

THE MEN'S HAIR BOOK



A Male's Guide To Hair Care, Hair
Styles, Hair Grooming, Hair Products
and Rocking It All Without The Baloney

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The Men's Hair Book: A Male's Guideline To Hair Care, HAIRSTYLES, Hair Grooming, Hair Items and Rocking EVERYTHING Without The Baloney is exactly what it says in the title. - A big set of busted myths that won't only be extremely ideal for your hair-optimizing initiatives but may also be great for bar speak! - An in-depth insurance coverage of how to style your hair, including the relevant hairstyles that suit your locks ID. The hair-management equation covers and optimizes everything which has regarding having locks that you could finally enjoy a, and this system acts as the backbone of The Men's Hair Book and Rogelio's goal of spreading the term so as to have men world-wide carrying their locks with pride and in a self-actualizing manner. What's more is definitely that The Men's Hair Book is related to the real world through barbershop case research in every chapter so that you have the ability to relate your newly-acquired knowledge to the practical aspect of male hair care. This is exactly what you will see in the 240+ webpages of The Men's Locks Book: - A hair-profiling system that puts your hair right into a type and length category and that also actions how much your hair may curl, entirely creating your particular locks ID. - The Norwood male-balding classification explained at length so that you can identify any current or potential hair loss you might suffer. - Rogelio's well-known hair-grooming technique, including his No Hair shampoo technique and his Sebum Coating method. - About cleaning your locks, from how to use shampoo to cleaning your locks without shampoo and via organic alternatives. - A guide on how to look for the correct barber or hairdresser. - Males with sons who require help managing and embracing their hair. - A complete analysis of most hair products and how to select the appropriate types according to your unique hair ID. The Men's Hair Book: A Male's Instruction To Hair Care, HAIRSTYLES, Hair Grooming, Hair Products and Rocking It All Without The Baloney is based on Rogelio's "hair-management equation": a pioneering program that optimizes the profiling, grooming, styling and caring of your hair so as to yield the entire solution of great-looking, easy hair. - Men desiring to spice up their image and improve their self-esteem. - Suggestions for growing your locks long and training how long your locks will take to reach certain lengths and hair styles. - About conditioners and how to make the most of the sebum you secrete (yes, your hair follicles secrete sebum! - An idea of action which has you viewing the optimizing of your hair as a journey that follows an optimum and efficient purchase and that is produced up of a set of steps and activities to be implemented. Compiled by popular men's locks professional Rogelio Samson, The Men's Hair Book provides modern male an in-depth blueprint to getting his locks looking as he desires it to look without the baloney that abounds the men's locks field. - The last chapter contains 36 miscellaneous questions that Rogelio provides answered in depth so as to bulletproof your trip. - An appendix section with 29 visible references used through the entire book. - Every chapter is usually neatly summarized at the end with a "Conclusion" section to make sure that you have picked all the important knowledge trained in the chapter. The same applies for just about any other male family members who need a remedy for their hair. The Men's Locks Publication is of great make use of and benefit for: - Males who wish to finally expert their hair and prevent wasting period with Mickey-Mouse stuff. - Men who want to stop wasting money on their locks and want their hair to be economically viable. - The right solutions to optimally using locks dryers and ceramic straightening irons as a male without frying your locks.). - Each chapter is ended with a real-life

research study which has occurred in a professional barbershop and that's related to the lesson learnt in the provided chapter.



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Nice try but repetitive and dated I salute Rogello for trying to help men understand their hair, but this publication is so sluggish and repetitive it could only frustrate. google them if you don't understand. And a nutty appendix with a series drawing of each type represented an individual page..Having said that, Rogello seems focused on trying to get men to understand that if your locks is dry it generally does not need washing every day, and that about the days you don't wash you should inch your fingertips down from your own scalp to the ends of your locks to spread the sebum (oils produced by your scalp's sebaceous glands)He offers detailed tips on developing out your locks -- minimize the awkwardness by cutting the sides and top to about the same length with best maybe an inch or four longer based on which of the 4 hair types you possess.. Basically.. A must read for any self respecting contemporary male.Also, he explains to men what bobby pins are and what blow dryers are... There seems to be page after page describing the difference between direct, wavy, curly and kinky locks! Enthusiastic and practical, Mr. Rogelio's book is a . I highly recommend it! Good content.. Rogelio's book is a tone of voice in the wilderness for those who've sought and been unable to discover explanations for topics that have hidden too long behind a veil of "men don't talk about" masculinity. While he's a bit excessive with terms, he strives to make sure that no query or topic relating to men's hair isn't given fair publicity. We owe him our thanks for his enthusiasm and effort. Could use more editing to eliminate rants The content of this book is fine. This is an extremely informative book but it seems geared more for those with frizzy hair. I've got good straight hair which noises the opposite to the author Rogelio Samson, I'm at the start of following a advice in the publication and have noticed some improvements to my locks. I appreciated reading the book. Really learned alot and love the results I'm getting Actually learned alot and love the results I'm getting, people are looking at the new me.. I used to buzz my hair because I possibly could never physique out what to do with it, now I follow a simple routine and my locks has never looked better. Thanks a lot Rogelio! awesome!you're going to have an awkward period regardless of what you carry out when growing your hair out, ask your stylist to help you minimize the awkwardness, normally it takes year or even more before you possess truly long hair particularly if you involve some varient of curly or kinky hair. Three Stars Have not browse it yet so idk . It'll put you on your path to having your very best hair ever but gave up each and every time after developing it for some months because it looked like s***! Now I finally feel confident that I I purchased this book nearly one week ago, and I have to claim it has made a lot of things very clear for me. I always wanted to have long hair before, but gave up every single time after developing it for a couple months because it appeared as if s***! Now I finally feel confident that I could do it. This publication offers a clear plan for how to deal with your locks in the brief and long term... Not necessarily worth the buy. I didn't get much if anything out of the book.. Very useful. Unfortunately, occasionally it feels like the writer is ranting.Don't know if I would recommend it to others because it costs me \$15, but hey, what the heck. Grab a copy right now and read it. Five Stars A book worth reading.. Do not buy this book if you want suggestions on hairstyles, there are no pictures at most of any hairstyles, and it is type of laughable in 2015 that the only short hairstyle he recommends for wavy locks is the fauxhawk!.. Enthusiastic and practical, Mr.. One Star The most repetitive piece of garbage I've ever read. Don't purchase, there is absolutely no useful details in it. I didn't get very much if anything out of this book .. You can easily just google the information A lot of details which is good sense. It is simple to just google the info. I wanted tips on what to do with my hair as I grow it out. For this the author essentially said "get it trimmed." There are just a small number of styles that have died over in this reserve. great hair book This book is an excellent piece of work. I understand more about locks than most

females I understand and I didn't start growing my hair until I was 22



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