

THOMAS W. PHELAN, PhD

1-2-3 MAGIC

6th Edition

3-Step Discipline for Calm,
Effective, and Happy Parenting

National
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Thomas Phelan

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting



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"Dr.' And you view in disbelief as their kid actually stops! Phelan also covers how to establish positive routines around bedtime, dinnertime, homework and getting up and out each morning, and guidelines for strengthening your romantic relationship with your children. That's two. Dr. Phelan's strategies have seen a resurgence in the parenting globe." ? PopSugar Moms Are you the mother or father of a strong-willed child? Can be bedtime a nightly battle? Are you looking to discipline without tension? Dr. Since children don't come with a manual, 1-2-3 Magic is the next best thing. Thomas Phelan is rolling out a quick, simple and scientifically proven method to parent that actually works! Using his signature 1-2-3 counting technique, Dr. Phelan assists parents to curb obnoxious behaviors like tantrums and meltdowns, whining and pouting, talking back, sibling rivalry and even more in toddlers, preschoolers and middle schoolers. He manuals parents through drama-free self-discipline methods that include handling time outs in public, the appropriate amount of a time out, and how to proceed if your child resists enough time out. That's three. Maybe that's why you experience like everywhere you go, you keep overhearing other moms say to their misbehaving children, 'That's one. For many years, millions of parents from worldwide have used the award-winning 1-2-3 Magic strategy to raise happier families and put the fun back to parenting. 1-2-3 Magic is among Healthline's Greatest Parenting Books of 2017, a 2016 Mom's Choice Award Winner, a 2016 National Parenting Product Award Winner and a 2016 Family Choice Award Winner.



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My experience up to now... First, I'd like to say I have no doctorate in kid behavior and the just expertise I could actually talk about in raising a child/children is my own experience with my very own. I was first introduced to the book by my child's pediatrician. way even worse for her! Use these equipment everyday and so far seen behavior improve rapidly. I'm uncertain if I'm allowed to leave this link here but in the event that you google csgreeley. I've no idea where he learned these awful behaviors from and I'm not really gonna lie ~ it terrified me. I didn't want to raise that kind of child, nor did I wish to have that 'kid' in daycare. I wasn't into the notion of spanking him. I sensed that would simply escalate the violence that he had been lashing out with. So, after reading the publication and careful consideration, we tried this type of self-discipline. I'm not likely to say that this book may be the end all to poor behavior, nor is it some magical remedy with raising a willful, stubborn child. It explains how so when to utilize the strategies and gives lots of good examples. The breakthrough for my Grandson was when he recognized that "You mean I need not have got a timeout AND drop a toy? Easy to listen to, got through entire part of two days. My son still lashes out occasionally, but on less of an occasion that he do before. I'm giving it some more period, b/c it seems to be operating... via the long path. Timeout is way better than dropping a toy. Best wishes to the parents! But also for us, right today, this is actually the method that people have chosen to go with and it seems to be working. I also have downloaded and keep a summary pdf that We've acquired online of this reserve readily available for reference for baby sitters as well as family that I leave my child with. he'd hit, bite, and pinch.org 1 2 3 magic summary a pdf will come up – it's 8 pages long and Personally i think like it's the ultimate way to make sure everyone that watches my child is on a single page as me personally. If they have queries, I encourage them to ask and even read the book. simple but works my mom always counted with me personally when we was a kid so i recognized this issue before reading the publication. this goes into more detail like how longer to hold back between numbers, what to do if your son or daughter won't stay in his area after getting to 3, what is a countable offense vs. what isn't negotiable, etc. i actually started counting before finishing the reserve (never did finish) and 98% of that time period my kids respond by enough time i reach 2, so to buy into the author, this is super simple yet really does work, at least in my case. It still is a very helpful publication with many tips to help make life much easier. The parts about not really getting emotional while disciplining are great and counting can be an excellent idea. The part where I must say i took issue is about locking your son or daughter in his room, also if he's trashing the room (not to mention, the book hardly ever addresses how to get the kid to completely clean up the trashed space, it just says not to talk about issues after the time out). In attempting what this reserve suggested, my take away was to use a different technique for the time outs. An excellent resource with useful parenting tips. I'm uncertain if this is meant for older kids, but this was not helpful for a 2 1/2 year old. Excellent This is simply not another touchy feely parenting book. This book was recommended for my three year old by our pediatrician. 5 years later. My child takes me seriously right now! We don't fight about discipline because he sees this work with hardly any effort. LOVE this book. Go through it today, you will not be disappointed!! Differences in 2 Days Our little lady is passionate and has a hidden fury within her that gets released once you engage. We are truly amazed. On her behalf, time out is the first level of discipline with the follow-up being a time out option of her baby dolls serving her time. At first, the tantrums and aberrant behavior got even worse. They suggested this book b/c there were some serious attitude that experienced me concerned about my kid at 1 . 5 years old. EXTREMELY Practical and informative. What things to pair with this is just solid sleep and producing sure you stay ahead of their food cravings. That multiplies her fury by x1000. Great concept. EXTREMELY Practical and informative Great concept. But either way it's really working and quickly. Helped me better understand my kids and the type of parent I wish to be. He would throw some serious matches to the idea that he would create a petechia rash on his face; With saying that, idk if I'm in love with this book or if I just like it. Recommend! We are fourteen days into the plan and our girls are starting to listen better with much less fighting. I've tried many other techniques but finally found a thing

that is effective for my kids. My kids could be whiny and persistent at times and this really helped reduce these behaviors. This Worked For Us !While I do believe that every parent could have a different child with a different personality, this method may not be for everyone. Making a child stay by itself while he cannot self-soothe is actually wii idea. I've read those and they don't function for a strong, independent 4 year outdated. Very helpful but if you decide to use this method everyone involved in the child's care must read and become on the same page when it comes to using it with your children. It won't work otherwise, which if you ask me is challenging since grandparents on both sides, daycare, and Dad all have their personal opinions on how best to discipline. This is why I gave it four celebrities vs five. Counting concept is great, forced periods is not a good idea for a kid who cannot self-soothe There are several great ideas in this book. I believe if we continue steadily to follow the program the other kid will catch on. Love this publication! Two girls shaped up instantly and our various other is slowly getting better. Regardless, the publication does mention that some kids will catch on quickly and others will continue to test you. It works! Our home is 1000% even more peaceful than what's was before 1-2-3 Magic. It was a tough start but sticking with it has provided amazing results. Wonderful! We tried every form of discipline for our strong willed active 3 season old son and this is the ONLY method that worked for him, still going strong 1. This publication worked the next i started applying the 1-2-3 methods and I need not yell anymore! This book provides helped me learn how to diffuse her stop (read: challenging you to a show down) behaviors with only a few counts. Easier Less complicated compared to parenting the like and logic method. He has better control of his feelings and wants to do good right now and we aren't going insane anymore. Good strategies, but lack of person first language is definitely appalling! This book has the right tips about how to count kids for "stop" behaviors., cleaning their room, doing homework). My child is almost 2 ½ yrs old, he's still constantly pushing his limitations, and testing everything, and everyone. One thing, nevertheless, that I am completely appalled at is the lack of person first language. Good book Very good read for the ODD child Five Stars that is a book should be directed at every parent in todays society! This actually bothered me and I'm shocked that it had been written in this manner! I also think it's ridiculous to say that a kid with ADHD shouldn't be kept to the same specifications as other kids (I.e. It also has good strategies for "start" behaviors. A child with a disability can be and should be likely to learn responsibility as well. Recommend by our pediatrician Easy to read, pretty easy to use with our 2 year aged. Saying "if you have a handicapped child" or "ADHD child" is NOT okay! Helpful The whole family read this book...Mother, Dad, Grammy, Grampy and being consistent in applying the techniques is important.. But sticking with this system is now paying off. I've most likely read this publication once but I've refreshed/skimmed thru it many times in the past 12 months. But, who ever said that raising kids will be easy and full of short cuts?"



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