

YOU'RE

not that

GREAT

(but neither is anyone else)

elan gale

*Elan Gale*

You're Not That Great: (but neither is anyone else)



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I am addicted to positivity. I am dependent on positivity. I am addicted to positivity. I care more on the subject of feeling great than getting great. I am NOT THAT GREAT. Nevertheless, you, you're not a badass and you still don't have the life span you want. That's where YOU ARE NOT That Great (but neither is certainly anyone else) comes in. Negative thinking is certainly for winners. You can say your mantra again and again while sitting cross-legged on a yoga mat in a complete Foods parking lot. The self-help industry lets you know that if you are positive, if you put your best foot forward and if you just have confidence in yourself that might be happiness. Let's be true, you can read all the inspirational quotes you want. This book teaches you how to harness all the negativity in the globe and utilize it to improve your life, taking everyday emotions like self-loathing, regret and shame and making them do the job. Positive thinking is definitely for assholes. You can spend your days providing yourself affirmations in your heart-shaped mirror and learning to love yourself.



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The beautiful trap designed to keep all of humanity locked in a life of mediocrity!!! When I saw this book about a just around the corner list a couple of days ago, I pounced!! I've got negativity DOWN! The way I read the synopsis made me think it had been a book for bad individuals who can't really maintain positivity, and why as long as they be if they can harness all that negative energy to divide and conquer? My mistake, entirely, since as I browse the synopsis right now I discover it's perfectly clear. I am a glass-half-full, and the water is definitely a sort-of blackish color kind of a person.! I would recommend the audio version. Cause we're Jewish, clever but mostly hardworking 8) It isn't a "feel-good" reserve in the way that . If you believe you're all that great, read the book. Mostly because I really do think that the perpetual seeking of affirmation, combined with a globe where folks are told "everything happens for a reason" (a topic completely covered in this book), leads nobody to actual happiness. I've seen these affirmation seminars and conferences as money suckers. Terrible depression.. It turns out I really can't reside in a global where I'm being told the poor things that eventually me are actually dictated by whatever powers that become, to teach me most of these "lessons". For me personally, life is so easier to live when I look at what's actually there: That existence isn't fair, and poor things eventually EVERYONE, not just to good people. It's hilarious, blunt, yes there's a lot of language, and in the opinion of this particular reader, it's a book that might be a life-changer for anyone who read it. I rated this a four because We hoped it would be a bit more ground breaking. And that none of these happen "for grounds". They just ordinary happen. like to what am I really going to obtain from them and leave with except less money. I'm not that great and I'm kinda dumb but that's okay because you are too! Absolutely!!! It didn't give me any information that I didn't already believe, exactly, but it was so vengefully affirming (yes, I get the irony), since I've long been of the opinion that being told (and informing yourself) you are perfect just the way you are is a beautiful trap designed to keep all of humanity locked in a lifestyle of mediocrity. Elan lets be friends and thanks for placing thoughts to paper. And yes, you want to read everything! Highly recommend!! Quick & It really didn't function for me. If you are stuck in a rut this book could help you bust out of it. This book is definitely not that..Then probably dare to try different things. Unless you work on it just like any other thing one wants to achieve in their lives. Such as this publication! Once you enter it, the name begins to make sense and won't appear as heartless.! The kick in the rear end you've been looking forward to I'm not a lover of the Bachelor and I have no idea what else this man does. I found him on Twitter and began pursuing because he was funny and relatable. When I found out he wrote a publication I had to learn out of real curiosity. This book is the antidote to all the self help b.s. filling your head and holding you back. I completely enjoyed

reading it, the style is similar to a conversation with an excellent friend. This whole marriage thing is not all that great. Not really for a long time. I agreed with it long before I ever found the book, even though I didn't necessarily discover any new content for ME, specifically, just because I'm already 100% on board with this band wagon, I believe it's a publication that literally everyone in this world should read. Made me laugh initially but then the vocabulary became a little bit vulgar and generally I had to stage down a notch to continue reading so I didn't complete the book and stopped somewhere following the middle. Maybe trigger I was by no means was anyone's centre of universe, no-one every told me how great I was, I didn't quite relate. Essentially I knew I wasn't all that great all along. Even so, the reserve does hold specific truths and whoever thinks they're great, should definitely read it because they will understand that if they think the earth rotates around them, its axis are certain to get them in the butt. The book will let you know who you are. And who you're not. One more thing: I only bought the book trigger I enjoyed Elan's tweets. But he started tweeting a lot about his gf therefore i stopped reading him trigger I acquired bored. My gf told me this, do this, me and my gf. Elan honey, you possess a gf, we get it. :D Everyone should browse this . I valued the brutal honesty.. No need to tweet about it, simply live it. I mean seriously. I actually agree with this... It isn't a "feel-good" publication in the way that you may expect a "personal help" book to end up being, but I came across it to end up being extremely honest, natural, motivating, and helpful. Terrible I couldn't get past the first three minutes of this book before turning it off. Many thanks for writing this. I just logged onto amazon to get a few more copies (for close friends), and figured I should leave a review as well. Again, Thank you. Reaffirmed my mentality about existence.. If you've currently gone through the process of being an optimist and recognizing that you suck and that life isn't reasonable, and that the one thing left to accomplish is function your ass off... after that you've pretty much discovered the lessons in this publication. I was ready to spend the 12 dollars and I'm "happy" I did. If you are feeling jaded or disillusioned this book will serve you well, and hopefully assist you to use those negative feelings rather than allowing them to get you right into a deep existential/depressive crisis. I'll splurge and send this book to some other friend of mine who I know will value your humor, vocabulary and everything that complements it. Overall it was worth the purchase. Funny! Great gag gift Funny! Great gag present, but also a few good life lessons to keep in mind. I recommend it as a higher school graduation gift! Ha! And do I believe you should examine it? If you have a tendency to become offended by crude vocabulary and imagery, remember that those elements appears periodically throughout this function.!! I'd go through it again and pay for it again! Great product!..Yes, this book is about negativity, with chapters discussing the hazards of thinking you're

great, and how exactly to regret your entire life, and then ending on the beautiful topic of don't worry, "you'll be dead quickly". And I suppose I can't speak for everybody, but I most definitely may speak for myself, since the day time I woke up and realized that life is actually unfair may be the time I finally got free from all my chronic depression...I digress, however, since this review isn't about me, it's concerning this book.. That said, it was nice to find someone who so aptly describes this mentality.. I could have obtained 2 grande mochas. Often times, suicidal, even. You know it and I know it. I'm uncertain if it can help die hard optimists because it has been such a long time since I was one. I'd recommend, but not to those delicate to crude talk Give the book a chance.! I am all about personal help, uplifting, and positive reading. Funny, relateable, easy to understand.! Hilarious This was unexpectedly enjoyable and hilarious. This book, however, is geared more toward those people who are perpetually positive, and really must not be. Surprisingly insightful but mostly funny. The finish loses me just a little but it certainly has re-listen worth. And I have have a spouse of 25 years. Finished it in a single session just taking breaks to post bits and pieces of effective truths I obtained from the reading. Thank you elan for writing this vision opening honest reserve and sharing your story. I laughed out loud a handful of instances, and teared up too. Actually a fairly enlightening read. And how many years offers it not worked for you personally? This book is quite negative and enables you to feel very unworthy. Probably that's the stage for people that require to end up being knocked off their high equine or who had a feeling of entitlement, but I didn't enjoy it at all. Total waste of my money. Great browse! I don't think the current happiness plan is working. Easy read. Elan is a great story teller!! The best kind of gut punch Genuine honesty with a bit of humor that is precisely what I required but maybe didn't want to hear. Changed how I viewed so many situations that in any other case consumed me to the point of exhaustion ?? Great product! It is the perfect uninspirational inspirational publication.



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