

# The Natural Hair HANDBOOK



Everything You Need to Know About  
**NATURAL HAIR**

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# The Natural Hair Handbook: Everything You Need to Know About Natural Hair (Natural Hair Journey) (Volume 1)



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In case you have natural locks, you will need the natural locks handbook Whether you're just starting your natural hair journey or have been at it for a while, The Natural Hair Handbook has something for you. Be bold, become free, be natural. The next topics are protected in this helpful book: What it means to go natural and why it's so important. Answers to common queries women have before each goes natural. Buy this publication now and get started on your natural hair journey. What you need to find out about curl patterns and locks types and why they aren't as essential as you've been led to believe. Why the porosity of your hair matters and an easy test to determine how porous your locks is. How exactly to fix frizzy hair. How exactly to repair slim edges. The Big Chop. How to prevent spending thousands looking after your natural hair. Cleaning and looking after natural hair. Conditioning and deep conditioning. How exactly to grow long natural hair. The 7 biggest reasons for locks breakage. Dreadlocks. How exactly to changeover from relaxed to organic hair. Popular and attractive natural hair styles. The biologic structure of natural locks. It's made to help those who are first embarking on their journey avoid many of the pitfalls of going organic, but it's full of good information for any woman with natural locks.



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General info rather than enough details I was thus looking forward to delving into this book and having a resource to make reference to as I continue my hair trip. It wasn't full of product plugs or any pretentiousness; Most of the topics covered by the author did not give you information about how exactly to overcome hair problems or plenty of solutions. This book gives you a whole lot of great help. Four Stars Great book Helpful This book was helpful. I am still looking for an all natural hair reference publication to continue my shelf. Natural Hair Natural Hair is a good book I really enjoyed all of the tips and information that I did so not know ahead of purchasing this eBook. I highly recommend this ebook to anyone who's starting the Natural Hair phase or if you are searching for tips to maintain great Natural Locks. #NaturalHair. nice book to have Lately transitioned to my natural hair. For instance, the author stated how porosity can be an important issue (I agree), but she didn't give you ways and techniques to manage low porosity hair, etc. Being one who knew nothing at all about my locks and what to do with it.. Whatever stage you are in you journey. I simply big chopped a month ago after 8 months of transitioning. A few of the factors in this book I did so not know about. I have been putting on my hair natural for 25 years and I did so not really know that you need to change your shampoo every now and then. I would recommend this to newly naturals Great publication for beginners. One of My Best Buys I gave this book five stars because We gained so much understanding on my locks and natural hair generally. I learn how to make my own shampoo and moisturizer. I right now know how to pick the proper shampoo for my locks. I feel a sense of relief as I continue with my very own natural hair journey. Three Stars It was a quick and easy go through. It didn't give me everything there is to know about natural hair. There is so much to natural locks. It is hard to sum it up in a single quick book. Perfectly done! This book really helps. YES! Handbook Very educational information how to take care and manage organic hair I myself have dreadlocs and it gave me more information on how to look after my locs a fantastic must read for natural haired women. This book was exactly what I was looking for: it was clear, concise, and incredibly practical for those folks who only deal inside our natural hair. Sadly this book will not deliver or live up to its titles. the author kept it real and kept it right. It's so much details to acquire from this book I would recommend this reserve to all new naturalists and the ones struggling to help make the choice to become natural. I been organic for 2 years and I'm still learning. Very informative, best for a newbie natural I like the basic information that's discussed in the reserve. I would suggest this book for a person who is starting the organic hair journey. I wish We had this book 24 months ago This book can be read by every natural. Thanks a lot for putting out a helpful great book! Many thanks for a job perfectly done! I desire the book had recommendations for natural locks expos and clubs I hear so much about. Frizzy hair good information Loved this book! Two Stars Ok Google Compiled It presented specifics that may be done with a quick google search, nonetheless it was okay. The book mostly gave general information that most women already know. Natural Hair Handbook Great book on Organic hair. I attempted changing my hair shampoo and I can see the difference.



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