



# BEING THERE

AIMI MEDINA

A DAUGHTER'S VOICE FOR HER FATHER'S SILENCE.



*Aimi Medina*

## Being There



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This book was written as a companion for caregivers. I am the friend who understands the emotional rollercoaster to be involved with caring for a loved one tragically remaining with a minor quality of life due to an unfortunate existence saving measure. She fought difficult to find the internal strength to be solid when her father was fragile. I am also the friend who finds happiness in the smallest moments, shares the strength of a family group who sticks jointly, and discovers forgiveness and hope when life takes unforeseen turns. Through my story, medical professionals should see the requirement of communicating and including the family members on decisions for the incapacitated. "Being There" takes you along as it occurred and shares how hospice could provide peace in the end - for everyone. Back Cover: "As I sat at his bedside, I viewed his upper body rise and fall - wishing it had been his last breath. How cruel is definitely that to say? Many thanks." A daughter takes you with her on a nineteen month journey after her father suffered a massive stroke. She shares the unbelievable tragedy of a lifestyle saving measure, a feeding tube, which prolonged the inevitable with discomfort, misery and heartache for all. She shares stories along the way, life lessons, and the heroes she would never have met. I am the friend who shares the deepest discomfort, the torturous quantity of guilt, and the internal thoughts of wishing for death. All the while, she spoke for her father's silence, kept his hand when there is nothing even more she could give, and together watched the beauty of the crape myrtle trees come to life each summer time. She was the baby of the family and now her role had transformed. She brought existence and beauty to him when he couldn't view it for himself. Make sure you go back to Amazon and leave a review if you found this publication helpful. It's not, if you truly love somebody and know it's period for God to dominate.



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Readers' Favorite review Reviewed by Fiza Pathan for Visitors'

FavoriteBeing Generally there, a memoir of a physically and mentally deteriorating father, has been captured in writing with like and empathy clearly observed in the writings of author Aimi Medina. Aimi appreciates this content of her book from personal experience and yet will be able to move beyond simply writing about her father's stroke and her 'getting there' for him. It requires the reader on a journey of introspection where the elderly are worried, through the deterioration of Leonard from the nursing house to the hospice center. Being There exists a memoir penned by Leonard's daughter, written in simple terms but with a powerful message, specifically for the youth of today who want after their terminally ill parents or grandparents. It really is a stunning narrative of deep emotions where hope is strength and where in the lives of a loving family the terminally ill are but a bit of this huge network of misery, with a dash of faith to make it possible to see an elderly cherished one's long term is preferable to the painful present.

Wonderful book for anybody caring for an older adult. This memoir is normally heart-wrenching but is still a beautiful read. I fought hard to find the internal strength to be strong when my father was weak. The best thing is that we reach experience how Aimi's family worked through one challenge after another and coped with the emotional rollercoaster. I share tales along the way, existence lessons, and the heroes I'd never have met. In a world which is so self-centered and materialistic, Medina shows us that there are still caring families just like hers who look after their loved ones. Well done, Medina.'Aimi gives us solace and inspiration in this well crafted book - a reserve that belongs in every home. Being There, simply by Aimi Medina, is an excellent book that gives all of us a glimpse of the thoughts and feelings of a family caregiver. It addresses the 19 weeks that their family battled through, attempting to do the proper issue by him while remaining strong for every other. I'm not going to lie: I cried many times and had to take breaks from reading it. However, it really is a very thought-provoking and inspirational publication. It really puts these types of stuff into perspective for a reader, specifically for someone who's never had to offer with any kind of severe healthcare crisis like a stroke. You're under no circumstances too youthful to start out putting paperwork set up, and this story definitely explains the need to not only have it, but to also make certain it's thorough and very straight-ahead. The diary format lets us follow along as Aimi and her family struggle through the big decisions and difficulties of hands-on caregiving. I know I will. Thank you, Aimi, for posting your family's story. Very helpful book. gorgeous lying written. passionately created. Absolutely moving The art of tending: the circle of life Florida Author Aimi Medina earned a Bachelor of Technology level from Florida International University in elementary education and is a certified teacher with the condition of Florida. Artwork is very much part of her expression in the manner in

which she writes - and lives. Afterwards she added the specialty of art to her resume and now teaches artwork to students at an area elementary college. I was the baby of the family and now my role had changed. With therefore much attention currently on children - preschool, the need for house schooling, the standard of teaching, the rise of internet universities, the use of iPads in teaching etc - it really is comforting to read a reserve about the end of the life cycle and the necessity of continuing the partnership with our elders as they prepare (and we prepare) for his or her moving to another level of being, a level that's hesitantly called death. It's the memoir of Medina's father Leonard, who in his early eighties suffers from senile dementia after a serious stroke, and loses his language abilities and control over his physical self. But as is indeed frequently the case the writer states the concept of her writing much better than a reviewer, so from her website the next is shared: `BEING There exists a story written simply because a companion for caregivers. I consider you along and talk about the daily ups and downs on a nineteen month journey after my dad suffered a massive stroke. I am the friend who understands the psychological rollercoaster of being involved with looking after someone you care about tragically remaining with a minor quality of life because of an unfortunate life saving measure, a feeding tube, which prolonged the unavoidable with pain, misery and heartache for all. I am the friend who shares the deepest discomfort, the torturous quantity of guilt, and the internal thoughts of wishing for loss of life. I am also the friend who finds happiness in the tiniest moments, shares the strength of a family group who pulls collectively, and finds forgiveness and wish when life takes unexpected turns. My tale revolves around medical decisions which were made without description of possible outcomes, ethical considerations, legal implications and insufficient family consultation. Through my tale, medical professionals should see the necessity of communicating and like the family on decisions for the incapacitated. The Circle of Life has rarely been so celebrated as in this extremely sensitive book or memoir By Aimi Medina. I applaud Medina on her courage to create this memoir that will, I am sure, serve as an eye opener for all people who've been torn apart by the separation of a dear cherished one. I brought existence and beauty to him when he couldn't view it for himself. Being There is a book designed to be read by all grandchildren and is a superb self-help book to realize that when one's loved one is suddenly ill, the whole family becomes involved indirectly with the patient. Even while, I spoke for my father's silence, held his hand when there is nothing more I possibly could give, and jointly watched the wonder of the crape myrtle trees come to life each summer. "Being There" goes along as it occurred and shares how hospice could provide peace ultimately - for everyone. Very emotional and inspirational Disclaimer: I received an e-duplicate in exchange for a genuine review. Grady Harp, March 15 Honest, painful, and uplifting This is one of those books you

finish reading with a trembling sigh. It isn't a book to make the reader laugh or feel great, but one that aches with honesty and like. I read the whole book in a single afternoon simply because I couldn't put it down, and I understand I'll be thinking of Aimi and her family members in the days to come. The publication was originally created as the author's personal diary, as she, her siblings and her mother cared for her father after a debilitating stroke. It wasn't until after her dad had passed on that she made a decision to share the psychological roller coaster, the grieving and the bureaucratic problems her family faced. We're a website and daily email newsletter that facilitates families caring for older adults. It's not a depressing book, though, as the writer shares the need for family members unity and pre-planning for end-of-life decisions. Her family supported each other throughout the final two years of her father's existence, and fought unscrupulous attorneys and nursing house apathy as they tried to give her father's last times dignity and peace. *Getting There* is a spell binding examine by Medina and can be a vital reserve for care-givers of older people. Peek inside the lifestyle of a caregiver and knowledge Aimi's highs and lows. This is a memoir told through the eyes of a daughter after her father includes a stroke. This publication originates from the journal Aimi kept while looking after her father, who suffered a massive stroke in January 2012. I would advise anyone older than 20 to read this, if not to provoke you to set your own affairs in order, then to at least give you the courage to possess that conversation with your older family. She also talks about their biggest regret and important lessons about preparing for end-of-life. Reading of the family's struggles was extremely eye opening about several different things. There's a complete review of *Becoming There* on our internet site, [DailyCaring](#).. I admire Medina's family for facing death courageously, knowing also they are not alone in this as they realize when they connect to other sufferers of the nursing house. Caregivers will appreciate Aimi's guilt, pain, key wishes for death to relieve suffering, and occasions of pleasure because we've all been there as well. It's full of compassion and love, but also tackles big, essential subjects like feeding tubes, conservatorships, durable power of lawyer, and more. Her hope is usually that the reader will see comfort as well as perhaps some knowledge because they face their very own part as caretaker of a dying relative. We provide you with the latest in aging and caregiving info. Examine us out! 5 stars Absolutely beautiful anyone who has ever loss a loved one can relate with this book. It is a very well written publication and helped me understand somethings on the subject of my felings more than my mom's passing. This book is worth reading if you are or is a caregiver. Things to think about As I browse this reserve my thoughts went back to the night time we shed our grandmother and I got teary eyed but I understand she is at peace today. I learned a number of things and I think I will have to consult this book again to make decisions about my final days and how to

complete my living will.



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