



I DON'T LOOK
I DON'T ACT...
I DON'T FEEL...
I DON'T CARE ABOUT...

LUZ MARLENY LEEDS

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I don't look... I don't act... I don't feel... I don't care about 60: I don't look... I don't act... I don't feel... I don't care about 60



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Filled up with fun, laugh-out-loud anecdotes, easy to follow tips and useful tips, this bilingual book (both English and Spanish versions are available within its pages) requires the reader through a trip of personal improvement that allows her to help make the the majority of her hair, encounter, body system and spirit. Una vez que lo leas dirás lo mismo que Luz: ¡No me importa mi edad! Lleno de anécdotas divertidas que nos hacen reír a carcajadas, consejos fáciles de seguir y ayuditas útiles, este libro bilingüe (versiones tanto en español como en inglés se pueden encontrar dentro de sus páginas) lleva al lector a través de un camino de superación personal que le permite sacar el mejor provecho de su cabello, rostro, cuerpo y espíritu. Personally i think like a million dollars. Once you examine it you'll say, as Luz does: I don't care about my age group! Me siento como un millón de dólares.



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Model of Health I am encouraged by Luz's uninhibited character. Congratulations, Luz, for your being truly a model of health and self discipline and perseverance! Personally, i know Luz and have seen the enthusiasm she's for sharing her encounters turn into a terrific book. She has taken the number 60 to new interesting elevations. Her publication is filled up with REAL..most people just talk about how-to reverse the clock.. It's every woman's dream; The author is an inspiration for being the best you will be at any age.Luz actually lives it each day. You place your heart and soul into all you do as well as your honesty and love of life is normally refreshing and heartwarming!And who better than Luz may share her commitment to natural anti-aging and the transformative powers it is wearing our lives? Her mantra is look good-feel good. She and I as well as thousands of others can see a life-changing product that has provided us such amazing age group reversal benefits that people look and feel twenty years young than we do. I'm sure she would be pleased to share the knowledge with you if you get in touch with at her internet site.. It was a quick read with good guidelines that I'll use and also some suggestions I have not heard before. Luz will clarify how you can play up your skin tone and bring out your organic glow, soothe sensitive pores and skin, make lips look fuller and eye lashes longer;.. I love this book since it is normally thorough, succinct and timely because of this day and age.. Quick read with lots of good tips I really enjoyed this book. I don't feel... I don't value 60. You generally want to appearance great! "Whenever you become empowered, you will be tested- Caroline Myss"All the Best! Inside, you'll discover easy-to-follow tricks, You'll learn how to eat right and stay match,tame your locks and make it fuller,even if it's thinning. I truly enjoyed the book We honestly can't express just how much I must say i enjoyed the reserve about I don't appearance. My Hero Thanks Luz for making it so simple! Every single tip takes no time at all which means you earned't spend all day in front of the mirror.Everybody knows that aging sucks! Mimi Refreshing, lighthearted, and delivered with compassion!. looking hip, sexy, fresh, and quite -- whether you're in your 30's, 40's, 50's, or 60's. Now it's every woman's requirement, Looking younger can help you hold onto your job and your partner -- particularly if everyone around you appears half your actual age. All women wish to be in a position to not look, not act, and not value 60! Luz and her book will improve your individual design whether it's flirty, fun,sexy, glamorous, or wild! She's changed the word maturing into living: better, stronger and even more beautifully. Age is never a straightforward subject but you took the mystery from it and come to the center of the reality. You are very brave and women everywhere will come to love themselves because of you!I really liked this refreshing, easy read and look forward to trying to place some more "me" amount of time in my own day! Living existence to its fullest This book shares the "elderly" wisdom of Luz Leeds as she reflects on her life now having hit the magical age of 60. Luz does an excellent job in blending up her guidelines with humor. Most of all, Luz encourages us to take into account how much essential one's attitude is definitely than physical age group. Thanks for the beautiful ideas and most of all your 100 % pure generous spirit!WHO MUCH BETTER THAN LUZ? With candid truth she explores every woman's concern about maturing. I don't act.? So The books beauty guidebook for both young and older women have collected many of Luz's best expert tips to make sure that you appear great for most occasions. Very inspiring for every age! I love how fun and relatable the author wrote this publication. She made me realize that our age is just a number and we can feel and look youthful if we take good care of our body, brain and spirit. She shares some extremely practical tips and tricks on how to sustain your health insurance and beauty! Her guidance is easy to follow, fun, and it functions! Gives you all the tips and tricks you should be the best at any age! Luz Leeds does an excellent work, delivering to her visitors a step-by-step approach for maintaining one's beauty and well-

being. Loved the book! I'm 29 yrs . old and have currently began applying them to my entire life! Be kind to yourself and buy this book, the huge benefits you'll gain are priceless. 60 & Fabulous Fun, witty and an motivation for women of most ages. It made me understand you're never too old to start looking after yourself. Thank you, Luz. Inspirational read A wonderful guideline with simple and important information about nourishing your brain and body. Easy how-to actions on living a content and healthy life.. Luz brings laughter, practicality, and all the tools essential to age with total perfection. A Veritable Gem This book is thoroughly enjoyable. Its beauty can be its honesty, sincerity, generosity of detailed quite happy with a priceless bonus of humor Thank you for sharing your years of research with your world of appreciative sisters. Therefore she's here to help. I loved this easy go through, and will refer back again to it. This type of book is often flat and predictable. Luz encourages us to understand that being mindful, and compassionate with ourselves, makes all the difference in ageing gracefully! Thank you for sharing your understanding and encounter in this heartfelt book! Great tips This book is inspiring and an excellent guide for a female of any age to learn how to look and feel beautiful inside and out. This is a book that reminds most of us to seek out the simple pleasures of life and always appear and feel our greatest. It is a must go through. It's about making the ultimate "to-do" list of LITTLE beauty techniques, tips and changes that pay off BIG TIME.



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