

A PRACTICAL GUIDE TO CHILDREN'S HEALTH



KATE TIETJE

Modern Alternative Mama

Kate Tietje

A Practical Guide to Children's Health



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In today's world, muddling through all of the conflicting health information is challenging. Parents need a trusted resource written by a mother, for moms, to greatly help them weed through the controversial problems out there and find out what will work greatest for them. rather they can simply click through the long list of resources simply because desired! They're remaining with having to select a source or two to trust and their personal instincts. This book was born because of this misunderstandings. Parents are told opposing things at all times. A Practical Information to Children's Health doesn't tell you what you *must* do. Each section clarifies the current controversy (if any) and all the major issues, after that presents potential solutions. In many sections I talk about what us has made a decision, although I inform you that is precisely what works for us (and this is beneficial because I talk about our way of thinking). All the resources in the PDF variations of the publication are clickable, in order that parents who desire to accomplish more research on their own and simply use this as a "jumping off" point may do so. Tyson Perez, DC. It has a foreword compiled by Dr. The reserve is well supported by research, with over 300 main sources, generally from medical journals. This publication is valuable even for more experienced "natural health" families because of the depth of the study available. It would take families thousands of hours to search for all of these resources themselves (since it did for me personally); The average parent doesn't have the time to type through most of these conflicting messages – they're too occupied simply trying to improve their children as greatest they can!



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Not worth any stars I believe that Amazon must have the option to provide no stars when we come across books like this. While I am about raising my child in a more organic and holistic way, the author has laid out advice and personal opinion as scientific fact. The writer states, "Parents need a trusted resource. Remember that the author recommends using teething tablets which contain nightshade! Her ideas and quackery are direct from the dark age range. I'm all for useful raising of children. And she desires you to provide this to your baby! Nightshade is also understood as belladonna and is one of the most toxic vegetation known to mankind. I must ask the type of parent would wait around an entire week to see a doctor when they've broken their arm? One Star Don't spend your cash on this.. This is not worth the money and quite truthfully will result in lawsuits. This is the type of misinformation that Kate Tietje, author of "A Practical Guideline to Children's Health" promotes. A single leaf from the plant is known to kill an adult. An excessive amount of today's parenting consists of bubble-wrapping paranoia. But "useful guides" shouldn't contradict solid research. The writer makes numerous promises that *sound* plausible, but on further study, I came across that her assertions are based on myths. Among these was the myth of vitamins curing medical conditions, well-child visits not being important, and concepts about "very foods" that contradict common sense that a lot of parents have. Actually my midwife found her claims foolish. Horrible advice from a female with no scientific education. Terrible advice from a woman without scientific education. There are a variety of very dangerous medical conditions that aren't noticeable to a parent, but a health care provider will recognize. Should be called an unscientific guide to children's health. She's no idea what she's talking about. Great up to now, but she fails to recognize that for a ... She's not really provided any credible analysis to back up her claims and at times has cited research that is refuted by respected substitute medicine resources..If you are searching for a resource about raising your children in a more natural, holistic manner I urge you to keep looking.". So far so good, but she fails to understand that for a source to become trustworthy their advice should be grounded in some type of expertise, and she's none of that. Before spending money on this book browse the author's blog and Facebook page where you will discover a truly impressive selection of false and dangerous assumptions about nutrition, education and medicine. Good for Homemaking, Harmful to Real Science I borrowed this book from a girlfriend, though I was pretty skeptical from the start, because I know Kate and I understand about her pseudoscientific sights and tendencies to ignore technology and facts. I believe, though, that she eventually must stick to the things she knows, namely housewifery and child rearing, and keep the actual science and medication to real specialists. All of the chapters smack strongly on an irrational prejudice against allopathic medicine, suspicion of doctors and general conspiracy-theory considering. She also downplays the potentially dangerous problems of vaccine-preventable disease. and live in dirty areas where there are filthy diapers on the floor Pseudoscience bunk. She promises that her details is "well backed by analysis, with over 300 major sources, largely from medical journals. We've five reasons why the disease is preferred over the vaccine. Well, I didn't expect much of her, and I wasn't disappointed. Her grasp on research is decidedly weak. A terrible book filled with terrible advice. I do wish there have been more detail in a few areas and even more supporting background on some topics but I am already following a lot of the information that I've pieced together from various sources, so it was great to view it all in one place. "measles is better than autism" Despite measles being among the leading causes of death for small children worldwide (with about 314 deaths every day based on the WHO factsheet in measles), Kate Tietje has the gall to insist that "Enough with the fear-mongering, let's not pretend: measles is preferable to

autism. I value her dishes and homemaking guidelines, because she's surely a specialist in that." (A quotation from her facebook page on August 19th, 2016 accompanying a blog post she had written about the subject. Not a book for raising healthy kids! She is totally unqualified to create this book and does not have any knowledge of scientific research. Speak to medical professionals and do not take this writer's information. ... Should be named an unscientific guidebook to children's health. Some ideas are affordable but her thoughts on vaccination, medicines in general and mainstream doctors are unfounded and dangerous. I have no idea about you, but I'd call that child abuse." Well, that may be accurate in a technical sense, but what she does not realize is normally that her analysis is poorly done and the studies cited completed by notorious cranks (such as the Geiers) and riddled with mistakes. And this from a female who's too active popping out infants and focusing on her homemade, unregulated and possibly harmful potions in her kitchen/garage/rented space to really care for the ones she already has. Rather than actually educating the youngsters, she unschools them, which to obtain means simply ignore them till they question a issue. Her kids are always starving according to her very own Facebook posts, and live in dirty areas where there are dirty diapers on to the floor. And this is merely in the pictures she herself posts!! No thanks. Please, take your son or daughter to a doctor for well-child visits if they are youthful, this is not just for vaccination schedules. One or two berries can kill a child. Don't Waste YOUR TIME AND EFFORT! Great advanced overview The book provides more of a higher level overview and touches on many of the points I have found to be important given that I follow a more holistic approach. Horrible, incorrect information Horrible,incorrect information.



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