

**BACKPACKER**

**THE SURVIVAL  
HACKER'S  
HANDBOOK**



**HOW TO SURVIVE WITH  
JUST ABOUT ANYTHING**

**TED ALVAREZ**

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*Backpacker Magazine and*

## **Backpacker The Survival Hacker's Handbook: How to Survive with Just About Anything**



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Backpacker The Survival Hacker's Handbook provides detailed instruction on how to use everyday what to survive in extraordinary situations. But it will go beyond the quirk to identify real solutions for genuine scenarios— The book includes useful tips and tricks from survival experts, and provides step-by-step instructions, along with short stories of survival situations where these modern survival skills have come into perform. Sure, the quirk is here.with actual items you carry with you. For example, learn to make a fishhook out of a beer can, take up a fire with hands sanitizer, or purify drinking water with bleach. The publication is organized around basic fundamental principles of survival: finding food, building shelter, securing drinking water, etc.



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Good go through.) From these assertions come the knowledge of How to... Build snow shelters. It's great to be outdoors but it's also extremely important to be aware of the dangers that may not be so apparent. I desire my merit badge necessity books had read like Ted Alvarez's The Survival Hacker's Handbook I desire my merit badge requirement books had read like Ted Alvarez's The Survival Hacker's Handbook. 15 hours without water. I thoroughly enjoyed The Survival Hacker's Handbook and while We haven't been backpacking in some time, reading it perversely encourages me to reunite out on the trail." Alvarez starts the publication by mapping out the essential premise that all the information in the book is based upon, the "Rule of 15." He says that people in dire situations may survive: quarter-hour without shelter. Written with humor and sprinkled with some fun unconventional fixes, this publication is a how-to guideline (based on the author's study and experimentation) for the weekend warrior who may belong to a sticky situation. 15 days without food. 15 a few months without having to be found. (Mental deterioration might occur after that. This is a good book to read for anyone wanting to spend time outdoors. Take up a fire with hand sanitizer or a cashew. Cook a grasshopper initial to push away its tapeworms... This is only a brief list of the plethora of great knowledge passed on. Self-diagnose hyperthermia. Alvarez constantly advises the reader to practice the survival abilities. I especially just like the "locations on the body where animal episodes occur" diagram. Alvarez includes his very own anecdotes from the wilderness, and also several stories from adventurers who've been "Mauled by a Grizzly" or "Lost in an Alaskan Blizzard. Alvarez also includes many instructive diagrams which consider you step by step through many of the abilities; This book is also crucial when learning developing a shelter, navigating, about wildlife, gathering water, building a fire, foraging, gauging your health, and first aid, amid real tales of survival. I'm sure it will be plenty of fun! Many thanks to NetGalley, Backpacker Magazine, Falcon Courses, and Mr. Alvarez for the advanced duplicate for review. Backpacker: The Survival Hacker's Handbook Backpacker: The Survival Hacker's Handbook by Backpacker Magazine (and Ted Alvarez) is a free of charge NetGalley ebook that I read in past due April. Each of the authors' voices are approachable and had deliberately wrote this book to be helpful and practical, instead of to offer information in the vein of a doomsday survivalist handbook. They've used all of the guidelines themselves and admits that convenience items (like matches, plastic bag, pop cans) save for a lot of stress, but to utilize them wisely as equipment in case of a crisis. And just why not build a shelter in your backyard or next time you move car camping?



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