kid hair skills outside of pony tails. I simply received it today and my girl immediately started to select the styles she wanted to try. I was so hesitant to try at first, in fear of messing issues up. My true arrange for the reserve was to take it to the salon and let lauren pick a style to be achieved. They wanted ideas from me. Great hair caution guide and tips about products, and hair equipment to use. No offense or prejudice when I state I never would have imagined a white girl teaching me how to perform my daughters hair I state this in a sincere grateful tone! Various other brands still left white in her hair when I braided it, but Shea Moisture under no circumstances does.. I would definitely recommend this book for somebody who is new to styling natural locks for kids.I'm so excited to get one of these new style each week! Thank you so very much Rory Mullen this publication is my new hair bible! There are tons of great assets on beginning black hair care for new TRA parents out there, published by women of color. This book generally is life-changing I never write reviews, but I have to say this book rocks ! and motivated me to put a review on my to-perform list. As a white mother (with hopelessly straight, low maintenance locks) of an African American kid, I've spent SO much time watching youtube video clips, reading hair website articles and talking with friends and hairstylists looking to get my arms around all things curly black hair. But I still got so many questions about all of the little points that I have hardly ever really been sure about half of what I was attempting regarding my daughter's locks. And unlike with my hair, there are consequences for every wrong choice I make with her locks! This book explains all of them.. butters), stretching (Who knew?), styling (products) and the order all this is supposed to proceed in and why. The section on the bazillion ways to part hair ("simple" part lines vs. box patterns vs. pinch patterns, etc.) and the purchase of parting was perhaps my biggest Who understood?. the . overhanded braiding - cornrows are like french braids however they must be done underhand, which is why my 1st attempt at cornrows was a disaster (I was raised braiding my locks overhand). I just had to understand from asking a lot of people and watching You Tube about what products to use. When we do hair, my stepdaughter loves to look at the pictures in this book over and over.So far as styling moves, she addresses the difference between underhanded vs. rope, package vs. She contains step-by-step photos with different coloured strands of yarn so that you can see the difference. All throughout the book there are plenty of photos of all different styles shown on a child. It's filled up with common and proved hair styles. The book also contains the various means of and upsides and downsides to securing twists and braids, like beads, bands, snaps, etc. She gives a whole section on how to maintain styles during sleep, playtime and swim time. She also discusses the when and how of eliminating each style, and provides troubleshooting suggestions.Can't remember how much the reserve cost me, Don't treatment. Explained too much to me and help me perform my initial braid. I've been telling all my close friends with little girls about any of it. Seriously, what more could you ask for? Totally wonderful read. Let's provide them with our support and business!My favorite parts of the publication are once the author compares different designs side-by-side: finger or comb coils?It requires you from the very beginning to explain how exactly to keep hair healthy, beginning with the hows and whys of cleansing, detangling/conditioning, moisturizing, sealing (natural oils vs. Completely wonderful read. I am a Reward mom to an excellent 6 year aged African- American girl. Certainly a great read. Therefore, her explanations provided me greater confidence. Devoid of the same locks type as her (I've straight hair), I have been constantly searching the web for ideas. This book was the building blocks for that experience, and nowadays she's feeling sassy, quite, and her hair looks and feels amazing. I cannot let you know how helpful it has been. It is in no way a

complete style book, but it is an excellent introduction. It was a straightforward read and I found everything so helpful. The writer peppered it with plenty of images to reiterate her factors and she broke down a lot of the main ideas that I was initially confused about.. She is definitely a baby. However, it's been an excellent resource and the photos within have become detailed. I have followed the Chocolate Hair / Vanilla Care blog page for quite some time and learned a whole lot there, so I wanted to have a look at her new book. Easy instructions. Although I did so learn a couple of things in the book, none of it seemed "primary" nor revolutionary. I could show these to my girl to see which styles she wants me to try without us needing to troll distracting or adult-oriented websites jointly or me needing to create a million screen shots from websites showing her. I have knowledge doing my daughter's hair but the majority of what I know has been from learning from your errors. Each page is filled up with photos and very clear instructions. It's well-written and an easy task to stick to each tutorial.. regular or rope twists? braids or twists? cornrows or smooth twists? These were particularly beneficial to me! HOWEVER, I wish this book have been created years ago because it places all that info and knowledge in one place! Recently, we've been experimenting with leaving her hair natural. Explained too much to me and help me . The writer does give a few hair suggestions but it's not a "hair care" publication. Moreover, she does not give testimonials nor recommendations of items. Still, I would recommend it! Lots of great photos. So many practical guidelines and education on taking care of different types of ethnic hair.. Shea Moisture Baby or Children or the adult. As an adoptive mother or father, I have already been reading and learning a whole lot over the last 3 years. Easy instructions Saved me from needing to go to the salon for hours at a time. I actually surprised my black close friends with what I was able to do with my daughters hair. I really like how Rory explains the technique, even putting examples step by step! A great book, I wish she'd put out another one! This book has turned into a bible in our house. My girl has a large amount of hair and we quickly graduated from baby to even more adult conditioners and products. I ran across this publication after going to the website with the same name. I attribute that achievement to this book which wonderful author. I just desire that more moisturizing strategies were incorporated and taught in the reserve. "cornrow" or "smooth" braids). Please compose another!! Shared with many! Having adopted, this is a helpful reference for ways to treat and style our daughter's locks. The cute title is an excellent ice breaker. Amazing and helpful A great book for anyone! The guidelines are easy, the pictures are great, and we get lots of ideas and inspiration from its pages. Your time and effort is commendable, however The ultimate images are nice for the most part, but as a Dark woman with the advantage of learning the best moisturizing techniques, I came across myself frustrated and wanting to yell, "Ugh, you ALMOST put enough liquid, oil, and cream. I learned so very much from this book. That said Rory has stepped from the transracial adoptive parenting hair blog world, and it's because she found the merit in TRA parents in fact learning from the best sources--actual ladies of color! As a new dad doing hair for the first period- I thought this reserve was excellent. I am not really bashing the writer, I just think that more consulting should have been completed, since moisture is the key way more than "styles" it's been a great resource and the pictures within are very detailed I wish We would've read nearer that this is a styling instruction, and does not include information on hair care. Step-by-step styling information for beginners I read this reserve from cover to cover in two evenings. ... for the first period- I thought this book was superb.This book is just what it says: a BEGINNING guide to hair STYLING...but went a little light". This book (plus the related movies on chocolatehairvanillacare. and it's really because she saw the merit in TRA parents actually learning from the very best sources--actual women of color I bought this

publication when it was hot off the press. I was a genuine CHVC blog page follower back in your day!. Ha! I am a Bonus mom to a . Gives you a lot of ideas for how exactly to braid ... Gives you a lot of ideas for how to braid hair, however, not a couple of information on products. flat) and three-strand braids ("single" or "package" braids vs. Lots of great photos.My stepdaughter and I have taken a journey jointly recently, we've been learning about 'THE HAIR'. But they are natural and smell incredible! I have family members that can do most these designs but the issue is they under no circumstances took enough time to teach me . Great book! Readable & follow & comb), two-strand twists (regular vs.. Next she explains and shows the difference between "defensive" styles such as for example puffs and buns, one-strand coils (finger vs. Great book! Readable & follow & the pics are amazing!com) changed my life in that my daughter's hair is currently healthy and protected, she feels control because she gets a say thus in choosing a variety of hair styles, she's better self-esteem, we don't spend hours messing with her hair during the week when we're looking to get her off to college, and she actually looks forward to spending a few hours getting her hair styled on the weekend.



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