

The book cover features a vibrant photograph of a mountainous wilderness. In the foreground, a dirt trail winds through a lush green forest. The middle ground shows a valley with more trees and a small stream. In the background, rugged mountain peaks are visible under a clear blue sky with a few wispy clouds. The overall scene is bright and scenic, emphasizing the outdoor setting of the book's subject.

**FALCON®**

# Wilderness Medicine

**+ BEYOND FIRST AID**

WILLIAM W. FORGEY, MD

7th Edition

M.D. William W. Forgey

## Wilderness Medicine: Beyond First Aid



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ll learn vital abilities, such as:How exactly to survey, assess, and stabilize the victim and the medical situationHow to manage physical symptomsWhat queries to ask to get required vital informationHow to look after woundsand orthopedic accidents, and much morePacked with useful details, Wilderness Medicine may be the ultimate resource for anybody faced with providing immediate treatment when access to a medical service is difficult or out of the question. You'Now fully revised and updated, Wilderness Medicine: Beyond First Aid is essential reading for any trail consumer, from trip leaders and manuals to EMTs and paramedics.



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Forgey's book Wilderness Medication : Beyond First Aid at my local library in the nineties. I 1st discovered William W.ESSENTIAL Browse for Hikers, Campers and Preppers! In addition, it offered as a reminder that I need to refresh my First Aid training:)Like previous editions, that is a must go through for all those planning to venture into the wilderness areas where it might take hours or even times to get an hurt team member to help. This fresh edition features crucial improvements including an updated set of items that get into a pack and website links to maintain you updated in potential. I loved it therefore much, I bought one. Dr. Four Stars Consistent great jerky! I have truthfully by no means used any First Aid methods beyond applying bandages or blister dressings but it's good to know that I have the information if needed. Incredibly valuable for our offshore cruising I had the 6th edition that was great and I was pleased to come across out that there is a newer 7th edition. The info in this book is all the more useful once a rudimentary understanding of First Aid is set up.I especially like the method the Appendix is segmented in order to logically approach preparations needed the trip at hand. If one is definitely venturing out for a day hike on a well-traversed trail, then a few simple products will suffice and these are covered. On the other hand if the trip can be for weeks to the Canadian wilderness after that different preparations are necessary. Each situation is covered and Dr. Forgey, however, takes the range of conditions and accidental injuries and the depth of treatment beyond either of them.I am so pleased I made this buy. Thank you once more Dr. Forgey! Then guides readers through the more complex techniques needed for more technical circumstances. Finally, while this book would serve well as an individual reference or way to obtain information, I would recommend anyone significantly interested combine it with two various other books, 1st, either the WMS/AAOS "Wilderness First Aid: Emergency Care in Remote Locations" or "NOLS Wilderness Medication" and Auerbach's "Medicine for the Outdoors". Five Stars very nice book good Good information. Useful knowledge Very practical knowledge for the wilderness. Dr. Wound treatment Excellent read and very practical for those of us who often travel to remote areas.I'd highly recommend it. Important information Great reference Five Stars Very informative. We will be on a protracted multiyear cruise in very remote ares, which necessitates getting prepared for medical circumstances - this book is great for that. Has a list in the back to make your own first aid kit with substitutes This book is a superb reference on Wilderness first aid/medicine, alone or in combo with references. This is actually the seventh edition of Dr. Forgey's book, and is the third edition I've owned. Dr. Forgey's reserve should have a location on the bookshelf of anyone interested in practical prehospital first aid and medical treatment in wilderness or disaster/survival circumstances. While Dr. Forgey does provide meaningful explanation of several injuries and conditions, his primary focus is on the correct medical diagnosis and treatment of accidents and circumstances, at least to the degree possible under austere circumstances. The Seventh Edition will contain enough new details and edits to older sections to be worthy of buying in case you have the last edition. I used the list of medicines showing my doctor to get prescriptions - he said the list was very comprehensive and saved lots of time/effort determining what things to prescribe. I'm an EMT and Ski Patroller, and will put more of the ideas into my work. Forgey's book is among these books. The WMS and NOLS books provide a better basis than Forgey will for patient assessment. Forgey also reminds us that the preparations required depend on the level of skill and connection with the team. Forgey covers all the basics, from CPR to basic wound treatment but I don't feel that this reserve, nor any additional, is an alternative for in-person training.



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