

Patti Graham ∞ Face and Body Care



*RECIPES FOR BEAUTY
WITH COCONUT OIL*

Patti Graham

Recipes for Beauty with Coconut Oil



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Love it! Really good read with some great ideas!! An awesome reserve for coconut oil lovers! You will not be sorry!! Great beauty tips using Coconut Oil I really like using coconut essential oil in my hair as recommended in the publication. It's a great way to control the frizzy ends and at exactly the same time, add shine to your hair. A must have to live healthful and happy! I just go through this (kindle edition) and it was an excellent, quick read that We didn't want to avoid reading since it was one great recipe/tip after another for using coconut oil for your encounter/body/hair, and also pets. I have not tried coconut oil yet but as a blogger am generally seeing ideas for uses with coconut essential oil, however the tips and recipes in this publication make me desire to go to the store at this time to buy coconut oil and begin trying some of these stuff out, such as the lemony hand scrub for myself and my husband who's a mechanic and is definitely always coming home with very dirty hands. I recommend reading this publication. Full of great beauty quality recipes and information about coconut oil -- So happy I purchased this book! Great recipes!) Great book! Many thanks, Patti, for sharing some easy but more importantly, natural, quality recipes for the use of my Coconut Essential oil! (PS: I dont know whether it contributed to the mono because she downright refused to try it! I've experienced a big container of Coconut Essential oil hanging out since my child had mono last year, but haven't known really how to proceed with it.! Great Publication with Great Tips I would like to Try NOW! That one is a keeper.



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