

# ESSENTIAL SURVIVAL GEAR

A Pro's Guide to Your Most Practical  
and Portable Survival Kit

JAMES MORGAN AYRES

Crossed and Company

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## Essential Survival Gear: A Pro's Guide to Your Most Practical and Portable Survival Kit



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a former Green Beret, martial arts grasp, and wilderness and urban survivalist— In Necessary Survival Gear, J. Morgan Ayres explains in detail what you should have when a dire emergency occurs, wherever you are, whoever you are. Ayres—Disasters strike every day, but despite the best laid plans you might find yourself in one with only the clothes on your back and with out a well packed first-aid kit.and how to use it.from cityscapes to wilderness and everywhere in between—clarifies his four-layer idea (clothing, day time bag, backpack, basic products and luxuries) and profiles and provides photos of a wide selection of gear, with recommendations on what works best in what situation—



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Because he had some training in making fire and acquired a boy scout knife and understood how to make use of it, he could survive the encounter. To say it can be an easy read isn't to say this is a simple read. However, this addendum would be to correct a potential short-coming in the initial review. This guy preaches what he lives. To see them you might have to choose the book. I wish to direct focus on a picture open to everyone considering the Amazon web page for the publication without buying it; the cover picture (which can be extended) tells us a great deal about the reserve, its approach, content material, and, also I really believe, about Ayres. You can find essentially three elements to the cover. Focus first on the name, "created" on torn cardboard and held in place with two pieces of duct tape. HE does point out some excellent "hacks", in the event that you will and short cuts. What can't be done with duct tape?

Cardboard can serve several features in a survival scenario, including in the role of insulation keeping cool surface from draining one's body of temperature. What else comes in our environment for make use of as improvised gear?\*\*\*\*\*

\*\*\*\*\*A disclaimer: I have rated several Ayres' books before and found significant worth in them. Effectively considered and tested system. Do not get me wrong, there exists a lot of good advice for visiting light in this reserve, it is simply diluted by the many inaccuracies with regards to specific numbers. the "utensils" to take care of the egg are from timber in the environment instead of expensive, high-tec knives and forks. Another approach is to link personal photographs to stories and encounters. The same applies for my use of it with my college students and the sons of a good friend. It allows someone to make minimal equipment to serve one in unpredicted situations if you have the skill and knowledge to do so. The third section of the cover to examine may be the top third; 2) Be honest, just how many considering survival issues could walk an extended (any? While Ayres is a good basic level reserve, It is not an exhaustive treatment of the dynamic field of survival equipment. The mist and fog easily represent living in a complex world. A few more a few minutes observation of passengers and how these were likely to respond if there were problems produced important info if there have been trouble. The road beckons us to travel away from our comfy habitat where we may encounter who understands what, however the fog does not cover the street. I may be reading too much into this area of the picture but I find an important link with a passage in Ayre's previous Tactical Knives. Several minutes observation in conjunction with finding the life jackets and lifestyle boats were serviceable produced some comfort and ease that the trip could end well. You step onto the Road, and if you don't keep your feet, there's no knowing where you may be swept off to. . S. Lewis. Ayres offers us food for thought and action in traveling life's Street in Essential Survival Equipment that takes us much beyond mere survival. In large part this is why I gave the book to my grandsons and have read elements of it to them and used it to promote discussion about how exactly it pertains to their lives. But the knife in that section of the picture is certainly definately not minimalist. There is also an important cultural critique swept up in the tale pointed out below about the ten 12 months aged who survived a fall into an icy creek because of his scout knife, a waterproof match case, and powerful mind/body abilities. I would recommend this to anyone venturing outdoors. our culture of dread may impede our survival. This would include travel from ocean level up to about 5,000 foot with wide variants in weather during her trip. I provide book for you in the same spirit; and, no, I do not get a "kickback" for doing so. End of addendum. The next part of the cover to examine is the lower third. However, I have several serious quibbles . Here are some is an study of why a high rating here is not wrong. In one sense the book can be an easy read. I continue to re-read the publication and find new value in its stories and advice. Ayres gets the ability, perhaps somewhat rare, to identify essential principles in complex material or circumstances and make them available to many across numerous experience and skill amounts. One major method of doing this is via tale or narrative that captures essences and makes them alive, approachable, and relevant. Indeed, a minimalist strategy. In a single sense his approach is normally that of a minimalist and in another sense it is definately not

minimalist. His foundation for all that comes after concerns one's capability to have expanded mind/skills and therefore awareness of the encompassing environment. For example, there exists a solitary picture of a ferry between Turkey and the Greek island of Meis that he and his family recently took. It really is linked to the story of thoughtfully looking at the "skills" of these manning the ferry. Here (page 91) Ayres quotes Tolkien's *The Fellowship of the Ring* where Bilbo Baggins is talking to Frodo: "It's a dangerous business, Frodo, venturing out your door. There is a dirt "street" or path merely to right of center. This book does a wee bit of that, but will it in a style that may finally seep into your personal style. Going light weight is what is frequently preached, but Ayres puts it in your soul! Ayres treats brain/body skills in much better depth in his *The Tao of Survival*. Another story concerns a 10 year outdated who slipped away of school early to try some ice angling in past due November. Another worthy addition to your survival bookshelf. A Rich and Rewarding Read An Addendum to My Earlier Overview of Essential Survival Equipment as a Rich and Rewarding Read I have got purchased an additional duplicate (my 4th) to give to a pal who takes his youthful sons camping and in trips in Michigan's outside. He also knew how to maintain his head and not panic under conditions where many adults today would find panic all as well available. In brain/body abilities Ayres is very definately not a minimalist." (p. He sets the stage for this by citing the work of Lee Mastroianni of the Office of Military Analysis who argues: "The capability to move is directly related to the opportunity to survive. It is when one involves the amount of stuff our tradition identifies as necessary that the minimalist in Ayres involves the entrance. arguably this is the richest part of the cover. There is a lot to like in this book, including some gear and methods heretofore unknown if you ask me and looking like are going to useful additions to my own kit and expertise. Ayres helps us build essential gear by levels, starting with mind/body skills that weigh nothing at all, moving from what can very easily be continued one's person, moving to a "ready handbag" of relatively small sizes containing essential gear held with one on a continual basis, to a somewhat larger ruck-sack, to, finally what could be considered bottom camp materials allowing relatively more comfort. In many surprise survival situations it is likely that one could have simply personal stuff and what is in the ready bag. Think of this accumulated to about 10 pounds. Even I possibly could likely move with this load (71 yrs . old). The story that illustrates the possibility of this for real humans is found in the narrative of Annie sprinkled with delightful photographs (pp: 167-80). Very enlightening I enjoyed the writing style of the author, his viewpoint and his understanding. Maybe a sense of spirit would help us in a large measure. See specifically Annie's picture on web page 171 and her "devices" on page 174. This is a fantastic testament to the resilience in us, especially if we do not pack "fear" once we travel existence's road. This is a amazing testament to our capability to improvise and endure, indeed survive and prosper. Ayres helps us find out that lesson; That is a lesson that involves much more than just survival. An important area of the book is how it leads us to find what's indeed essential. it is after that up to us to use it. PS: I've three copies today; one for me, one in my own office to share with students, and something to talk about with grandkids. Great reading and also better living. He talks about improvising gear(it's actually light unless you have to make it). You start to see the same regurgitated back-up for your back-up considering, which leaves you with a huge obese cumbersome pack. This layered strategy by way of a guy with a whole lot of "dirt time" results in as really genuine. Experience Shines Through Plenty of "survival experts" will write a reserve predicated on what they read in other survival books. He's constantly trying to find the lightest & most packable gear that will do the task. Here there is an focus on making due with a hobo stove to prepare an egg. An incredible book! Guidance for Backpackers An awesome book! Guidance for Backpackers, Survivalists and Bushcrafters. Its not often a new reserve comes along that does more than rehash the same old info. Too many people today are so swept up in ear buds and music or social media to assess their surroundings; think audio zombies. Mr. Ayers does review some products. James book helped precisely in this area - by saving me money to get on unnecessary stuff and pointing my focus on

the survival items that we really need. He frequently takes the cheap method of gear, using everything you have available without paying a lot of money. This book will probably be worth every penny! Particularly if you travel abroad. Ayres knows what he's discussing. TNRR aka Survival Sully Practical awesomeness Mr. I've bought his previous books and I'll buy his books to come. There I made specific reference to pictures in the reserve. I've found some really great down to earth information which is useful. I am sick and tired of all this marketing hype about survival equipment you can get on internet. The idea is not to get stuff and gear but to buy the right types. What he says to obtain, obtain it because he provides tested it thru period and personal experience! Thank you James for saving me cash on future unnecessary equipment! Good simple treatment of the field. Right here one discovers a conifer forest with hints of mist and fog on the remaining half of the picture. It illustrates a minimalist approach running through-out the publication and gives one an open up invitation to improvising. He went without telling parents and finished up slipping down a frozen slope and breaking through creek ice and was soaked. The Ayres met Annie on Turkey's Mediterranean coastline and she expressed a pastime in touring the Lycian method alone with minimal devices. Today a ten season old would have no hope of having a scout knife with him to aid survival; Five Stars Very interesting information!! Start Your Checklist Here Great instructions for knowing what you'll need before you will need it. A "Pro's Instruction," but with a few "Con's" as well.) range with a pack including 40-60 pounds of stuff? I would be biased but that does not indicate I am always wrong." An early on chapter in On the Shoulders of Hobbits employs the same quotation and then explores implications of the "Road" in functions of Tolkien and C. . First, there are several simple factual errors. Some are basic issues with basic research, misidentifying components, and so on. At a complete minimum, food + drinking water + rucksack will be more than 10 pounds, leaving less than 2 pounds for ALL the rest of her equipment. In one example, he cites his partner's gear, like the rucksack and food AND WATER for THREE Times as weighing only 12 lbs. At also moderate degrees of exertion, water only would take up over fifty percent of this, and food more than half of the remainder. In many cases, the weights he quotations simply aren't credible. There are several other places where he casually uses phrases like "significantly less than a pound" or "just a few ounces" where they just can't be true. But there is more;



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