

"An essential guide to every woman who wants
to bring a little lace and a whole lot of *Ouf La La!*
into her life." —Jamie Cat Callan, author of
French Women Don't Sleep Alone

Paris Undressed

THE SECRETS OF FRENCH LINGERIE



KATHRYN KEMP-GRIFFIN

Kathryn Kemp-Griffin and
Paris Undressed: The Secrets of French Lingerie



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American women wear underwear. Lingerie is their key? What? French ladies seem inherently more confident in their bodies, able to embrace the sensuality of lifestyle and love. French women wear lingerie. The publication also contains a hand-selected lead to the most confidential addresses and underwear boutiques in Paris, and discloses how to locate an ideal bra, couture camisole, or cheeky panty. Lingerie of silk and lace, and so are confused about how, when, and where you can wear it. Lingerie to enhance their own femininity, confidence, and joie de vivre is not just for special events.) Many desire to having a drawer full of silky, lacy undergarments, but have no idea where to start: How should my bra fit? How precisely do I wear a garter belt? With illustrations by French lingerie designer Paloma Casile, *Paris Undressed: The Secrets of French Lingerie* can help women feel relaxed with their figures and show them how to integrate a lingerie lifestyle à la française. Do bras and panties always have to match? la française (Hint: it will transform the way women perceive their undergarments — and their bodies — and reveal how exactly to co-ordinate a underwear wardrobe to reflect character and to meet lifestyle needs with the proper dose of reverie. Yet, despite an insatiable curiosity for everything French, most ladies still find lingerie an enigma, a tangled mess. *Paris Undressed* runs behind the seams, combining cultural references, knowledge, and practical guidance to inspire every woman to reconsider her underwear drawer.



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Very funny, witty Extremely funny, witty, fascinatingly beneficial, and I have already been "about underwear" (can't call it "lingerie" when purchased at Walmart) all my lengthy life. I had no idea what things to expect when I purchased the publication, but I'm very glad I did so, and only wish I had had this book, this information, when I was 16. And buying habits. Included is a good real PATTERN for making panties, for individuals who sew - I want I possibly could! -- I think it could be fun to make a pair of panties in a few fabulous vintage fabric, or some gossamer webbing -- as you wish! Who KNEW that Catherine de Medici "invented" panties, of a sort, although it did take many centuries for them to catch the favorite imagination. A funny history lesson in lingerie and understanding how to appreciate our anatomies today!. I imagine my entire life would have been at least a LITTLE more fun -- therefore would my husband's..... I have always loved lingerie and thanks to this book, We definitely have a much deeper appreciation for it. I am learning that when you may spend money on good quality, it will be comfortable.). Interesting and fun! I was one of those cotton underwear types because "they are so comfy!" I also felt I wasn't deserving of wearing something therefore sensual and luxurious. Not anymore. A couple weeks ago I finally splurged on lingerie of excellent quality to wear each day, not just for "special events" and it's really amazing how different I feel about myself. We all deserve to feel beautiful about ourselves aswell, instead of waiting for when we lose a few pounds or have a particular occasion. A pleasant, easy, and fun browse. It will change your whole mindset and attitude about lingerie and yourself. Kathryn Kemp-Griffin teaches you everything about underwear from its history, to the anatomy of a bra, the types of fabrics and even the history of the materials themselves, and why it is essential that people ladies wear gorgeous, quality lingerie each day of our lives. A great read! I particularly enjoyed the traditional parts, specifically about lace (extremely interesting! I QUICKLY decided to search for a book about underwear and I came across this. The publication is informative however the writing style actually gets to out to the reader and seems collaborative. Save up some money, look for a reputable lingerie boutique in your area that has a great bra fitter, and be kind to yourself a go shopping. Four Stars Excellent!



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