



# WINNING THE WAR AGAINST CONCUSSIONS IN YOUTH SPORTS

BRAIN & LIFE SAVING SOLUTIONS FOR PREVENTING & HEALING  
MIDDLE-HIGH SCHOOL & COLLEGE SPORTS HEAD INJURIES

Written for Players, Parents, and Coaches by:  
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**Winning The War Against Concussions In Youth Sports: Brain & Life Saving Solutions For Preventing & Healing Middle-High School & College Sports Head Injuries**



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Finally, a youth sports head injury book with basic brain and life-saving solutions. S.S. Called BPE Youth Fast-Track, this condensed edition offers six best-methods founded on Nobel Prize study findings and two fresh medical biosciences informing how exactly to continuously improve the functioning, preservation and growth of brain cells. BPE Youth's quick-win preemptive strike method also turns the tables on youth sports activities' biggest day to day challenge, youth playing head hurt, by giving a Code of Honor and Behavior that effectively managed, prevents this from taking place. For youth who play head hurt, suffering another mind injury can lead to fatal or long-term brain after-results. "Earning's" authors include a global youth sports head injury physician protection advocate and former U. This book engages players, parents and instructors by sharing 'warm off the press' neuroscience updates on youth sports head injuries in fundamental terms, and will be offering this same approach for how BPE Youth Fast-Track aids in preventing and offset concussive and subconcussive brain cell damage researchers have learned is more significant and longer lasting than previously realized. Winning the War Against Concussions in Youth Sports unveils a fast-track mind wellness and safety answer for sportsmen 21 and under, predicated on a patent pending innovation called Brain Performance Enhancement or BPE. This reserve also focuses on BPE Youth's capacity to enhance athletic performance, and improve academic and socio-emotional lifestyle—a dream become a reality for youth sports athletes, parents and instructors, a select three-some we call the "Big-3". Air Force Officer who originated Head's Up, Don't Duck for USA Hockey over 20 years ago (followed by most sports), and two clinician-scientists, among whom coached 3 high risk youth sports for two decades while increasing five high-school/college sports athletes (one multiply concussed), and serving as COO and Chief Individual Treatment Officer at the nation's first human brain and behavioral health hospital exclusively for individuals under 21. We keep no stone unturned which could prevent worst-case concussion outcomes or longer-term brain damage outcomes, every Big-3's biggest fear, actually teaching about sports head damage's potential to cause serious mental ailments including clinical depression in youth sportsmen—and how to greatest address and treat this worrisome actuality. Finally, within an unprecedented overture, given the urgency to reduce youth sports head accidents now with all that is at stake with this emerging U. Written for middle/high-school and college sports athletes, parents and coaches, "Winning" empowers readers with the main element knowledge and basic tools needed to assist in preventing and offset brain harming concussions and accumulated subconcussive impacts. public health crisis (quickly to emerge globally because the brain injury analysis on the globe's most popular sport soccer surfaces), we talk to the Big-3 to partner with us to help spread the term about BPE Youth Fast-Track's GUIDELINES and Honor Code using their social media systems, led by youth sportsmen needless to say! This interactive style reaches requesting opinions from the Big-3 on Human brain In Play's Facebook page for how we can improve BPE-Youth Fast-Track going forward.



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Whether your child suffers a head injury playing sports activities, or falls out of the tree house, this book can help you recognize the consequences and how to prevent further damage. Finally, here is a publication written for players, parents, and coaches (known in the book as the Big-3) to greatly help them understand and cope with concussion and the cumulative effects of sub-concussive blows. A must read for parents, athletes, and coaches! Information is Power Here you have it – everything you need to learn about your child-athlete's brain wellness, and the reality about brain injury in sports. in the hands of the first protection. With this book, you may be well informed and able to respond as every parent should. Boring, hard to read, not a book to understand about concussions This book is a self-serving method to try to promote the authors' program. And, who doesn't love their child more? This publication gets weighed down too much in system sell, and theorizing/grandstanding the benefits of trying the system for concussions that the authors are pushing. It is boring, hard to learn, and way too much program sell. While there are several books obtainable on the topic, this is usually the only 1 I've found that takes it from the clinician zone and places it correct where it have to be; Who doesn't like youth sports? This is NOT a reserve that anyone should examine, to attempt to understand concussions. The malady of repeated concussions in sports is now popular, but as a parent, how to respond and who to trust provides been illusive, until William White colored's book.. A must-read for all parents and players, and should end up being on the bookshelves of all athletic coaches from Pee-Wee and Pop Warner to the professional level. Five Stars Great read. This work is truly a gift to those folks who love sports, and want our kids to go after their athletic passions while remaining safe and well.. Very enlightening



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