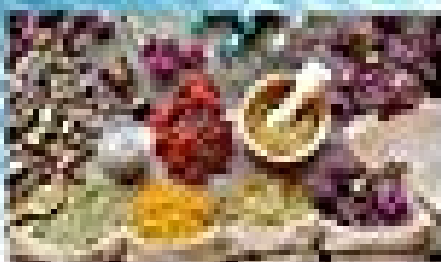


Nutrition and Integrative Medicine

A Primer for Clinicians



Edited by
Aruna Bakhrū, MD, FACP

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Nutrition and Integrative Medicine: A Primer for Clinicians



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While medical specialists continue steadily to practice traditional allopathic medicine, the general public has turned toward dietary and integrative medical therapies, especially for addressing the proliferation of chronic diseases. The publication provides insights on the microbiome of the body, examines the partnership of human wellness to the microbiome of the meals we ingest, and introduces the concept of "food as details. Integrative therapies, including drinking water, light, and audio therapy, are explored, and information on healing persistent disease through nourishment, the tooth-body connection, the role of toxins in disease causation, and electromagnetic field hypersensitivity, along with its management, is presented. Compiled by leaders in the academic and scientific world, Nourishment and Integrative Medication: A Primer for Clinicians presents numerous modalities to greatly help restore health." It provides enlightenment on anti-aging and healing modalities, mind-body medicine, and an investigation of mental trauma as linked to disease causation. This reserve provides users with a guide to analyzing and recommending nutritional and integrative therapies.



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Most comprehensive compilation of alternative medicine This volume is essential for anyone thinking about medicine and healing. It is well edited and is usually a valuable source. Every chapter is compiled by an expert in their field - mainly MD's, PHD's and scientist. OUTSTANDING. Practical and an easy task to comprehend. It's the bridge between your medical world and the globe of the healing arts. Well Edited and Valuable Resource This book covers a wide range of topics on the subject compiled by authentic and respectable sources. The info in this publication is nearly mind boggling.



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