



Crossing Seventy

moments of outrageous aging

by *Dee Montallano*

Dee Montalbano

Crossing Seventy: Moments of Outrageous Aging



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and cultural immersion in Africa and Italy are grounded in recurring themes of letting proceed, marrying intuition to action, living in the senses, and slowing the rhythm of our lives. In this spicy bouillabaisse of lively and reflective essays, *Crossing Seventy: Moments of Outrageous Aging* takes seventy from the closet and replaces it with a compelling portrait of a single woman living an ordinary life in a non-ordinary method. Humorous scenes from daily life in the U.S. Aging baby boomers take note! Do you really want to buy to? One size will not fit all. Rather, it says, "Neglect what's out there in the popular press. This short, succulent book dispels common myths about lifestyle and about aging."



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Pleased to share a generation with Dee Montalbano The title is irresistible for a vintage guy like me. If not "outrageous, I came across," the moments are absorbing, sometimes provocative, often moving, frequently amusing--and always interesting. She has truly opened doors, windows, and skylights to the possibilities that still await people, whatever our age. Montalbano has created a compelling small volume. And it's a rich menu--from significant ruminations about ageing, friendship, battle, and love, for instance, to the 'triumph' of changing the flapper ball in her toilet. The book's three sections--"Coming of Age," "Arriving at My Senses," and "RETURNING to Myself" frame Ms. Montalbano's trip from her dramatic decision to upend her lifestyle nearly three years ago to current reflections about the trip so far. To pick only a few selections from many, I'd recommend "Retirement Primer" and its companions "Retirement as Renewal" and "Pension as Reflection," which talk with the author's watch of life. I treasured it! As an other woman who has crossed the seventy boundary, I could identify with the issues and situations Dee describes. This publication made me feel great about as an old guy. She writes with honesty, humor and a pleasant turn of expression. In a light and engaging method, Crossing Seventy: Occasions of Outrageous Aging issues the common messages inside our tradition about what can be done as we grow older. Now past 70 herself, Dee is certainly a vivid exemplary case of a person who once had a full schedule and now has a full life. Neulight So inspiring! Clearly Dee claimed her personal power when she noticed that "every second of my life offers me options." For many of us there aren't a lot of models about living vibrantly as we age. This reserve can provide assistance to any adult for how to embrace existence and move beyond cultural anticipations at any stage of life. This publication inspires me to be as engaged and as interesting a female as she is in the coming years. Barbara A. Or anytime?com A spirited role model Having recently celebrated a birthday that provides me one number nearer to 70, I'm grateful to Dee Montalbano intended for the lively example she is setting for single ladies who are well over and above retirement age. Next time you discover yourself stating, "But I'm too older for that," think of Dee and rethink. I believe this is an important book and discover myself referencing it and recommending it frequently. You do not have to become over Seventy to get meaning in this book. A delightful read to enjoy whole or a little at a time--and more than once. This Publication Is a Beacon Everyone gets older; not everyone gets wiser. Suggested reading for anyone thinking about exploring what the rest you will ever have could look like - at 20, 30, or 100! As anyone who has just crossed sixty, thanks to Dee I've new ways to think, desire, and arrange for living from right here on out. With openness about her life and something special for story-telling, Ms. The bright spirit, sharp mind, and brazen humor she exhibits over the essays in "Crossing Seventy" all are qualities I hope to cultivate as I age group. I would recommend this for anyone thinking about exploring their identity. Wise reflections Dee has taken a deep appearance at herself and the type of life she has led, focusing on what gives her meaning now. Live in Discovery Books don't have to be long to end up being powerful. The centerpiece of Dee Montalbano's breaking away--her romance with Lucca, Italy--comprises the book's second section with thoughtful in addition to amusing anecdotes. The content articles are bite size and may end up being savored each for the wisdom expressed. Marvelous! In addition, it gives me a motivation to make return trip to Tuscany, to remain longer, and to take it in with most of my senses. Mille grazie, Dina, for shining your light. Simply stated - this is a MUST READ! What do you STILL dream of accomplishing or enjoying after retirement? Bernardliveindiscovery. Here is a funny, inspiring, TRUE story of one woman's journey - you can hear the humor, and the New Yorker's wry viewpoint in these hilarious occasions from a life well- lived. Luckily for

us, Dee has, and although she professes a preference for surviving in her senses and not in her mind, it's lucky for us that she's still analyzing. Get this book. Amazon overview of Dee Montalbano's "Crossing Seventy" Dee's reserve, "Crossing Seventy," offers the reader a potpourri of wit, wisdom and soul searching about her aging in her seventies. Even though book is written from her perspective and targets her experiences - it is relevant to all female middle age and beyond. Her design is direct, her words thought provoking and she gives a message that is truly inspirational. Opening new options for all of us entering the second fifty percent of life! B. In this power-packed book of essays, Dee gives us glimpses into her story as she released the necessity to control anything (including others), reclaimed the joy of living, and recognized herself as a work happening. I recommend this reserve to any woman more than fifty who is thinking of retiring, retired or simply interested in obtaining a new perspective about the problems of aging gracefully. This book has given me very much food for believed on how to adjust my entire life, my attitude and outlook. Because of the writer, Dee, for posting your encounters and thoughts. Five Stars Bought it for my husband who thought it had been refreshing and encouraging. The reader can go back to this finding brand-new insights with repeated readings. What a great read for someone within their 70's. She is inspirational and wise and gives us much to think about as we try to navigate through these years. A must go through even though you haven't reached 70! Dee Montalbano's reserve dispells any idea you may have had that getting seventy is "older". With her delicious mixture of humor and seriousness, Dee inspires us with her smart words of wisdom along her journey, and is sure to contact the lives of millions of women. She has demonstrated a "realness" in her writing that we women, regardless of what age, can all relate. In another piece, I was relocated by her discomfort at joining a special event on her behalf grandson on the eve of his deployment to Afghanistan.



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