



DSM-5 Update

SECOND EDITION
REVISED AND EXPANDED

PRINCIPLES OF
**Trauma
Therapy**

A GUIDE TO SYMPTOMS,
EVALUATION, AND TREATMENT

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John N. Briere and

Principles of Trauma Therapy: A Guide to Symptoms, Evaluation, and Treatment (DSM-5 Update)



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Thoroughly updated with DSM-5 content throughout, *Principles of Trauma Therapy, Second Edition: DSM-5 Update* is both comprehensive in scope and highly practical in application. Grounded in empirically-backed trauma treatment techniques and adapted to the complexities of real clinical practice, this book is a hands-on reference for front-line clinicians, those in personal practice, and graduate students of public mental health. This popular text offers an innovative synthesis of cognitive-behavioral, relational, influence regulation, mindfulness, and psychopharmacologic methods to the "real world" treatment of severe and chronic posttraumatic stress.



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New to trauma therapy; enjoyed the book This book was required reading in my Trauma & Sistabrown Brown MSW CANDIDATE This book is fantastic for clinicians who specialize in trauma.. This is among those textbooks from your own grad program you should keep!. It is great to have in the background as a back again up . It provides a broad knowledge base for understanding trauma and it's affects. I truly believe this publication helped make me a better therapist. Didnt utilize this book as often as I thought I'd. A very helpful source for therapists and counselors. I wish I'd have used a different book that was more in depth with intervention adn treatment plan step by step. Highly recommended and well researched. It really is good also if that is .. You can easily understand in case you are new to trauma therapy (which I am). It is great to possess in the backdrop as a back again up to review. I got it for my trauma and crisis training course and I must say i liked it. It really is good even if that's not your neighborhood of specialty/expertise. A very important book. Five Stars Great go through and easy to understand! Awesome to reference for papers A great resource An excellent book for mental health professionals dealing with trauma. I make reference to it fairly often and now have put what I discovered to good make use of. I did read for course but even in class we didn't use as much I had it for my trauma and crisis course and I really liked it. Intervention class and I adored it so very much that I kept it. I valued the fact that this revision aligns with the DSM-5 Handbook Deep read: Intense provider of understanding. Textbook for my course. Mental health This book is a great read for both clinical, professional and personal use.. Trauma guide Needed for school ?? Great condition for cost. Good read Good reference



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