

SECOND EDITION

# OBESITY

Evaluation and Treatment Essentials



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Obesity: Evaluation and Treatment Essentials, Second Edition



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Obesity is known as a complex and multifactorial disease. Its treatment, as a result, must be multimodal and tailored to meet up the needs of each patient. It also carries a chapter on medical treatment of pediatric weight problems that identifies the particular needs of children and outlines techniques for managing the obese child. The book includes information regarding the new pharmacotherapy available for the treatment of obesity. Obesity: Evaluation and Treatment Essentials presents a wide spectrum of useful treatment protocols for obesity including workout, pharmacology, behavior modification, and dietary factors, from the point of view of the practicing doctor. Written by prominent users of the Obesity Medication Association and a multidisciplinary team of clinicians and researchers, the book showcases successful treatment methods by including personal tips by clinicians in each chapter. The reserve addresses various nutritional interventions such as low-calorie balanced diet plans, low-carbohydrate diets, and very-low-carbohydrate diet plans while also exploring the comorbidities of obesity such as hypertension, cardiovascular disease, and Type II diabetes. A chapter on bingeing disorder provides been added and the info on pharmacology of bariatric medication has been updated. This comprehensive resource is an invaluable, user-friendly device for bariatric doctors and surgeons, endocrinologists, diabetologists, nutritionists, and dieticians, in addition to all other professionals who currently treat obesity.



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I will recommend highly for additional reading from journals and other reference .. A whole lot of information provided. Takes a time and have to revise few times to assimilate knowledge.. Well written publication. I used it as major book for obesity table preparation. I'll recommend highly for extra reading from journals and other reference books. It exercised well. I am sure it's new edition will include them. I used "The Obesity: Learn and Prepare Q&A " along with this to practice MCQs. Some of the new medications aren't discussed which are presented after it's publication.



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