

# Can't Eat, Can't Breathe

And Other Ways Cystic Fibrosis Has F#\$%\*D Me



Jay Gironimi

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But if you want to read a series of reflections on poop and mucus, it just might be the book for you. Can't Eat, Can't Breathe and DIFFERENT WAYS Cystic Fibrosis Offers F#\$%\*d Me isn't an inspirational tale of overcome adversity. Jay Gironimi (rhymes with astronomy) is a man who can't eat and can't breathe.



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A person with a digestive disorder. Family members, close friends and coworkers of a person with a significant medical diagnosis.. I have no idea the writer but I do know a lot about existence with a major lung disorder...how people respond, how they fail to respond, the totally asinine and stupid remarks, the well intentioned but oh thus utterly predictable 'help", the regular and ongoing comparisons and complaints which are as far removed from your day to day truth of life because they can be. Am amazing and insightful look into the lifestyle of Jay and his day to day dealings with CF..3.. Don't Stop Believing Eye opening accounts of what day to day life is like coping with cystic fibrosis.. I was promised poop jokes and mucus, and this book delivers those ideas -- but it also has laughs, insight, and a distinctive voice that means it is feel more like hanging out and chatting with a pal than a study of "terminal disease.. Unlike other books he doesn't focus on religion and instead discusses different situations that every child goes through well into adulthood.2. I cannot praise this book enough. For anyone who has ever handled a significant chronic disease, this publication is a welcome respite from the usual BS, positive thinking, good-dooies, faith healers and other assorted nonsense.. Thanks for writing this! A person with a NEW diagnosis who'll soon encounter a fresh side of family, close friends and coworkers. Yes, it's a fine balance but one which everyone facing a significant disease must ultimately grapple with... Whether it's the importance of super heroes or descriptions of bodily processes, it'll keep you reading.The book can be informative. Actually, the 1st few chapters covered a lot more than about a dozen overpaid professionals managed to communicate whenever we were initially faced with the chance of flutter products, postural drainage, salt treatments and so forth. Some of the content material is fairly graphic...but that as well is valuable specifically for anyone who has little to nothing at all to compare. In short, this is real info from a real patient...it is the type detail rarely available from the "experts" who've nothing more than second hand experience to share.I bought this reserve because, although Let me think I have an above-average knowledge of CF, I wanted to learn more.1..eventually take your life. I really enjoyed how the book didn't result in a tragic death, like so many other CF books I've examine.it's like seeing somebody with a dagger protruding of their mind then saying you've had a headache. The author does an excellent job infusing humor into the utterly ridiculous chaos of existence while also providing essential insight into how to take it seriously while still taking everything in stride.4. Well worth More than the price tag on admission!5. A person with a lung disorder. The moment we discovered I began to read read read. Anyone who has been F#\$!significantly, you will relate!6.Right TALK WIRELESS in a significant subject done right. Extremely entertaining and enlightening..again, you will relate!As well as, it brought back thus many fond recollections from my childhood, and gave me perspective of these same times, from somebody coping with CF..! My girlfriend was recently identified as having CF and I got this book on her behalf, so she could browse the story of someone who really understands her troubles.I'd say my just complaint is certainly that it wasn't much longer, but it's hard to even complain about this, since it would feel just like complaining that your friend wasn't going out "right....really worth the read! Good stuff, straight chat on a serious subject and worth more than the price of admission! Amazingly funny book My boy was diagnosed over this past year with CF.. After reading therefore many books that were clinical I decided to read some written by people that have CF. This reserve was such a joy to read. friends. I love how he views having CF and how he explained his childhood and developing with CF.. I loved it so much I offered it to other family members to read. One day when my boy is old enough I'll have him browse it. Cystic Fibrosis, Nature Boy Ric Flair, Batman, & McPizza all in the same publication?!? Thus far, I've only read two books on my Kindle that I've enjoyed so much, I purchased the paperback

after, to share with family & I laughed often and finally had a better perspective. This is actually the second. Who should go through this book? And, find out I did so. We mean that it was written by somebody who appears to be both genuinely insightful and in addition in a position to communicate those insights without any attempt at manipulating the reader. A few of the encounters shared are a little bit blunt and honest, which a simple layman like me without a large medical vocabulary greatly appreciated. 7. Thought-provoking and in addition so damn legit laugh aloud funny. Anyone with a healthy love of life! If that sound somewhat dull or morbid. Great go through with a unique voice I came to this book from a Cracked content about what it's like to live with a terminal disease. and will probably. "I would like to emphasize that component: reading this publication is like getting together with a funny friend who has CF. The chapter topics ramble (in a good way, like a good discussion does), the humor can be dry, ironic and matter of reality, and at no point does it feel like the reader has been cajoled into caring about the writer just because he has CF. When I say this book is certainly "insightful," I don't mean there are a great number of passages about embracing life's complications or how we all need to end and smell roses, etc... As you can tell by the name, there is some adult language, but, it's justified. That's a hard balance to strike, and this book does it better than any memoir I've examine to date. In short." A powerful tale with clever dark humor I first saw Jay's composing on Cracked, he is hilarious. He manages to dive into a dark subject matter (his very own mortality) while keeping a feeling of humor. \*d by a situation in life. She enjoys it, and it provides helped me better understand how to support her and empathize using what is heading on. it's not. I have CF I've under no circumstances laughed so hard while reading in regards to a terminal disease. I as well have CF, I'm about to change 30 and I also have Celiac disease and a dairy intolerance. Anyone with a chronic wellness disease who is sick and tired of the BS. I'd also recommend "Sick Girl Speaks" written by a female with CF :) A font of humorous info on a little-discussed topic Doesn't read just like a biography thus much as a collection of essays. Jay Gironimi runs on the witty compilation to illustrate his lifelong bout with cystic fibrosis. along with their family and loved ones. The passages about his nutritional intake smacked of Beldar Conehead: "Consume mass amounts!" The writer also discusses one of the heavier millstones in his disease, that becoming the struggle to acquire life-conserving meds that aren't always available.. A Warning / Prophecy A large quantity of Potato Salad will arrive in your life, unannounced. Five Stars funny, worth the price, and nice to learn someone pertains to what I go through with cf Very readable. This guy is funny, I really like his writing.. The turnaround from facing a loss of life sentence at 18 to believing that living an extended and fulfilling existence beyond that age was inspiring. Heartbreaking, funny, and genuine.. It's a really great read! Read this This was a great read. I admittedly don't often explore this genre, but having discovered this book connected on Cracked, I couldn't withstand the author's humor. It's a humorous glimpse right into a subject where humor isn't often found, and the more surprising and interesting because of it. A funny, warm I first found out about this author from a Cracked.com content, and decided to pick it through to a whim. A funny, warm, easily readable story about living with a chronic disease. It's not a 'feel good' reserve per se.. This book tells it enjoy it is - straight talk wireless about living with a significant and chronic disease that can. rather it explores the realities of coping with CF. But it's written with a great sense of humor about it, and many stories about the trials and tribulations of daily life with it.



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