

**GERALD ROLIZ, CNC**

# **THE PHARMACEUTICAL**



**LETTING FOOD BE YOUR MEDICINE  
IS THE ANSWER FOR  
PERFECT HEALTH**

Gerald Roliz CNC

## The Pharmaceutical Myth: Letting Food be Your Medicine is the Answer for Perfect Health



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A drug-pushing pharmaceutical sales representative turned nutritionist takes you on a journey to understand why prescription pharmaceuticals fail to meet our health and wellness expectations. Your health and the fitness of your family won't be the same. Whenever we acknowledge food as our best way to obtain nutrition, we are able to regenerate organs, resolve symptoms and embrace a long lasting health. That's what The Pharmaceutical Myth reveals. In order to address the underlying causes of any health problem, we must take a deeper check out the history and program of effective whole-food nourishment. It's that simple. This book offers a clear look at behind the pharmaceutical smoke and mirrors to reveal the real path to healthy living, free from disease.



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I recommend this book Gerald's book gives you a zero holes barred view in to the inner workings of conventional medicine and big pharma and the toxic character of so many commonly prescribed medications on the body. His insights into organic entire food and plant centered alternatives remind us of what our grandparents already knew. Pharmaceuticals ought to be the exception not really the rule. Way too many of us may be the poster children for his publication, blindly accepting what our doctors prescribe, without regard with their part affects..). Every once in a while, a book comes along where it just oozes with the writer's interest and conviction. Very impressive. I recommend this book! Open your mind! even tho' I understood a lot about this concern, I learned even more with this reserve. Bravo Greg for pulling back again the curtain and revealing the reality! I have renewed wish that I can heal from the years of destruction performed to my own body. In fact, this is something we know intuitively, so it is time for us to reawaken :) Truthful, factual Having been upon the receiving end of the Pharm. Currently our health care system does not focus on prevention, so Gerald courageously is displaying us how.. Great read!! can only say that Gerald Roliz presents an accurate picture of the what occurs in clinics between the Rep... Plagued by a gluttony of medication coupled with the starvation of actual food, the United States is heading down the wrong program (btw, if we have to specify when meals is normally "real" or not, we obviously have some deep fundamental problems with our current meals and education systems!. Our obesity, diabetes, and various other co-morbidities rates are through the roof, and all we continue steadily to do is treat the symptoms, which clearly is not working. Gerald's book, regardless of the plethora of information and complexities throughout multiple industries, is in fact quite simple: it seeks to enlighten us that we possess the capability to heal and live healthy lives. This is an incredible book. Rep. pitch... and the Provider...it is not as aggressive today as it use to end up being, with hospitals, some clinics and Med Academic institutions opting from the Pharm. I applaud Gerald for recognizing a serious issue & most importantly taking action to see us. visits..I do skip the pens and note pads. My library experienced to get the publication from Alberta, Canada when I asked if indeed they had it, therefore had the book sent from Canada. It's period for the reality to come out about how exactly we are being poisoned by the medical industry... The only bad review is the 1st one, which wouldn't surprise me if it was written by someone in the pharmaceutical industry to keep people from buying the book. Gerald Roliz educates us through his brilliantly written reserve "The Pharmaceutical Myth" to create us aware our Western Doctors aren't shopping for our best curiosity, how we need to be proactive and issue them, ask so why we are getting treated with certain medications, and more importantly are the drugs necessary. I value health, so when this book arrived I was curious because I am generally looking to improve and find out, especially on what I value. Not only is it extremely eye-opening, additionally it is well-written and very thoughtfully crafted. Rep.. A Comprehensive Plan for True Health Mr. I discovered the personal stories added depth and clarity to his route. Drawing on the technology based research of Price, Pottenger, Lee, and others, he details a plan for true health insurance and healing through nutrition and changes in lifestyle. The Pharmaceutical Myth is certainly a book I am recommending in my nutritional practice. this book opened my eyes to even more of the .he is on a mission to help change the existing paradigms of modern western society.. this book opened my eyes to a lot more of the problems with medicine. Thank you for offering me that gift. we need medicine. but we use it so very very much a lot more than we need. Extremely informative. we still have invites to educational dinners and samples...all in all I enjoyed the book. Everyone should browse this to make informed decisions. a single after another pills... Very impressive! The writer guides me to have a full understanding from the side effects of drugs to the benefits of detoxification, real food, and breasts milk. This publication is strongly suggested. I highly recommend this book as well, readable and follow. I highly recommend this publication to every individual, not only for those who value health, but those people who are taking medication and want to learn how to prevent their sickness, have more energy and ultimately lead a happier useful lifestyle. Would recommend to anyone thinking about learning about the pharma industry Very eye starting. Would recommend to anyone interested in studying the pharma market. Great beginner read with a lot of information for further research and exploration. Great read! For anyone interested in nutrition this is essential read. Very helpful and very enjoyable. Gerald has greater than a message to convey. Five Stars Great book A Book Everyone Needs To Read I came across this book to be a real eye opener of info and recommend it highly. You can't appear to get it in bookstores.. We Americans are in desperate need of a rude awakening. I also examine another

great reserve called Over The Counter Natural Remedies by Shane Ellison. He's an award winning scientist and a medicinal chemist who worked for just one of the world's largest pharmaceutical businesses. I highly recommend this reserve. He tells you how to look after your health in 30 days with 10 lifesaving supplements at under \$10. Which means you learn what dietary supplement to take instead of a prescription. He really goes into fine detail about the pharmaceutical sector and just why he got out of it. It is among the best books I read. Five Stars Essential read for all. Big Pharma Was a remarkable book. I recommend it for anyone who would like to know the Pharmaceutical industry Inspired This book is quite insightful. First of all, it captures Gerald's story very well, highlighting his trip and motivations. Roliz provides us an inside go through the pharmaceutical globe, but doesn't stop there. Secondly, the presentation is definitely inspiring, as he not only informs the reader of the pitfalls of pharma medicines and poor nutrition, but also provides equipment for more information and queries to request our doctors AND ourselves. As I browse the publication, I didn't wish to place it down. When I completed reading the book, I came across myself wanting to learn more. He discusses scams and misleading information pharmaceutical companies give people.



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